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A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

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Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

Update is a publication of the North Carolina Athletic Trainers' Association.

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President's *Update*



Mark White, LAT, ATC
President, NCATA

North Carolina Athletic Trainers,

The August newsletter comes to you after you are completing busy spring and summer activities. I would like to take this opportunity to catch you up on some of the happenings within our professional organization, both on the state and national level. First, the NCATA held a Legislative Day on June 1st which was mentioned in the *NATA NEWS*. The NCATA thanks Kevin Allran, ATC and his committee for putting that gathering together. This year's NATA's Annual Meeting & Symposium was held in Indianapolis and was viewed as another outstanding meeting for our profession. The NATA will be sharing some of the outcomes of this meeting soon. The NCATA continues to commit to the successful High School Symposium for Students which was held at Greensboro College last month. You will find out more about the Symposium in this issue. I attended the 2nd annual Board of Certification sponsored Regulatory Conference in Omaha last month. This annual conference is focused on helping and providing states with materials and resources to secure some type of Athletic Training regulation in those states. Regulation is vital to reimbursement issues. Currently 43 states have some type of regulation.

At the July board meeting the NCATA welcomed it's newly elected district representative and Vice President. Erik Stubblefield, ATC takes over in District 5 and Jim Bazluki ATC attended his first official meeting as the Vice President. Ray Davis was re-elected as the NCATA Treasurer. With the NCATA Secretary position vacant because of Jim's election I recommended Eugene Everett, District 3 Representative, as his replacement to fill the remaining term. The BOD voted unanimously in favor of my recommendation. Then to fill the D-3 seat Kathy Hollomon, ATC at Middle Creek High School was recommended and voted in the position vacated by Eugene. Currently the NCATA has in place a full BOD and Committee Chairs. Those individuals can be found in this issue or on the website.

One thing that I want to let you know about that came out of the BOD meeting is the creation of a Clinical/Industrial/Corporate Committee. With the growth of this association it was recommended to me and the board that we establish this committee until it can be officially voted on at the next NCATA State meeting, thus placing it among the other established committees. Andrew Graham, ATC at Greensboro Orthopedics has come highly recommended to head this committee. He has some information in this newsletter for the membership.

Lastly, Congratulations are in order for Bob Casmus and Robbie Lester who both received an award this summer from the BOC at the NATA National Convention.

Have a safe and productive fall season!!

Mark

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Mid-Atlantic Athletic Trainers' Association Announces Scholarship Winners

The Mid-Atlantic Athletic Trainers' Association (MAATA) announced the 2005 scholarship winners at their annual conference in Virginia Beach. The association presents six scholarships in three categories.

The Edward Block Undergraduate Scholarship Awards are presented to students enrolled in an undergraduate athletic training education program. Award winners are underclassmen who are completing the requirements for graduation. The 2005 winners were Erica Freeman and Courtney Lane, both of West Virginia University. Erica was nominated by Undergraduate Program Director Vince Stilger while Courtney was nominated by Coordinator of Athletic Training Services, Randy Meador.

The Larry Sutton Postgraduate Scholarship Award is presented to seniors who are completing their undergraduate studies from an undergraduate athletic training education program. Award winners must be planning to pursue a graduate degree in athletic training or a related field of study. The 2005 award winners in this category were **Shelly Wadsworth** of the **University of North Carolina** and **Kristen Hatfield** of **Elon University**. Shelley was nominated by Athletic Trainer Cody Malley and Kristen was nominated Professor Amanda Allen.

The A. C. Whitey Gwynne Masters Scholarship is awarded to students enrolled in a Graduate Athletic Training Program. 2005 winners were Kerry Gordon from the University of South Carolina and Amber Landis from Old Dominion University. Both students have completed their first year in their respective graduate programs. Kerry was nominated by Undergraduate Program Director James Mensch, while Amber was nominated by Head Athletic Trainer Marty Bradley.

NCATA Members Honored for Service by NATABOC

Each year at the National Convention the Board of Certification hosts a Volunteer Reception for those individuals who give their time, energy and expertise to BOC Committees, the Exam, and Board of Directors. The BOC recognizes its exemplary volunteers with the Dan Libera Award.

The Dan Libera Service Award was established in 1995 in recognition of Dan's contributions to the BOC certification program. The award recognizes individuals who have shown dedication to the mission of the BOC. Long-standing contributions to the BOC's programs are the primary criteria for the award. Click here to read on about Dan Libera.

This year's recipients of the BOC Dan Libera Service Awards were Bob Casmus, Robbie Lester and Scott Zema. Both Bob and Robbie are long-time NCATA members. Congratulations on receiving this award.



NCATA members Bob Casmus (left) and Robbie Lester (far right) are honored with the NATABOC Dan Libera Service Award.

3 Committee News

NCATA Clinical/Industrial/Corporate Committee Update

Andrew Graham LAT, ATC, CEAS, Interim Chair

What? I didn't know that NCATA had a CIC committee? That's right, at the most recent Board meeting appropriately planned and detailed information about the committee was conveyed to the Board for its approval. Concessions were then made to create an ad-hoc CIC Committee. This committee will be formally presented at the 2006 annual meeting for member support and voted approval. This CIC committee can significantly impact the workers compensation industry for North Carolina while creating additional opportunities for Certified Athletic Trainers to serve. Special thanks and recognition to Bill Griffin, MA, LAT, ATC who help initiate this committee into formation.

The interim chair for this CIC committee is Andrew Graham LAT, ATC, CEAS who is currently working in the Greensboro area. As always, representation and other Certified Athletic Trainer input and support from other areas throughout the state is greatly needed. As additional Certified Athletic Trainers come forward and express interest in serving on this committee more information and specific set objectives will be shared with the NCATA membership. Certified Athletic Trainers who are interested in serving on this committee or who are working in the clinical, industrial or corporate setting with employees who sustain cumulative trauma injuries, repetitive stress injuries, or musculoskeletal disorders and have a direct impact or serve this population of 'industrial' athletes are encouraged to contact Andrew Graham at andrew.graham@sosbonedocs.com.

I would like to thank the NCATA Board members, Mark White, and Bill Griffin for this unique and vitally important opportunity to grow, serve and educate the employees that make our profession great!



Committee on Reimbursement

Bill Griffin, MA, LAT, ATC, NCATA COR Chair

At the recent NCATA Board Meeting, the board approved a Committee on Reimbursement web-page. We will be developing content over the next few weeks that will include information on contacting your insurance company, state legislators and sample letters. So check the NCATA website often for COR information. Remember, to achieve universal reimbursement for athletic training services, we need everyone's help!

We are also going to be contacting the college and university athletic trainers regarding billing practices at their institutions. This will be an e-mail survey, so if you are a CUATC, keep your eyes open for our survey. On that note, there is a workshop in January (4-7) on revenue and reimbursement hosted by the Collegiate Sports Medicine Foundation (www.csmfoundation.org) in south Florida.

We also have two openings on the COR. We are particularly looking for someone in the Triangle (Raleigh, Durham, and Chapel Hill) and the Charlotte Area. If you are interested, please contact me at bgriffin@gsoortho.com.

We would like to thank Mark White and the entire BOD for their continued support of our committee.



Governmental Affairs Committee

Kevin Allran, LAT, ATC, Chair

In May of this year the Governmental Affairs Committee arranged for a promotional gathering called the "7th Inning Stretch" to take place in the halls of the State Legislature building in Raleigh. This was an opportunity for members to meet with their legislators on a casual basis and to inform other representatives about the NCATA and it's activities around the state. Jenny Dorsett our NCATA lobbyist and attorney attended the promotion and we were able to meet with Representative Ed McMahan and David Hoyle to once again express our

appreciation for their sponsorship of the Licensure Bill. We were also able to handout valuable information along with popcorn and peanuts to the many people who came through the building in an effort to educate Raleigh on the activity of the NCATA. The day was very busy and thanks should go out to everyone who attended and made the event a very big success.

Pictures from the '7th Inning Stretch'

NCATA Sports Medicine Symposium for Students

Randy Pridgen, LAT, ATC

The NCATA Sports Medicine Symposium for Students was held July 18-21, at Greensboro College. This summer's symposium was another success! We had 87 students from five different states attend this summer. Students attended from North Carolina, South Carolina, Virginia, Georgia and Ohio. We were able to go back to our four-day format this year with the move to Greensboro College and made a few changes in the schedule.



Our newest and exciting change was holding a college fair during registration. Ten schools participated in this inaugural event including Barton College, Catawba College, Elon University, Gardner-Webb University, Greensboro College, Lenoir Rhyne College, Mars Hill College, Lees-McRae College, Methodist College and Western Carolina University. Representatives from each school displayed admissions material during registration and were able to visit with students and parents attending the symposium.

Our teaching staff included **Amanda Allen** and **Greg**

Calone (Elon University), **Kyle Momsen** (UNC-Wilmington), **Joe Ferraro** (Duke University), **Ashley White** (Gardner-Webb University), **Robin Kennel** (Mars Hill College), **Rob Dingle** (Catawba College) and **Heather Hartsell** (Barton College). Guest instructors included **Doug Black** (Duke University Sports Medicine), **Bob Casmus** (Catawba College), and **B.C. Liscombe** (Greensboro College). Our guest speaker this year was **Tom Goeke** from Wake Orthopedics.



Our counselors included **Jill Sparrow** (Appalachian State University), **Brandi Anderson** (Barton College), **Shawna Turbyfill** (Catawba College), **Megan O'Kelley** (Mars Hill College), **Katie Hanes** (Greensboro College), **Meredith Hamill** (Elon University), **Aaron Johnson** and **Amelia Henson** (Lees-McRae College).

Our administrative staff included **Ashley Lamm** (Middle Creek High School) and a long-time friend of the Sports Medicine Symposium for Students, **Zack McNeil** of Scotland High School.

At the conclusion of our symposium, we presented our annual awards to four very deserving students. The winner of the Bob

Jamieson Student Assistant in Athletic Training Award was presented to

Conor Gafney from Cary High School. The AI Proctor Student Assistant in Athletic Training Award was **Emily Horne** of Shelby High School. The Shrine Bowl selections were Adam Wall of Southeast Raleigh High School and Quinn Lawlor of Green Hope High School.



Our symposium could not function without the staff, counselors and generous support from our sponsors. Our sponsors this year included the North Carolina Coaches Association, Murphy-



Wainer Orthopedics (Division of Southeastern Orthopedics), Raleigh Orthopedics and Rehab Specialists, Dr. Robert Satterfield (Wilson), Orthopedics East (Greenville), Greensboro Orthopedics, School Health (John Miller), CFA Medical (Will Partin), Andover Products, SAM Medical Products, Gatorade, BioFreeze, Creative Custom Products, Hartman-Conco, Henry Schein, Sport Tapes, Parker Laboratories, DonJoy, NATA Public Relations Committee, Board of Certification, Theraband, Tylenol, Thermionics, Diversa Products, Amerisport, Hydroworx, and Bushwalker Bags.

Each of these sponsors generously gave supplies or monetary gifts ranging from \$50.00 - \$2000.00 and on behalf of the Sports Medicine Symposium and the NCATA, I would like to thank them for their generosity and support. I would like to extend a very special thank you to Greensboro College for hosting our symposium.

Next summer's symposium is tentatively scheduled for July 17-20, 2006 at Greensboro College so mark those calendars! We had an exciting time and we want to see our numbers increase next year, so please promote our symposium to your students! If you have comments or suggestions regarding the symposium, please address those to Randy Pridgen at Barton College or contact your District Director. Please make your students aware of this worthwhile event and help us help you!

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NATA Accepting Nominations

The NATA is now accepting nominations for the Hall of Fame, Most Distinguished Athletic Trainer Award, Athletic Trainer Service Award, President's Challenge Award and Honorary Membership. Nominations will be accepted August 1 – November 15, 2005. Click [HERE](#) for more information.

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Key Facts:

- ✓ Over 800 ATAs and Students Receive Each Issue.
- ✓ Four Issues Annually
- ✓ Posted on the NCATA Web Site

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District News

District 1

Lynn Bundy, AT, D1 Director

I sent a letter to every superintendent, principal, and athletic director in District One reminding them of the Licensure Law and the North Carolina Department of Public Instruction's (NCDPI) guidelines for athletic injury management. Although we are a fairly small district, that meant about 80 letters. Hopefully, at least 80 more people are aware of what an athletic trainer is / does and their fall sports will be better covered.



District 2

Dan Duffy, LAT, ATC, Director

All of the LATs and ATCs in District 2 would like to wish the best of luck and good health to all North Carolina athletes, athletic trainers and coaches for the coming school year.

UNCW opens their new, state of the art, sports medicine facility. This facility has nine treatment/exam tables that convert to writing/work stations for educating athletic training students in UNCW's Athletic Training Education Program. Kirk Brown, Ph.D, LAT, ATC is the Director of UNCW's Athletic Training Education Program and Wes Brown, MEd, LAT, ATC is the Director of Sports Medicine at UNCW.



District 5

Erik S. Subblefield, MS, LAT, ATC, CSCS
D5 Director

Athletic trainers from district 5 met recently following the NCATA Board of Directors meeting. District 5 members are encouraged to participate in these quarterly roundtable discussions! It is a great opportunity to meet other members and discuss the latest issues facing the NCATA and get points of view from different athletic training settings. Please contact Erik Subblefield at stubbatc@hotmail.com for more information!

