

May 2005

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

## NC Board of Athletic Training Examiners

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## Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section [www.nata.org/members1/members.cfm](http://www.nata.org/members1/members.cfm) to update. Please be assured your information is secure. It will only be used for NATA membership communication.

*Update* is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the *Update* Editor and NCATA member:

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## President's *Update*



Mark White ATC-L  
President, NCATA

Spring has arrived and the spring sports season is winding down. To those of you that attended the NCATA Annual Symposium in March, the NCATABOD and Program Committee thanks you for making it the most successful and well attended program ever. We had 278 athletic trainers register for the meeting. Thanks to NATA President, Chuck Kimmel, ATC for opening the symposium and to Tom Gocke ATC, BOC Representative for District 3, for the presentation at the awards luncheon. Congratulations go out to all the Athletic Trainer of the Year winners and our newest Hall Of Famer, Gail McMurry. Thanks again to John Burney for his service to this association. Lastly, congratulations also go out to Andrew Browder of Appalachian State University and Shelley Wadsworth of University of North Carolina at Chapel Hill as this year's recipients of our college/university scholarships. See the special section in this issue for the award winners.

The NCATA plans to have a gathering at the Legislative Building and greet and shake hands of our legislative members. The theme will be "7<sup>th</sup> inning stretch". The Governmental Affairs is putting together a packet to inform them of the benefits of exercise and stretching. We will also have the aroma of popcorn and peanuts to draw them in. This gathering will take place on June 1<sup>st</sup> and last from 11:00-2:00. If you have some free time please plan to join us in Raleigh. Contact me or Kevin Allran for more information.

A reminder to all high school Athletic Trainers', the NCATA Symposium for students will be held at Greensboro College, July 18-21 this year. Take time to inform your students of this program and encourage them to attend. A link to the website or the mailing from the coaches association will have the registration information.

In this issue you will find several summer happenings of the NCATA. We continue to work for all of you and the BOD hopes that you have a great summer.

All the best,  
**Mark**

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## 2005 NCATA Board of Directors

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## 2005 NCATA Student Symposium

The NCATA Sports Medicine Symposium for Students will be held July 18-21 at Greensboro College in Greensboro, NC. The cost for this symposium is \$195.00. Registration information can be found on the NCATA website under **Bulletin Board**. ([Click Here](#)) If you need additional information regarding the symposium, please contact Randy Pridgen at [rpridgen@barton.edu](mailto:rpridgen@barton.edu) or by phone at 252-289-5005.

### In Memorium

Dr. J.M. "Mike" McWhorter, MD passed away at his home in Winston Salem, NC on March 15, 2005. Dr. McWhorter was a true friend of the athletic training and sports medicine community in Winston Salem, the State of North Carolina, and in District 3. He gave his time on numerous occasions to lecture at athletic training seminars both locally and nationally. Dr. McWhorter served as consulting team physician at Wake Forest University for several years, as well as providing physician services for many high schools in central North Carolina. With his passing, we have lost an excellent supporter of the athletic training profession, and one that will not be easily replaced.

### Mid-Atlantic Athletic Trainers' Association Meeting

The Mid-Atlantic Athletic Trainers' Association (MAATA) will be holding its Annual Business Meeting & Clinical Symposium May 20-22 at the Cavalier Hotel in Virginia Beach. Information about the meeting as well as registration materials for the meeting, hotel, and the Scholarship golf tournament can be accessed by visiting the MAATA website at [www.maata.org](http://www.maata.org).

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### Governmental Affairs Committee

The Governmental Affairs Committee will be sponsoring the "7<sup>th</sup> inning stretch" in Raleigh in the North Lobby of the State Legislative Complex on Wednesday June 1<sup>st</sup>, 2005. Anyone interested in helping in this endeavor should contact Kevin Allran at [kallran@charlottelatin.org](mailto:kallran@charlottelatin.org). We are in need of people who have contacts with their representatives and like to shake hands and be social. Popcorn, peanuts, and drinks will be served to provide that "America's Pastime Event."

## Get Your Message Out Advertise with NCATA

### Key Facts:

- ✓ Over 800 ATAs and Students Receive Each Issue.
- ✓ Four Issues Annually
- ✓ Posted on the NCATA Web Site

### Contact:

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## NCATA Announces Award Winners at Annual Meeting

The North Carolina Athletic Trainers' Association held its annual meeting in Charlotte March 11-13. The Annual Meeting was held this year in conjunction with National Athletic Training Month. The highlight of the weekend was the announcement of the annual awards presented by the association.

NCATA Hall of Fame Inductee  
Gail A. McMurry, LAT, ATC



The most prestigious of the awards was the presentation of the **2005 Hall of Fame** class. The newest member to be presented into the NCATA Hall of Fame was **Gail McMurry** of Durham. McMurry is a teacher and athletic trainer at C.E. Jordan High School.

She joins previous Hall of Fame members Bernie Capps (Rocky Mount), Zachariah McNeil (Scotland High School), Kirby Patterson (NW Cabarrus High School) and Steve Womack (Lee Senior High School) from the class of 2003, Bob Ford (Wake Forest) and John Burney (Southern Guilford High School) from the class of 2002, Mary Neal Broos (Guilford College) and Scott Barringer (Cabarrus County Schools) from the class of 2001, and Elton Hawley (Carolinas Medical Center/Charlotte), who was the first athletic trainer presented in 2000.



(From left to right)

NC Athletic Trainer of the Year, Secondary School  
**Jim Bazluki, LAT, ATC**

NC Athletic Trainer of the Year, C/I/P  
**Bill Griffin, LAT, ATC**

NC Athletic Trainer of the Year, College/University  
**Mike Hanley, LAT, ATC**

Corporate Service Award  
Cary Orthopaedic and Sports Medicine Specialists  
accepting David Mills, LAT, ATC

The **Athletic Trainer of the Year Award** was presented in three categories. The winner of the Secondary School Athletic Trainer of the Year award was **Jim Bazluki** of Cary High School. **Mike Hanley** of East Carolina University was named College/University Athletic Trainer of the Year. In the final category, **Bill Griffin** of

Greensboro Orthopaedic Center was named Clinical/Industrial Athletic Trainer of the Year.



Sports Medicine Person of the Year  
**Greg Pleasants, MD**

**Dr. Greg Pleasants** from Garner was named **Sports Medicine Person of the Year**. Dr. Pleasants, a physician at Garner Family Practice, is the team physician for Garner Senior High School and serves as the medical director for The Shrine Bowl of the Carolinas.

The **Corporate Service Award** was presented to **Cary Orthopedics and Sports Medicine Specialist**.

**John Burney**, a teacher and athletic trainer at Southern Guilford High School in Greensboro and a Hall of Fame member, was presented with a special award for **Outstanding Service** for 22 years on the NCATA Board of Directors serving in the capacity of President, Secretary, Treasurer and District Representative during his tenure.

Other awards presented included the longevity awards. Ten-year recipients include Jim Bazluki, Lisa Beavers, Shawna Epps, Mike Hanley, Patricia Lewis, Lisa Peoples, Dean Proctor, Katie Walsh, Lori Von Alten and Scott Applegate.



John M. Burney, LAT, ATC  
For Outstanding Service  
on the Board of Directors

## District News

### District 2

The University of North Carolina at Wilmington (UNCW) held a job fair for their students on Wednesday, April 6. Kirk Brown, Ph.D., LAT, ATC and Dan Duffy, LAT, ATC served on a panel representing the athletic training profession. The panels included for the event represented more than twenty careers from a variety of professional fields. Topics discussed in athletic training included various work environments, education and experience, job markets, salaries, athletic training - past, present and future as well as the similarities and difference of athletic training versus other allied health care careers.

The Wilmington Hammerheads professional soccer team's Head Athletic Trainer for the 2005 season will be Matthew Triche, MA, ATC. Matt is a 2001 graduate of UNCW's Athletic Training program. Matt completed his MA in Exercise Science at East Carolina University in 2003. Matt recently challenged and successfully completed the BOC to become a certified athletic trainer. He is now completing the process to become a licensed athletic trainer by the North Carolina Board of Athletic Trainer Examiners.

UNCW's Athletic Training Education Program will have six students challenging the BOC in April. All of the district 2 members would like to wish them all, the best of luck.



### District 3

The Wake County Public High Schools had our second annual Wake County High School Athletic Training Student Assistant Olympics. This annual event hosted at Southeast Raleigh Magnet High School had 70 students representing seven high schools in Wake County. The event is for high school students with an interest in Sports Medicine or the medical field to learn about Athletic Training. The day consists of short presentations by the high school students to their peers, guest speakers, and a knowledge, skills, and taping competition between Wake County area high schools. We had speakers from Carolina Family Practice & Sports Medicine, NC State University, Elon University, & Barton College. The ATSA Trophy for 2005 was won by Southeast Raleigh Magnet High School. For more information about this event please visit: <http://www.srhs.net/studlife/athletics/atasm/olympics.php>



### District 5

District 5 of the NCATA met at JP Looney's on the corner of Holden and Spring Garden Street in Greensboro for the second time this year. All D5 members are welcome to attend. The forum will be held quarterly, generally one or two weeks after the NCATA board of directors meet. The purpose of these forums is to allow ATCs from all settings to discuss the BOD's actions and make their views known to the district director. The next meeting will be at 6pm, on the last Monday in July. Suggestions and comments may be made to Erik Stubblefield at [stubbatc@hotmail.com](mailto:stubbatc@hotmail.com).



### District 7

Members of District 7, if you would like to gather in late May, (21?) in Hickory, to decompress or share stories from this past year, please contact me via e-mail ([thefner@burke.k12.nc.us](mailto:thefner@burke.k12.nc.us)) or work (828) 397-5541 EXT 315.



## What District Are You?

### NCATA District by County

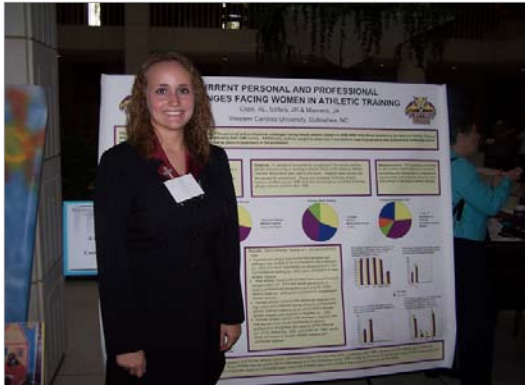
Please contact your representative, listed on page 2, for further information and activities in your district.

## District News

### District 8

Two Western Carolina University Athletic Training Students presented posters to members of the North Carolina House and Senate in Raleigh on Tuesday, April 12, 2005. The *Research in the Capital* event was sponsored by the UNC Undergraduate Research Consortium to promote undergraduate research at the 16 NC state institutions. Ninety-five undergraduate students from sixteen institutions presented at the conference.

Sophomore, Amanda Cope presented her original research entitled "Current Personal & Professional Challenges Facing Women in Athletic Training", while sophomore, Amelia Upright presented a case study entitled "Delayed Onset Unilateral Upper Extremity Paralysis in a Collegiate Football Player". Each student had the opportunity to meet with individual member of the legislature to discuss their research projects and to promote the profession of Athletic Training. Western Carolina University Coordinator of Clinical Education, Jill Manners, MS, ATC, accompanied the students at the conference.



## Athletic Training Education Programs in NC Hold Events to Celebrate National Athletic Training Month

The **Greensboro College** Athletic Training Club sponsored an Open House for prospective students and their parents, as well as our own students on March 20, 2005. San Juan Timmons, Paramedic and EMS Coordinator at Guilford Technical Community College (GTCC) was the featured speaker and spoke on *Advanced Life Support: Oxygen Administration and Suction*. Greensboro College also held a campus wide training session for faculty and staff last evening in Adult CPR/AED. A banner in the cafeteria recognizing NATM, as well as signs outside the elevators promoting physical activity with the number of calories burned by taking the stairs as opposed to riding the elevator.

At **Wingate University**, the Athletic Training Student Organization created posters with facts about the athletic training profession. These were placed in locations so that the community could learn about and become familiar with the profession. Also a public service announcement was read at all home sporting events.

**Elon University** hosted an athletic training weekend for prospective students. Public service announcements about athletic training profession were made during home basketball games.

**Catawba College** posted an announcement about National Athletic Training Month on their athletic training website as well as on the South Atlantic Conference website. Bob Casmus, ATC-L spoke on local radio about the athletic training profession.

**Lenoir-Rhine College** sponsored an education session to a local Webelo troop, including tour of facilities. They also held a meet and greet with local high schools regarding profession of athletic training.

**Western Carolina University** ran a public service announcement on local radio and television stations. In addition they set-up an information booth in University Center to promote the athletic training profession and ran an announcement on the ATEP website.