

November 2005

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

P.O. Box 10769
Raleigh, NC 27605
(919) 821-4980
www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

INSIDE *Update*

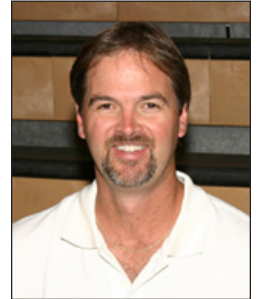
(Click on Link Below)

- Scholarships Named
- Making News
- Committee News
- Upcoming Events
- Advertise with the NCATA

President's *Update*

North Carolina Athletic Trainers:

I really can't believe that the holiday season is upon us once again. As you read this November newsletter most of us have transitioned into the winter sports season, hopefully after a safe fall. As with our organization the busy fall sports schedule consumes the majority of our time and the NCATA goes into somewhat of a limited work schedule. Several committee chairs continue to work and keep up with happenings nationwide that may concern us. The state presidents and district directors in District 3 have had conference calls to share information.



Mark White, LAT, ATC
President, NCATA

The NATA has as announced Atlanta, Georgia as the host of the 2006 annual convention. The dates are June 14-18. Please continue to update your personal information with the NATA as they as well as the MAATA and the NCATA use this to get our information out to you.

The BOD met last week and moved on some agenda items. One item concerned college/university scholarships. With the current number of college/university undergraduate athletic training programs in North Carolina at 18, I recommended to the BOD to fund another scholarship. This scholarship is valued at \$1500. I thank the BOD for supporting the undergraduate Athletic Training student with this additional funding. Criteria will be finalized and posted on the website after the holiday season. This brings the total to 3 college/university scholarships the NCATA funds. The NCATA has in the past supported the Research and Education Foundation with a \$250 commitment in the odd number years. The BOD voted to change this to an annual donation of \$250. Finally, at this year's annual meeting we will have a display with merchandise available for purchase with the NCATA logo. We also hope to work the purchase of merchandise through our website in the future. We have not made available merchandise to our members and it is our hope that this is a positive display of support for our state association. Lastly on BOD actions, Jay Scifers at Western Carolina will take over as the D-8 representative. Van Whitmire has stepped down and the NCATA thanks him for his 2 years of service to the members of district 8 and the NCATA.

With the end of the year in sight, nominations for officers will need to be submitted to Jim Bazluki (VP) by December 1. Elections will be held at the annual meeting in March. District Representatives in the even number districts are open for nomination. The President and Secretary positions are also up for nomination. It is my intent to seek a second term as President of the NCATA. I have presented several long range projects for the NCATA to work toward and I want to be the leading force behind their implementation. I will share those with you in the next newsletter. Along those lines, nomination for our annual awards will be open till January 15th. Check the website for criteria and supporting documentation.

The current makeup of the NCATABOD is a solid, diverse and forward looking body. We continue to discuss and make changes that will positively affect the Athletic Training profession in North Carolina. We are working for you not only at the state level but in the district and national levels as well.

Sincerely, Mark

2005 NCATA Board of Directors

Officers

President

Mark White, LAT, ATC
tee2green4201@bellsouth.net

Vice-President

Jim Bazluki, LAT, ATC
jbazluki@nc.rr.com

Secretary

Eugene Everett, LAT, ATC
eeverett@wcpss.net

Treasurer

Ray Davis, LAT, ATC
lrdavisjr@hotmail.com

District Directors

District 1

Lynn Bundy, AT
lbundy@ecps.k12.nc.us

District 2

Dan Duffy, LAT, ATC
danduffyatc@aol.com

District 3

Kathy Hollomon, LAT, ATC

District 4

Zach McNeill, AT-L
zmcneill@scsnc.org

District 5

Erik Stubblefield, MS, LAT, ATC
stubbatc@hotmail.com

District 6

Bret Wood, MS, LAT, ATC
bawood@email.uncc.edu

District 7

Tracy Hefner, LAT, ATC
thefner@burke.k12.nc.us

District 8

Jay Scifers, LAT, ATC
jscifers@email.wcu.edu

College/University Scholarships Named

Mark White, President of the NCATA, recommended to the NCATABOD to name the current scholarships presented to undergraduate athletic training students. Those scholarships will be called the *Hall of Fame Scholarship* in honor of all current and future Hall of Fame inductees. The second will be called the *Pioneer Scholarship* in honor of the Pioneers of Athletic Training in North Carolina. The third scholarship will be called the *Presidential Scholarship* in honor of past and future Presidents of the NCATA. These \$1500 scholarships are available to athletic training students that are currently enrolled in a curriculum or candidacy program in North Carolina and are members of the NATA and the NCATA. Program Directors please urge your students to apply for these scholarships. The criteria's can be found on the NCATA website at www.ncathletictrainer.org

Making News

There has been a recurring theme in Raleigh's *News and Observer*. During the week, the sports section features different sports on various days. Tuesday's are a preview of the week's prep football games called "High School Huddle". Every week – they have been featuring a mini column by NCATA Vice President and Cary High School's Head Athletic Trainer, **Jim Bazluki**.

The feature contains information about athletic training, tips for treating injuries, and helpful bits of information related to athletic training. Topics to date have included nutrition, heat illness, dehydration, sports crèmes, sports medicine coverage, ice massage, moist heat, and many others. Readers have the ability to ask questions and have them answered in the column.

The N & O is the second largest newspaper in NC and has a weekday circulation of over 170,000. The column has received many positive comments and has been a feature the paper wants to keep in the future. The paper is making plans to carry full-length articles through out the year on related topics.

It all started when Bazluki had a few minutes to spare and a local reporter was waiting to interview the one of the coaches. Jim started chatting with the reporter about the idea and he liked it. The reporter took it to his editor who loved the idea and wanted it to be a weekly feature. Bazluki sent them some samples of his writing and potential topics in a format they requested, and it went from there.

This is just another way we as a profession can reach the public and share information about our selves and our profession in a positive light. Every little bit helps and this idea went from talking to a reporter one afternoon in preseason, to being delivered to 170,000 homes every week.

The 17th Annual Cabarrus County Sports Medicine Symposium

January, 21, 2006
Northeast Medical Center- Medical Arts Building

For more information contact
Scott Barringer, M.Ed., ATC
704-262-6185

sbarring@cabarrus.k12.nc.us
This symposium is worth 6 NATA CEU's.

Committee News

Committee on Reimbursement

Bill Griffin, MA, LAT, ATC, CEAS, NCATA COR Chair

It has taken a little more time than expected, but the information on the NCATA COR Website has been sent to the webmaster. Please check the website soon for the webpage. Thanks to the NCATA BOD for approving a website at the last meeting and to Miles Kliewer for his hard work on the website. There is information and sample letters included for all athletic trainers (regardless of practice setting) and a survey to be completed by College and University Athletic Trainers.

We recently got some great news from the North Carolina Board of Athletic Trainer Examiners. More information to follow, but this will be a great help to both the NC COR and the NC CIC in fulfilling their charges set forth by the BOD.

I am pleased to announce that Dave Hammons, M.Ed., LAT, ATC, Head Athletic Trainer at Campbell University has agreed to serve on the COR as our collegiate representative. He comes to North Carolina from Missouri and was very active with the COR there. Missouri has been one of the more successful states in securing third party reimbursement for athletic trainers. I look forward to his input and assistance.

We still have an opening on the COR. If you are interested in helping out, please contact me. I am especially interested in having a member from the Charlotte area to give us some geographic diversity. Any practice setting is welcome. Please let me know, bgriffin@gsortho.com.

Finally, the Collegiate Sports Medicine Foundation is sponsoring a workshop in south Florida in January (4-7) on revenue and reimbursement. For more information, please go to www.csmfoundation.org.

Get Your Message Out Advertise with NCATA

Key Facts:

- ✓ Over 800 ATAs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

Contact:

Update Editor and NCATA member:

David McAllister, LAT, ATC
david_mcallister@caryacademy.org

Upcoming Events

NCATA Annual Meeting
Hilton Charlotte Executive Park
Charlotte, NC

March 10-12, 2006

Look for information in
early January 2006



11th Annual Triangle Sports Medicine Symposium

Saturday, December 10th, 2005

Crabtree Valley Marriott

4500 Marriott Drive, Raleigh

Registration Fee: \$40 or \$25 Student Fee

This Year's Lecture Topics and Presenters

Concussion Assessment

Kevin M. Guskiewicz, PhD, ATC

Weight Control, Obesity, and the Diabetic Athlete

Duke Sports Medicine

Strength Training in Adolescents

Becky Langton, MA, ASCM/HFI

Asthma and the Athlete

Carolina Family Practice and Sports Medicine

Visual Acuity and Athletic Performance

Michael A. Peters, OD

Breakout Sessions:

Throwing Mechanics – TBA

Running Assessment – TBA

Core Performance/Rehab – *Tanya Timsit, BPHE, LAT, ATC*

Kelly Quinlan, DPT, LAT, ATC

You can look for registration on the NCATA website.

Please contact Flo Moses, MS, PT, LAT, ATC
at 919-845-6160 or flomoses@sportsandmorept.com
with any questions.