

April 2008

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

## NC Board of Athletic Training Examiners

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## Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section [www.nata.org/members1/members.cfm](http://www.nata.org/members1/members.cfm) to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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## President's Update

North Carolina Athletic Trainers,

First, I would like to congratulate Jay Scifers of Western Carolina University who you selected to become your next NCATA President at our Annual Meeting in March. Jay has been a great asset to the NCATABOD from District 8 the past 4 years. He will formally take over the President's position in July.



Mark White, LAT, ATC

Speaking of July, the NCATA in conjunction with the College/University Athletic Trainers Committee will sponsor a one day symposium which will target the College/University Athletic Trainer. James Shipp (UNCG) and his committee have been working hard to establish this opportunity for the CUAT. Topics for this one day activity will focus on issues in the college/university setting. The symposium will be held on July 14<sup>th</sup> and is open to all Athletic Trainers' that may want to attend.

The NCATA welcomes its' newest member to the NCATA Hall of Fame. Robbie Lester, ATC was selected by the BOD for the Class of 2008. Robbie's Athletic Training roots go back initially to the university setting but he was an integral part of Athletic Training/Sports Medicine at the State Department of Public Instruction in Raleigh in the 1980's. His leadership and ideas have had lasting impact especially in the secondary school setting to this day. Congratulations, Robbie.

We are rolling up on the end of April and I want to remind you of the MAATA and NATA Annual Meetings in May and June. Registrations for both symposiums are now open. Check the MAATA or NATA websites for specific information.

There has been a lot of activity in the association nationally to involve and evolve. What I want you to do as an Athletic Trainer is to take that to heart and choose to spend a little time helping promote Athletic Training. We have always talked about grassroots efforts. This association cannot move forward without you. Now is a great time to step up and help with our efforts. Installing a new president and board in July can't help but bring on new ideas and excitement for North Carolina. As outgoing President I challenge you to involve yourself and assist in the efforts of the NCATA. That being said, I want to say thanks to past and present members of the BOD and committee chairs. I appreciate the opportunity to have worked with you. Having assumed the Presidents position 6 years ago has been a great opportunity for me professionally. I have been able to meet outstanding people and go places that I never would have had the chance to do. This will be my last of 24 messages as your President. To all, I say thanks.

Mark

## President-Elect's Message

James R. Scifers, DScPT, PT, SCS, LAT, ATC

The dawning of spring brings new life and the hopes for a productive summer season. For many athletic trainers, spring signals a hectic time where numerous athletic events and practices compete for our attention. For others, the warmer weather brings a multitude of patients out of their collective winter slumbers and back into recreational athletics. For a few others, spring marks the winding down of the academic year and the hurried rush toward final exams.

No matter the setting, athletic trainers continue to exhibit boundless energy and passion for their profession. Just as the transition from winter to spring brings the promise of warmth, prosperity and growth, the NCATA is undergoing a similar transition. This July marks the end of a significant era in NCATA history. President Mark White will be completing his second-term in office and will be turning over the organization's reigns at our July Board of Director's (BOD) Meeting.

While I am humbled that you all have entrusted me to lead the organization for the next two years; I am equally excited to know that Mark and the leadership of the previous BOD has provided the NCATA with a clear path to follow. Mark's vision for a better NCATA, coupled with the tireless work of the District Directors and Board Members has placed the NCATA in an excellent position to grow and prosper in the next decade.

The development and implementation of a strategic plan for the organization has provided the leadership and the membership with clear directives as to the NCATA's main priorities. This document ensures that, as the BOD changes shape over the coming years, the momentum of the previous group's efforts will not be lost, but rather refocused and reenergized.

There are great challenges that lie ahead for our profession within and beyond our state borders. The changes occurring at the national and district levels will impact the importance that the state organization plays in our profession's future. The new face of our profession will include a younger, more diverse group of practitioners who will have unique expectations of the NCATA. Our collective challenge will be to continue to meet the needs of athletic trainers of all ages and in all work settings. To accomplish this goal, I will be asking that every member take an active role in the organization's operation and future.

As we embark on a new future for the NCATA, we must be cognizant of our past and appreciative of those who have meant so much to our organization. However, we must remain steadfast in our goals to improve recognition of the profession through an aggressive public relations campaign, investigate new opportunities for third-party reimbursement and promote and protect job markets in the high school, college, corporate, clinical and industrial settings. All the while, continuing to fight for the rights of the athletic trainer to practice his/her profession to the fullest extent possible in the setting of his or her choosing without limitation by other allied health professions.

Together, we can take the NCATA to never before imagined heights. I look forward to making the journey together.

*Update* is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the *Update* Editor and NCATA member **David McAllister, LAT, ATC** at: [david\\_mcallister@caryacademy.org](mailto:david_mcallister@caryacademy.org)

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### 2007 NCATA

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## Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

First I would like to congratulate Jay Scifers, our new NCATA President, on his election and all others elected to various positions in our organization. Also congratulations to all of the NCATA award winners at the annual meeting for a job well done.

With the spring sports season beginning to wind down, I hope everyone has had a successful one with potential playoff berths on the horizon. Hopefully with summer around the corner, maybe you can spend some quality time with the family.

There will be a lot of new challenges facing our organization in the years to come so please get involved in your State organization.

I would like to personally say "Thank You" to Mark White for his dedicated leadership over the last two terms as our President of the NCATA.

If I can be of any assistance, please feel free to contact me via phone or email. Thanks for all your dedication and hard work for the athletes and individuals we as athletic trainers care for each and every day.

## NCATA Forms Secondary School Committee

Involve and Evolve was the theme for the February 2008 issue of the NATA News. Ken Brown, Secondary School Committee Chair, came away from the recent NCATA Board of Directors meeting with a sense that involve and evolve is a budding reality at the Secondary School level. "One of my goals for attending the meeting was to see each of the eight state regions represented in the formation of a Secondary School Committee," Brown said. "I appreciate those volunteering to become involved as our profession evolves in the secondary school setting."

The NCATA Secondary School Committee members are: Ken Brown (Chair), Lynn Bundy (District 1), Mike Hughes (District 3), Zack McNeil (District 4), Cara Ashby (District 6), Dave Mahan (District 7), and Doug Branch (District 8). Representatives from District 2 and District 5 are still needed to complete the committee. Interested persons can contact Ken Brown by going to the NCATA web page and clicking on Committee Chairs.

## Greensboro Day ATC Assists in Lifesaving Success

On March 3rd, Chris Dalldorf, a 14-year-old eighth-grader at Greensboro Day School with no history of medical problems., was playing Battle Ball (a form of dodge ball), in the school gym. As he stepped behind some rolled-up wrestling mats, he collapsed against the wall and slid to the floor. His heart had gone into an irregular rhythm - one that couldn't keep him alive. He had no pulse and wasn't breathing. Greensboro Day's Director of Sports Medicine, Jon Schner, assistant athletic trainer Mike Gale, and school nurse, Linda Sudnik were quickly alerted by students and soon arrived on the scene. Sudnik and Schner began rescue breathing and chest compressions. When Gale brought the AED to the gym, they used it to shock Chris's heart. The shock didn't return Chris's heartbeat to normal, Schner said, but it did create a better rhythm, one that could sustain life. By the time an ambulance arrived, Chris had a pulse and was breathing on his own again. From [Instapundit.com](http://Instapundit.com)

## College and University Athletic Training Committee Update

By James R. Shipp, MA, LAT, AT

The NCATA College and University Athletic Training Committee (CUAT) has a number of initiatives for the upcoming year. The first is to create an additional meeting of the NCATA in July in order to target collegiate athletic trainers as well as all other athletic trainers in the state who cannot traditionally make the Annual Meeting in March. This meeting will be held July 14th on the campus of the University of North Carolina at Greensboro. Additional information can be found on the NCATA web page.

On the technological side, the CUAT would like to create a list serve of collegiate athletic trainers within the state in order to provide an avenue for communication. In addition, we would like to develop the committee's webpage by providing a mission statement, including short- and long-term goals, as well as a repository of policies and procedures from state colleges and universities in order to share resources and manage state law requirements.

Finally, members of the CUAT have committed to contacting each college and university in the state in order to gather a comprehensive list of the collegiate athletic trainers in the state. If your institution has not been contacted, or if your personnel changes, please contact Arianne Davis, LAT, ATC at [davisa@lmc.edu](mailto:davisa@lmc.edu).

## NCATA Honors Award Winners!

The NCATA held its annual meeting at the Sunspree Resort in Wrightsville Beach the weekend of March 7-9, 2008 in conjunction with National Athletic Training Month. As part of the meeting the membership honored its annual award winners during the annual Awards Luncheon.

The *Athletic Trainer of the Year Award* was presented in three categories. The winner of the Secondary School Athletic Trainer of the Year was **Jim Strickland** of New Hanover High School. **Bob Casmus** of Catawba College was named College/University Athletic Trainer of the Year.

In the final category **Dean Proctor** was named Clinical/Industrial Athletic Trainer of the Year.

The *Educator of the Year Award* was presented to **Dr. Robert "BC" Charles Liscombe** from Greensboro College. **Dr. Kevin Burroughs, MD** was named *Sports Medicine Person of the Year*. The *Corporate Service Award* was presented to **Cabarrus Family Practice**.

The Undergraduate Scholarship winners were also announced during the awards luncheon. **Colin Covelli** of Western Carolina University earned the *NCATA Hall of Fame Scholarship*. **Adam Graham** of Western Carolina University was selected as the *NCATA Pioneers' Scholarship* winner. **Elisa Mercer** of North Carolina Central University was named the *NCATA Presidential Scholarship Award* winner.

This year's *Service Award* milestones included **Kevin Jones** (20 years), **Rick Proctor** (20 years), **Ray Davis, Jr.** (20 years), and **Beverly Brown** (25 years). Thank you for all your years of service to the NCATA.

The highlight of the Awards Luncheon came when long-time athletic training pioneer and NCATA member **Robbie Lester** was inducted as the newest member of the North Carolina Athletic Trainers' Association Hall of Fame. Robbie began working in North Carolina in 1977 at what is now the State Department of Public Instruction. Prior to his position in SDPI he was at West Virginia University and James Madison. During his years at SDPI he was a strong advocate for Athletic Trainers in the Secondary School setting and worked hard to place and keep Athletic Trainers in that work setting. He also helped to place teachers in High School Athletic Training positions through a program called the Teacher-Athletic Trainer Instructional Program (TATIP). This program allowed teachers to take courses in the summers at Bowman Gray School of Medicine and then serve as Athletic Trainers at their high schools. Teachers eventually earned enough credits and contact hours to sit for what was then the NATABOC Certification Exam. A majority of current Hall of Famers went through that program. He also tried to establish licensure in this state in the early 80's but with only 77 Athletic Trainers practicing it was not deemed necessary at that time.



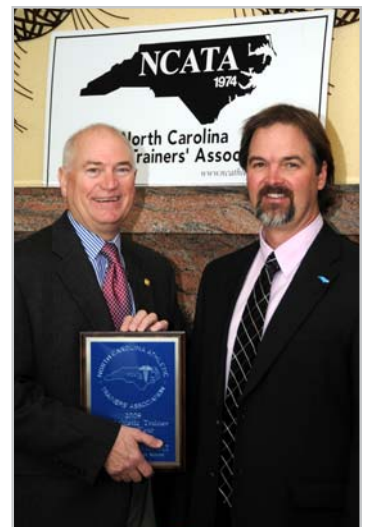
*Bob Casmus  
College/University Athletic Trainer  
of the Year*



*Dr. Robert "BC" Charles-Liscombe  
Athletic Training Educator of the Year*



*Dean Proctor, Clinic/Industrial/Professional  
Athletic Trainer of the Year*



*Robbie Lester  
2008 Hall of Fame Inductee*

*Additional pictures next page.*



*Cabarrus Family Medicine  
Corporate Service Award*



*Kevin Burroughs MD  
Sports Medicine Person of the Year*



*Jim Strickland  
High School Athletic Trainer of the Year*



*Cabarrus Family Medicine  
Corporate Service Award*



*Ray Davis, Jr.  
20 Year Award*



*Elisa Mercer, NC Central University  
NCATA Presidential  
Scholarship*

**Not pictured:**

20 year Service Award - **Kevin Jones, Rick Proctor**

25 year Service Award – **Beverly Brown**

**Colin Covelli** – Western Carolina University-NCATA Hall of Fame Scholarship

**Adam Graham** – Western Carolina University-NCATA Pioneers' Scholarship

For additional pictures from the annual meeting and awards luncheon, visit the North Carolina Athletic Trainer's Association website at [www.ncathletictrainer.org](http://www.ncathletictrainer.org).

# Thank you Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following corporate sponsors for their generous support of this year's NCATA Annual Business Meeting and Symposium. Thanks to their support, the NCATA was able to provide an outstanding meeting for our membership. Corporate sponsors for this year's meeting were Bronze level sponsor **Sports Health**, Silver level sponsor **Modern Woodmen Fraternal Financial**, and Gold level sponsor **ACO Med Supply**. Thank you again for all that you do to support the NCATA and it's members.



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*Congratulations to all of this year's winners.*

