

April 2007

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

P.O. Box 10769
Raleigh, NC 27605
(919) 821-4980
www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

INSIDE Update

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President's Update

First, I would like to acknowledge the following individuals for hosting and providing us with an outstanding Annual Meeting last month. Jim Bazluki, Mike Guerrero, Eric Hall, Miles Kleiver, Meredith Petschauer, Kathy Hollomon, and several students from UNC-G are to be thanked by this Association.

We have received positive feedback concerning the content of this year's program. Next years program will be held in Wilmington, so make plans to be with us next year.

I would like to again announce the establishment of the Athletic Trainers' of North Carolina PAC. The NCATA Board of Directors has put into place a political voice for the Athletic Trainers in this state. With the kick-off at this year's meeting we feel that in the years to come Athletic Trainers will receive the benefits of what this board has established. The Treasurer of this PAC is Melanie Rains, ATC, LAT. She has since filed the papers and established the North Carolina Athletic Trainers Association as the parent organization and will be handling the funds and paperwork that the job entails. We appreciate the job she will be doing for us.

Congratulations go out to winners of Athletic Trainers of the Year for 2007. It is a very distinguished group and all are very deserving of this award. They should be congratulated by this organization and yourselves. Also, congratulations to our college/university scholarship recipients. The scholarship committee and sponsoring program directors should be very proud of what outstanding Athletic Training students we have here in North Carolina.

I would like to welcome the newly elected board members. Scott Barringer will be the new Vice President. Ray Davis was re-elected as Treasurer. The new district directors will be Janna Fonseca from District 3, B.C. Lipscomb from District 5 and Marcus Osborne from District 7. Thanks to all for participating in the election process.

Lastly, I would like to thank Jim Bazluki for all his years of service on the board of the NCATA. He has provided a voice of knowledge and reason for many discussions and activities. The NCATABOD and I wish him the best with the new direction that he has chosen. All the best, Jim and thanks!!



Mark White, LAT, ATC

Sincerely,

Mark

Message from the Vice-President

Jim Bazluki, ATC, LAT

I would like to use my last message as vice-president to challenge each and every member to become more involved in the association by stepping up and volunteering some of your time and effort for the good of us all. We need each and every member to be involved in the profession by standing up and letting your voice be heard. We need to be writing letters in support of current federal and local legislation that will affect every single athletic trainer across the USA. Your individual voice **will** make a difference. Visit the www.NATA.org to find out about the effort and samples of letters you can use.

Second, become involved in your state association. There is so much to do, and so few who step up to the plate to help out. Ask your local representative on the board of directors how you can help. I first got involved in the association because I was dissatisfied with the direction of the association back in 1993. I voiced my concern at the state meeting and ended up being elected to the board of directors that same year. I have remained on the board every year but one since that time. I have served as a committee chair, licensure task force member, district director, combined secretary/treasurer, treasurer, secretary, and vice-president. My battery is running low and I need to recharge personally. I chose not to seek re-election at this time.

A few questions and comments I have heard need to be mentioned. I am not leaving athletic training, I have only left the classroom. I maintain all my credentials and cover events at Cary High School. I volunteered at the state wrestling tournament. I continue to promote the profession and educate the public about what we do. I am still active in various activities for the association. In my "new" daytime job, I work in financial services. I have cleared it with my national home office to donate up to 10% of my salary to our profession. Although I have left the classroom, I am stepping up to the plate to help fund our drive to fund a PAC and other needs of our state association. I ask you to step up and donate your time, energy, or skills to the association. If not, allow me to work with you in my new financial practice and together we can do great things for not only yourself, but our profession. Contact me and I will come to you!

Thank you for allowing me to represent you over the past 14 years on the board. I look forward to continuing to work with each of you side by side in the trenches.

Message from the Incoming Vice-President

Scott Barringer, M.Ed., LAT, ATC, CAA

Dear NCATA Members:

First, I would like to say "Thanks" to the NCATA membership for your vote of confidence and opportunity to serve as your Vice President.

I know for a lot of you the at the high schools spring sports are still in full swing and those of you at the college level some of your sports are beginning to wind down. And for the rest of those in the clinical / industrial / work place setting life continues to go on. I wish you all have a very successful spring season and a relaxing summer if you are fortunate to have time off.

Our organization will be faced with several challenges in the upcoming years and we need to work as closely with each other and other related organizations in order to achieve some of these challenges. If there is anything I can do for you, please do not hesitate to give me a call or email.

Thank you again for giving me the opportunity to serve as your Vice President.

2007 NCATA

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tee2green4201@bellsouth.net

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sbarringer@cabarrus.k12.nc.us

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bgriffin@gsoortho.com

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jerri_sigmon@yahoo.com

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Lynn Bundy, AT
lbundy@ecps.k12.nc.us

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Dan Duffy, LAT, ATC
danduffyatc@aol.com

District 3

Janna Fonseca, MEd, ATC
jfonseca@cfpsm.com

District 4

Zach McNeill, AT-L
zmcneill@scsnc.org

District 5

Erik Stubblefield, MS, LAT, ATC
stubbyatc@hotmail.com

District 6

BC Lipscomb, MS, LAT, ATC
charlesr@gborocollege.edu

District 7

Marcus Osborne, LAT, ATC
mosborne@CatawbaValleyMC.org

District 8

Jay Scifers, LAT, ATC
jscifers@email.wcu.edu

NCATA Award Winners

The NCATA held its annual meeting in Raleigh the weekend of March 2-4, 2007 in conjunction with National Athletic Training Month. The highlight of the weekend was the announcement of the annual awards presented by the Association.

The **Athletic Trainer of the Year Award** was presented in three categories.

The winner of the Secondary School Athletic Trainer of the Year was **Kelly Vanhoy** of Cabarrus County Schools. **Sue Graner Raedeke** of East Carolina University was named College/University Athletic Trainer of the Year. In the final category **Andrew Graham** of Guilford Orthopedics was named Clinical/Industrial Athletic Trainer of the Year.

This year's awards also included the inaugural **Educator of the Year Award**. The first recipient of this award was **Jolene Henning** from the University of North Carolina at Greensboro.

Roy Majors from Charlotte Latin School was named **Sports Medicine Person of the Year**.

The **Corporate Service Award** was presented to **Southeastern Orthopedic Specialist** in Greensboro.

Undergraduate Scholarship winners were also announced during the awards luncheon. Kevin Schroeder of **East Carolina University**, Sara Fleming of **Barton College**, and Elizabeth Hibberd of **UNC-Chapel Hill** were each named undergraduate scholarship winners. Each recipient received a plaque and \$1500.00 to be used toward their educational endeavors.

Schroeder is currently a junior majoring in Athletic Training with a minor in Nutrition. He will graduate in

May of 2008 with plans to attend graduate school. He is from Cary, North Carolina.

Fleming is a junior from Stanley, North Carolina majoring in Athletic Training. She is also a member of the women's basketball team. She will graduate in May of 2009 and plans to pursue graduate studies.

Hibberd is also a junior majoring in Exercise and Sports Science - Athletic Training and Psychology. She will graduate in May of 2008. A native of Charlotte, North Carolina, Hibberd plans to pursue graduate studies in Athletic Training.

Other awards presented included the longevity awards. **Fifteen-year award** recipients were Flo Moses and Dave Mahan. **Twenty-year award** recipients were presented to James Coghill, Dwayne Durham, John Erb, Michael Guerrero, James Prevost and John Wells.

For additional pictures from the annual meeting and awards luncheon, please visit the North Carolina Athletic Trainer's Association website at www.ncathletictrainer.org.



20 Year Service Award
Dwayne Durham



Educator of the Year
Jolene Henning



20 Year Service Award
Mike Guerrero



2007 Scholarship and Award Winners

Congratulations to All!

NATA Research and Education Foundation

Bob Casmus, ATC, District 3 Board Member



It has become apparent that there are some misconceptions as to the function and mission of the NATA Foundation within the NATA membership. The NATA Foundation is currently developing a strategic plan to better inform and educate members of the NATA. The public relations campaign that will come from this strategic plan will be designed to better inform NATA members as to the purpose and goals of NATA

Foundation. The public relations plan will also show how the NATA Foundation supports the NATA and the athletic training profession as a whole. I am currently serving on this strategic planning committee for the public relations aspect.

There are currently 12 institutions involved with the BU-SHU Challenge (named after Boston University and Sacred Heart University) which involved the athletic training student organizations raising money to be donated to the NATA Foundation. In North Carolina, Greensboro College and East Carolina University are involved with this project. I would hope that more of our accredited athletic training programs in North Carolina would also join in this effort.

The NATA Foundation is asking all accredited athletic training programs to please include the NATA Foundation as a link on their websites'. The web address is www.natafoundation.org. This link will provide much information as to applications and deadlines for scholarships and grant funding information.

I encourage everyone to visit this NATA Foundation website not only to learn more about the NATA Foundation but access information that can be beneficial to your educational institution as well as place of employment. There is a NATA Foundation e-blast that is sent to all members with updated information at various intervals throughout the year. There will be an Outcome Summit meeting of key researchers in athletic training to be held this May 2007 in Dallas, Texas. The idea and hope is to stimulate and help fund those research projects that focus on Evidence Based Medicine.

Evidence based medicine has become critical in promoting the NATA as we seek reimbursement and to enhance our status in the Allied Health Care community.

The NATA Foundation scholarship winners should be announced sometime in April. The deadline for applications was back in early February. Please encourage your students to apply in 2008. I would like to thank publicly our state association - NCATA for making a donation directly to the NATA Foundation in 2006. Overall, District 3 met its fundraising goal for 2006 by 110%, which is an awesome accomplishment. Your generosity and your tremendous support are greatly appreciated.

The NATA Foundation is recognizing J. Troy Blackburn, PhD, ATC of the University of North Carolina at Chapel Hill for The Doctoral Dissertation Award presented in Honor of David H. Perrin, PhD, ATC and sponsored by Friends of Dr. Perrin. The award recognizes outstanding doctoral student research, while supporting and encouraging research through the NATA Research and Education Foundation.

If you have not made a pledge or donation to the Foundation, I would ask that you do at your convenience. The NATA Foundation is a "pass through" organization. This means that virtually all the money taken in is eventually passed back out to our members in the form of scholarships, grants, member information guides and research funding. When we give to the NATA Foundation, we are truly investing in our future as athletic trainers.

Get Your Message Out Advertise with NCATA

Key Facts:

- ✓ Over 1000 ATAs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

Contact:

Update Editor and NCATA member:

David McAllister, LAT, ATC

david_mcallister@caryacademy.org

NC Medical Society's Sports Medicine Symposium

The North Carolina Medical Society will hold its 37th Annual Sports Medicine Symposium July 20-22, 2007 at the Holiday Inn Sunspree Resort, Wrightsville Beach, NC. The Registration information is at the following web site and is worth 8 hours of CEU credit.

www.ncmedsoc.org/non_members/specialties/brochures/2007SportsMed-web.pdf

Wake County Holds Annual High School Athletic Training Olympics

Wake County held its 4th Annual Wake County High School Athletic Training Olympics on Saturday March 24th. This annual event is a day for high school students in Wake County with an interest in Athletic Training or the medical field to learn about college and career options, practice new taping techniques and compete in knowledge, skills, and taping competition between other area high schools. Representatives from Greensboro College, and UNC-Chapel Hill attended to discuss their schools Athletic Training education. The students learn thumb spica taping from Greensboro College and ankle casting from Carolina Family Practice and Sports Medicine. We would like to congratulate Millbrook High School for repeating as winner of the Athletic Training Olympics for 2007. We had about 41 total students and 5 ATCs at this year's event.

NCATA Student Symposium

The NCATA Sports Medicine Symposium for Students will be held at Greensboro College July 16-19. Cost is \$240.00. This year's guest speaker will be Randy Pridgen, who is the athletic trainer for the NCAA Division II Men's Basketball National Champions from Barton College.

For registration information, go to:

www.ncathletictrainer.org/studentpage.html

If you have questions, please contact Randy Pridgen at rpridgen@barton.edu or call 252-289-5005.



July 16-19, 2007

Location:
Greensboro College
Greensboro, NC



Wake County holds High School Athletic Training Olympics

The Athletic Trainers' of North Carolina PAC

The Athletic Trainers' of North Carolina PAC is a political action committee connected to the NCATA. It is a newly formed state group that will provide campaign contributions to approved candidates on behalf of NCATA. I have agreed to serve as Treasurer and Bill Griffin, MA, LAT, ATC, CEAS, CWCE as Assistant Treasurer. It is our hope that each and every one of you will contribute.

We want to say a HUGE thank you to all who contributed to the PAC at the NCATA annual meeting. We raised over \$350.00 over the course of the weekend!

Some general rules you might want to know about:

- 1) You need to provide me with all the info listed on the form. The State Board of Elections does not need all of that information until you have given \$100.00 to the PAC over the course of an election cycle. However, if I have all your information, then I can provide it when needed.
- 2) Right now, we cannot accept Credit Card donations. You may send a check to me at the address below. There will be also be someone at the MAATA Symposium the weekend of May 18-20 and you are welcome to make a donation there.

If you have any questions, feel free to email me at melanie@rainsstudio.com. I'll try to answer them, or find someone who can.

Melanie Rains, LAT, ATC



ATHLETIC TRAINERS' OF NORTH CAROLINA PAC

Date: _____

Full Name: _____

Home Address: _____

Phone Number: _____

Employer Name: _____

Job Title: _____

Amount of Donation: _____

Checks should be made out to: **Athletic Trainer's of North Carolina PAC**

Send Donations to: Melanie Rains, LAT, ATC
Athletic Trainer's of North Carolina PAC
PO Box 397
Ramseur, NC 27316

Donations are NOT tax deductible.

Continued....

If we were to ask you what is the single largest issue facing athletic trainers as a whole today, what would you say? If you said CMS Legislation, we would agree. Now, how would you propose we fight that legislation. Most of us are so busy in our daily lives we barely have time to read our emails, much less call our congressmen and women, write letters, bang on doors, etc. Most of us stick our heads in the sand and hope that in the end, our jobs will be saved. Most of us feel there isn't really anything we can DO about it and in the end it's going to be decided by a group of people who know very little about who athletic trainers are and what we do.

"Most of us" are wrong. There is something each of us can do and the NCATA has just made it easier. For those of you who can make phone calls, write letters and bang on doors, there will be money to help back you up and for those of you who can't, your money speaks just as loudly. We all know that money talks. We are in no way suggesting that our voices and our words on paper are not important, for they are! However, we need to also realize that words are not enough. Many other health care organizations realized this a long time ago and did something about it. The American Medical Association PAC is one of the largest in America, the American Physical Therapy Association has a million dollar a year PAC and our own National organization has the NATAPAC, a federal group that will give primarily to candidates for the United States Senate or United States House of Representatives. They know what we know; it takes more than voices to change laws and policies.

The Athletic Trainers' of North Carolina PAC is a political action committee connected to the NCATA. It is a newly formed state group that will provide campaign contributions to approved candidates on behalf of NCATA. It is our hope that each and every one of you will contribute.

Barton College National Champion Basketball Team Honored

The men's basketball team from Barton College, which included head athletic trainer Randy Pridgen, were guests at the governor's mansion and visitors of the NC Senate and House on April 4th in recognition of their NCAA Division II National Championship. Governor Mike Easley presented each member of the team The Laurel Wreath Award, which is one of the highest honors of recognition for athletics in the state of North Carolina.



Ride Without Limits North Carolina *October 13-14, 2007*

The Ride Without Limits is a series of 2-day, 200-mile bicycle rides which raise money for United Cerebral Palsy. Net proceeds from the ride will benefit United Cerebral Palsy and its mission to advance the independence, productivity and full citizenship of people with disabilities. Seventy-five percent of the net proceeds will be directed specifically for local affiliate initiatives in the communities where the rides take place.

The ride is supported by an all volunteer Medical and Sports Medicine team, which provides medical assistance and support for the riders. This team is composed of physicians (MD; DO), physician assistants, nurse practitioners, nurses (RN; LVN/LPN), EMT's (Basic and Paramedic), athletic trainers, physical therapists, and chiropractors and works closely with a staff Medical Manager and Crew and Volunteer Coordinator who provide guidelines, training and other pertinent information regarding volunteer responsibilities.

To find out more and register to join the Medical or Sports Medicine Crew, contact us at 888-54-READY or go online to www.ridewithoutlimits.org.