

August 2008

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

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Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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President's Update

James R. Scifers, DScPT, PT, SCS, LAT, ATC

I hope that the Fall NCATA Newsletter finds each of you enjoying what is left of your summer. I trust that everyone had some time to enjoy a break this summer and perhaps even some travel with family and friends. I am sure that many of you in the secondary school and collegiate settings are already hard at work preparing for the beginning of another academic year.



Your Board of Directors has been busy as well since our state meeting in March. In June, the Executive Committee revised and updated the NCATA strategic plan to better focus the organization's efforts in the coming months. In July, past-president Mark White (literally) passed the gavel at our Board of Director's meeting; beginning a new era for the organization. The board also welcomed two new members this summer in Brandon Reynolds (D4) and Lynette Mount (D8).

This summer also marked a first for the NCATA with the advent of the *Summer Symposium*, held at UNC-Greensboro in July. Thanks to the excellent efforts of James Shipp and the College & University Committee, the first *Summer Symposium* proved a huge success. More than seventy NCATA members attended the meeting which featured numerous outstanding speakers and sessions. In association with the *Summer Symposium*, the NCATA welcomed Entegriion as the organization's first platinum sponsor.

As we move toward 2009, four key goals have been identified for the NCATA. The first is to promote and improve opportunities for athletic trainers in the secondary school setting. Next is to increase member involvement among all work settings, with primary emphasis on increasing collegiate member involvement. Third, is to develop and implement a comprehensive public relations plan to increase community awareness of athletic training. The final goal is to continue to monitor and promote eligibility for third-party reimbursement for athletic trainers.

We have our collective work cut out for us over the next year. Our efforts will require the involvement of every member of the NCATA. Together, we can accomplish each of these goals and more. Please accept my invitation to become actively involved in your state organization.

Jay Scifers

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Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

As summer is winding down, hopefully you have had an opportunity to relax and spend some quality time with family, friends or loved ones.

The fall sports season for the colleges and high schools are upon us and will soon be in full swing. And for the rest of those in the clinical/industrial / work place setting life continues to go on.

I would like to say a personal "thanks" to James Shipp, ATC and his committee for the excellent job of putting together the NCATA Summer Symposium. If you did not have the opportunity to attend, you definitely missed an excellent program. This one day program provided an excellent opportunity for those in need of CEU's or just couldn't make the Annual NCATA Spring Business Meeting. I'm looking forward to seeing the Summer Symposium grow.

Our organization will be faced with several challenges in the upcoming years and we need to work as closely with each other and other related organizations in order to achieve some of these challenges.

I sincerely hope you have a safe and rewarding fall sports season. If I can be of any assistance, please feel free to contact me via email at: scbarring@cabarrus.k12.nc.us or 704-262-6185.

Mark White Volunteers at Boston Marathon

This past April, Mark White, past NCATA President, was a volunteer at the Boston Marathon. Mark worked in the medical tent at the end of the race. "It was a great experience to volunteer at such a historical sporting event and a highlight of my Athletic Training career" White stated. "I had the opportunity to work with a team in the 200 bed facility at the end of the course. We were divided up into teams that included doctors, nurses, athletic trainers and physical therapists. We had 10 beds per unit and runners that needed medical assistance were brought to us after they finished the race. The elite



*BU Hockey Athletic Trainer,
Larry Venis with Mark White*



*Director of Athletic Training
Services, Mark Laursen
with Mark White*

runners and wheelchair athletes were also escorted through our tent. The large tent was equipped with video monitors so that we could follow the race as well as assist those in need of care. We were briefed prior to the race that we would see an estimated 3%-5% of the runners during the day. With 26,000+ that figured out to be about between 700-900 runners that would be treated and released by the total staff of health care volunteers. I was also privileged to hang several marathon medals around a few runners. That was very special for me. I'm looking forward to 2009."

NCATA

Political Action Committee

The Athletic Trainers of North Carolina PAC was founded in March of 2007 at the Annual Meeting in RTP. With our fund raising efforts at each of the past two annual meetings, we have collected nearly \$900. The mission for the PAC is simple: To support candidates that support athletic training and athletic trainers.

Currently, we are strictly in a fund-raising mode. We want to build the balance of the PAC somewhat before we begin supporting candidates. To this end, we need your help. Our main fundraiser will be held each year at the annual meeting however donations can be accepted year round. If you would like to make a donation, please contact Melanie Rains (Melanie@rainsstudio.com), PAC treasurer or Bill Griffin (bgriffin@gsoortho.com), assistant PAC treasurer. Any amount is welcomed.

At the annual meeting this year in Concord, we will again hold a raffle or silent auction. If you or someone you know would be interested in donating sports memorabilia, gas cards, gift certificates or any object/service with some value, please contact Bill Griffin. The main rule for these items is that contributions may only be made by individuals. No employers, institutions or schools may contribute.

As a part of the recently updated North Carolina Athletic Trainers' Association strategic plan, we have set goals for PAC fundraising. By December 31, 2009 we would like to have raised \$2000 and \$4000 by December 31, 2010. These are lofty goals, but they are consistent with the doubling of PAC fundraising we achieved this year and we hope to continue that trend. Please help us to achieve these goals by donating directly to the PAC or by donating items for the auction/raffle. Thank you all of your commitment to supporting athletic training in North Carolina.

Update is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the *Update* Editor and NCATA member **David McAllister, LAT, ATC** at: david_mcallister@caryacademy.org

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NATA

Research and Education Foundation News

*BC Charles-Liscombe, EdD, LAT, ATC
NC Representative, NATAREF*

The NATAREF wishes to thank the NCATA and its members for its continued commitment to support and advance the athletic training profession through research and education. In the coming months, the REF will be moving forward on its capital campaign to increase the foundation's endowments for scholarships and research grants.

The REF would also like to encourage all NCATA members to contribute to the "Building our Foundation Annual" Fund by visiting the [online donation center](#) or by printing a pledge card and submitting your donation by mail.

Finally, we wish to congratulate the five members of the NCATA that were recently awarded scholarships for 2008.

Doctoral Awards

David Bell, UNC – Chapel Hill
Marc Norcross, UNC – Chapel Hill

Masters Awards

Colin Covelli, Western Carolina University

Entry-level Awards

Caleb Lott, Mars Hill College
Stephanie Salvatore, Barton College

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Key Facts:

- ✓ Over 1000 ATCs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

Contact:

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Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following corporate sponsors for their generous support of the 2008 NCATA Annual Business Meeting & Symposium and the first annual NCATA Summer Symposium. Thanks to their support, the NCATA was able to provide two outstanding meetings for our membership. Corporate sponsors for this year's meetings were Silver level sponsors **Modern Woodmen Fraternal Financial**, **Sports Health**, Gold level sponsor **ACO Med Supply** and Platinum level sponsor, **Entegriion**.

Platinum



[Web Site](#)



[Web Site](#)

Silver



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NCATA 2008 Summer Symposium

James Shipp, MA, LAT, ATC

The NCATA would like to say thank you to the approximately 70 NCATA members, presenters, and sponsors who attended the *2008 NCATA Summer Symposium*, held July 14th on the campus of the University of North Carolina at Greensboro (UNCG). Attendees represented the collegiate, high school, and clinic/hospital work settings at the symposium, which featured presentations on clinical advances, administrative matters, and a fire-side chat with newly inaugurated President Jay Scifers.

Attendees were welcomed to UNCG by Provost and Certified and Licensed Athletic Trainer Dr. David Perrin. Phil Thompson, an environmental health specialist with the North Carolina Department of Environment and Natural Resources presented on recommended public health guidelines for athletic training rooms in the state; while Dr. Thomas Fischer, presented on controlling bleeding and promoting wound healing. Meredith Petschauer, ATEP Director at UNC-Chapel Hill, updated the attendees on managing cervical spine injuries in sports other than football, Cindy Thomas, from the *National Center for Drug-free Sport* presented on anti-doping efforts in athletics and gave an update on NCAA drug testing. The symposium wrapped up with Bob Casmus discussing the NC Athletic Training Licensure Law and Jason Mihalik giving an update on concussion management.

The summer symposium is an initiative of the College and University Athletic Training Committee with the specific intent on offering NCATA members an additional opportunity for professional development and interaction with the NCATA leadership. Please keep a look out for next year's symposium as the committee looks to improve upon this opportunity by getting more of the membership to attend.

NATA News

NATA defends right to fair practice

On February 1, 2008, NATA filed a civil lawsuit against the American Physical Therapy Association (APTA). The suit cites antitrust laws and other violations. **MEMBERS: go [HERE](#) for more information.**

Dates & location set for NATA 2009 Educators' Conference *Meeting is in conjunction with Capitol Hill Day*

NATA's 2009 Educators' Conference is set for **Feb. 21 and 22 in Washington, DC**. The conference is slated in conjunction with NATA's annual Capitol Hill Day, which takes place Feb. 23. *New for 2009: A Student Leadership event, which runs during the conference.* Registration opens Oct. 1. Go [HERE](#) for more info.

NC Sports Medicine Symposium for Students

Randy Pridgen MS, LAT, ATC

The NC Sports Medicine Symposium for Students was held July 21-24 at Greensboro College. This summer's symposium was another success! We had 55 students attend this summer.

We started our symposium with the third annual college fair during registration. Only four schools participated in this year's event including Barton College, Catawba College, Greensboro College and UNC-Pembroke. Representatives from each school displayed admissions material during registration and were able to visit with students and parents attending the symposium.

Our teaching staff included Shannon Swiatiewicz (Guilford College), Jeff Smith (Old Dominion University), Robin Miller, Rob Dingle (Catawba College) Brian Parker and Heather Hartsell (Barton College).

Our athletic training student assistants included Paul Lanfranchi (Barton College), Sara-Jayne Davis and Ross Scallan (Catawba College), Lovie Tabron and Lauren Durden (East Carolina University) and Angie Arndt (Western Carolina University).

Our administrative staff included Sara Fleming of Barton College and a long-time friend of the Sports Medicine Symposium for Students, Zack McNeil of Scotland High School.

One of the new curriculum changes we made this year was the inclusion of American Red Cross Adult CPR and First Aid. Each student was trained and certified in these skills.

At the conclusion of our symposium, we presented our annual awards to two very deserving students. The winner of the Bob Jamieson Student Assistant in Athletic Training Award was Pamela Hughes from Hunt High School. Pamela will be attending UNC-Pembroke this fall majoring in athletic training. The Shrine Bowl selection was Abbey Bennett of Green Hope High School. A male student has yet to be selected so those qualified and interested are urged to send there



Bob Jamieson Student Assistant in Athletic Training Award winner Pamela Hughes from Hunt High School who is attending UNC-Pembroke this fall majoring in Athletic Training.



information to Mike Guerrero at Garner Senior High School or email him at mgatc@aol.com.

Our symposium could not function without the staff, students and generous support from our sponsors. Sponsors who provided monetary contributions to our symposium included Murphy-Wainer Orthopedics (Division of Southeastern Orthopedics, Greensboro), North Carolina Coaches Association, Orthopedics East (Greenville), Dr. Robert Satterfield and Dr. Lew Martin (Wilson Orthopedics) and Raleigh Orthopedics and Rehab Specialist. Each of these sponsors generously provided monetary gifts ranging from \$100-\$3000.

Our sponsors who helped us with supplies for the symposium this year included Medco Supply (Matt Deeringer), Andover Products, Sports Health (John Miller), CFA Medical (Will Partin), Gatorade and Cramer Products. Please thank these vendors for helping make our symposium a huge success.

I want to extend a very special thank you to all sponsors for their generosity and support. I would like to extend a very special thank you as well to Greensboro College for allowing us to come to their beautiful campus.

Next summer's symposium is tentatively scheduled for July 20-23, 2009 at Greensboro College so mark those calendars! We had an exciting time and it was great to see our numbers increase this year from the previous years. We would like to continue to see our numbers increase, so please promote our symposium to your students! If you have comments or suggestions regarding the symposium, please address those to Randy Pridgen at Barton College or contact your District Director. Please make your students aware of this worthwhile event and help us help you!