

February 2006

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

## NC Board of Athletic Training Examiners

P.O. Box 10769  
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(919) 821-4980  
[www.ncbate.org](http://www.ncbate.org)

## Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section [www.nata.org/members1/members.cfm](http://www.nata.org/members1/members.cfm) to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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## President's *Update*

I hope that the first NCATA Newsletter of the New Year finds all of you well and looking forward to the Annual Meeting in Charlotte next month. The NCATA BOR has been as active this winter as any as I can remember in a long time. We have discussed several items that you will read about in this issue. The major task that the NCATA has decided to undertake is to make a strong effort to have the State Department of Public Instruction require each high school to hire a Licensed Athletic Trainer, without teaching responsibilities, in every high school in North Carolina. We have decided to make this a priority in the upcoming year, and we know that as with any new program it will boil down to funding by the state. The NCATA sees the value in having an LAT in each high school and we know that it is just as valuable, if not more, as having a qualified teacher in each classroom. We are going to look at several options and hope that SDPI will see the value of having an LAT and make it happen.



Mark White, LAT, ATC  
President, NCATA

At the Annual meeting this year plans have been in place to honor the "Pioneers of Athletic Training" in North Carolina. The Pioneer's that we created a plaque for 2 years ago have been invited to our awards luncheon on Saturday. The NCATA will acknowledge their early work in the Athletic Training field in this state.

Also at this years meeting there will be merchandise available for purchase and order which displays the NCATA logo on shirts and pullovers. The NCATA has not had any merchandise for a long time so support the association with a shirt or pullover purchase. The Charlotte Bobcats NBA team will play at home on Saturday night March 11 and tickets will be available at a table near the registration area, where those of you who are NBA fans may purchase tickets from the Bobcats ticket agent. The opponent that night will be the New York Knicks.

Lastly, at the last Board of Representatives meeting we were advised by our general counsel that our By-Laws were in need of current and acceptable language as to our functions and processes. There is new language that we will be asking you to approve at the annual meeting. This information will be placed on the website prior to the annual meeting for those interested parties.

Thanks for all that you do for the individuals that you care for.

Hope to see you in March.

**Mark**

## NCATA Web Site

The NCATA has changed its' website provider. If you have the site bookmarked you will need to delete the bookmarked site and type in the website name again to access the new website. The new web host has allowed for us to have more space within our website and provide you with an easier navigation through the site.

[www.ncathletictrainer.org](http://www.ncathletictrainer.org)

## 2005 NCATA

## Board of Representatives

## Officers

*President*

Mark White, LAT, ATC

tee2green4201@bellsouth.net

*Vice-President*

Jim Bazluki, LAT, ATC

jbazluki@nc.rr.com

*Secretary*

Eugene Everett, LAT, ATC

eeverett@wcpss.net

*Treasurer*

Ray Davis, LAT, ATC

lrdavisjr@hotmail.com

## District Representatives

## District 1

Lynn Bundy, AT

lbundy@ecps.k12.nc.us

## District 2

Dan Duffy, LAT, ATC

danduffyatc@aol.com

## District 3

Kathy Hollomon, LAT, ATC

## District 4

Zach McNeill, AT-L

zmcneill@scsnc.org

## District 5

Erik Stubblefield, MS, LAT, ATC

stubbatac@hotmail.com

## District 6

Bret Wood, MS, LAT, ATC

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## District 7

Tracy Hefner, LAT, ATC

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## District 8

Jay Scifers, LAT, ATC

jscifers@email.wcu.edu

Dear Fellow Athletic Trainers:

I would like to take this opportunity and privilege to address the membership regarding the upcoming election process. This is one of the most important duties we all have as members of the association. Please take the time to be involved in selecting the members who will represent you on the board. Members who have been nominated for office have published biographies in this edition of the newsletter for you to help assist you in learning more about the individuals who are running for office. Each candidate submitted information about themselves as well as answering a general question posed to all candidates about what they saw as the most pressing issue facing our organization.

Some members brought up a question related to term limits for the president. The board discussed the situation and the board has interpreted the original intent of the by-law to refer to a limit of two consecutive elected terms in office for the president. Our current president has only served one elected term of office, and thus is eligible to run for a second term.

In terms of the election process, voting will take place at the annual business meeting in Charlotte this year. If you cannot attend the meeting, you do have the ability to request a mail in ballot from myself ([jbazluki@wcpss.net](mailto:jbazluki@wcpss.net)). Mail in ballots must be postmarked on or before March 1st in order to be counted in the election. Ballots are to be sent to me for this election cycle since the secretary is up for election. My address is on the website.

Please be aware that the By-Laws and Policy & Procedure manual we have been using for the association is undergoing a major rewrite at the present time. This is being done with several board members with strong guidance of our general council. This is a process, which we need to do to correct some omissions and errors in the past. The completed version will be unveiled and posted on the website before the state meeting. We plan on voting on the new edition at the state meeting. Please take the time to review the document when it is available. Keep checking the website for the posting.

It continues to be my honor and privilege to serve the membership as the Vice-President of this association. If there is ever anything I can do to assist any of you, please do not hesitate to contact any board member or myself.

Jim Bazluki, MAEd, LAT, ATC

Vice President, NCATA

## NCATA Sports Medicine Symposium for Students

The NCATA Sports Medicine Symposium for Students  
will be held July 17-20 at Greensboro College.

Cost is \$195.00.

Go to the NCATA website after March 15 for  
information or contact Randy Pridgen at  
Barton College at [rpridgen@barton.edu](mailto:rpridgen@barton.edu).

Please encourage your students to attend!

# NCATA Election Profiles

## Candidates for NCATA President



**Mark White, LAT, ATC**

Members of the North Carolina Athletic Trainers' Association

I currently serve as the President of your association. I have held this position of the past 4 years. My first 2 years I filled a vacated position and the next 2 years I ran unopposed. It is my desire to, with

your support, be elected as President of the NCATA in my last eligible opportunity to do so. I have held a Board of Representative position since 1991. I have made decisions based what I felt was in the best interests of the NCATA, as well as the interests of the people that elected me to that position. I will continue to do that if you support me for a second term. Athletic Training is changing and evolving. The NCATA is working to keep up with the developments educationally and athletically. I see the need to provide jobs for our graduates if they want to work in this state. A way to do that is to open the secondary school setting for Athletic Trainers'. I have made a proposal to the board over the summer to explore ways to place a Licensed Athletic Trainer in each high school in North Carolina. These positions would be without teaching responsibilities. This is a major undertaking, as we are currently meeting with individuals at the state level to possible make this a reality. This will take work and implementation over several years but I am very hopeful and positive that it might become a reality. What a great impact this would be as a lot of us have worked in areas that children in this state had no access to an Athletic Trainer in their high school or middle school. I have sometimes wondered what high school athletes did after they left my school after I cared for their injury. If this goal is attained North Carolina could become a model nationwide for Athletic Training in the secondary schools.

I have served this association for 14 years. I have met a lot of people statewide and nationwide. I professionally, have come a long way and have had opportunities that I never thought I would. This association has allowed me to do that. I would like end my second term after having been elected as the President of the North Carolina Athletic Trainers' Association.

Thanks for your support.

**Dr. Rick Proctor, Ed.D, LAT, ATC**



Dr. Proctor is in his 18th year as Director of Sports Medicine at High Point University. Dr. Proctor, originally from Thomasville, NC, graduated from High Point University in 1979 with a B.S. in Physical Education. Rick then attended UNC-Chapel Hill where he received his Master's degree in Athletic Training, and in 2000, received his Doctorate of Education in Exercise Science from UNC-Greensboro. He was previously employed at Katy H.S. in Texas from 1981-1984 as head athletic trainer and at Catawba College in North Carolina from 1984-1988 as head athletic trainer/program director. In the fall of 1988, Dr. Proctor came to High Point where he is currently the Director of Sports Medicine which includes the ATEP Director, and athletic training administrative duties for athletics. He is also the Department Chair of Exercise and Sports Science and enjoys working with the men's basketball team at High Point University. Dr. Proctor has served as the chair of the North Carolina Board of Athletic Trainer Examiners from 1997 to the present.

***What is the most pressing situation facing the NCATA and how do you feel you can help address that particular issue if you are elected?***

The most pressing situation facing the NCATA is the need to unite all athletic trainers in the state so that we may begin to face the issues of today. High school, college/university, and clinical athletic trainers need to take ownership of the NCATA so that we can effectively work on public relation issues, legislative and reimbursement issues, and the need for licensed athletic trainers in the public schools to name a few. With the help of everyone we can identify and rank the most important issues and then focus the manpower and the funding of the NCATA to accomplish our goals. At the present time there are a few people carrying the load and trying to make a difference. We must involve everyone and begin to create the attitude that nothing is impossible if we all work together. We must be willing to change our attitudes to think and act positively so that we may be successful in all of our endeavors. It is time for us as an organization to stop focusing on where we are now and begin to plan for what we want and where we want to be in the future.

# NCATA Election Profiles

## Candidates for NCATA Secretary



### J. Eugene Everett, LAT, ATC

Eugene has served as an Athletic Trainer since 1984. He began his career at East Millbrook Middle School, moved to Athens Drive High School in 1989. Since 1999 he has served as Athletic Trainer at Green Hope High School in Cary, NC. He is also a clinical supervisor for the UNC Sports Medicine Program. He has served as the Athletic Trainer for the

NCHSAA Softball and Basketball Championship Games. He has been active with the NCATA as the District 3 Representative of Board of Directors, Chairman of Honors and Awards and presently serves as the Secretary for the Executive Board. He is a member of the NCATA, MAATA and the NATA. He has also had the honor of being selected as an East-West All Star Athletic Trainer in 1995, Secondary Schools Athletic Trainer of the Year in 2003, and as the Shine Bowl of the Carolinas Athletic Trainer for NC in 2003. He is a 1984 graduate of North Carolina State University with a degree in Industrial Arts Education and completed the coursework for his national certification through the TATIP at Bowman Grey School of Medicine.

### ***What is the most pressing situation facing the NCATA and how do you feel you can help address that particular issue if your elected?***

I feel the most pressing situation for the NCATA today is the need for Athletic Trainers in every NC high school. With my many years of high school experience, I feel I have good understanding of the needs, as well as the roadblocks, that have prevented all high schools from gaining Athletic Trainer positions and I have some strong ideas on how to meet this goal.



### Bill Griffin, LAT, ATC

I have been a Certified Athletic Trainer for 13 years and have worked in sports medicine for 17 years. Before moving to North Carolina in 1996, I was very active in the Ohio and Great Lakes Athletic Trainer's Associations. My career has taken me from a large inner-city public high school in East Cleveland, Ohio, to a mid-size, affluent high school in the suburbs of Cleveland, to the 1996

Olympic Games in Atlanta and finally to Greensboro. I have worked for a small, private practice rehabilitation company, a non-profit hospital system and now a large orthopaedic surgery practice. While my primary focus is now industrial rehabilitation of worker's compensation injuries, I continue to cover a number of community

athletic events and I am the athletic trainer and orthopaedic consultant to The Oak Ridge Military Academy. I have been married for nearly 11 years to my wife and biggest supporter, Sue. We have a wonderful 4 year old son who is already a familiar face at high school athletic events.

### ***What is the most pressing situation facing the NCATA and how do you feel you can help address that particular issue if you are elected?***

I feel that the four biggest issues facing the NCATA are expanding member involvement, enhancing our visibility and employment opportunities, being a legislative voice in the capitol and moving forward towards universal reimbursement for our services by the insurance industry.

In nearly any organization, whether it is a homeowners association, a church or our professional organizations, the typical balance is 10% of the members do 90% of the work. I want to see that number reversed. I want to have 300 people at our annual meeting every year. These are lofty and difficult goals, but they can be achieved if we all pull together.

We need to enhance our visibility. In order to do that, we need to get more athletic trainers writing letters for their local newspapers as our Jim Bazluki started doing last year in Raleigh. We need to send out press releases about what we are doing. We need to take every opportunity to explain, "What is an Athletic Trainer?" We are too modest as a profession; we need to be heard, because we do a great job at many different things, not just one or two. This visibility will expand our opportunities; we will start hearing, "Wow, an athletic trainer can do all those things; I want an AT to do that for me!"

We need to be seen and heard in Raleigh. We need to look at legislative options to strengthen and protect our profession. We need the legislature to know that we are THE EXPERTS at what we do, we provide value to the economy and we provide the highest quality of care to the citizens of North Carolina.

We need to continue to work with insurance companies, the industrial commission and the insurance commission to gain the recognition we deserve. We are health care providers and should be reimbursed as such. We are respected by physicians; for many, we are the first choice to manage their orthopedic and sports injury cases. We should be recognized financially for what we do across the spectrum of physically active people.

I want to serve on the NCATA Board of Directors, so that I can serve you. I want to grow and advance our profession. I want us to be recognized for what we are, THE BEST!

## Oasis All-Star Shrine Classic

Several members of the North Carolina Athletic Trainers' Association participated in the inaugural Oasis All-Star Shrine Classic as members of the medical staff. The football game, featuring the student athletes of both the North and South Carolina Independent Schools Athletic Associations, was played on November 26, 2005 in Charlotte, NC. **Monica Erb, LAT, ATC** of Charlotte Country Day and **Kevin Allran, LAT, ATC** of Charlotte Latin served as the medical coordinators for this event. **Stanley Craddock, LAT, ATC** of Charlotte Christian and **David McAllister, LAT, ATC** of Cary Academy were selected to serve as the athletic trainers. During the week-long event participants not only practiced for the upcoming game, but also visited various Shrine chapters in and around the Charlotte area, rode a double-decker bus in the Thanksgiving Day parade through downtown Charlotte, and visited the Shriners' Hospital for Crippled Children in Greenville, SC. While at the hospital, the players, coaches, and athletic trainers received a tour of the hospital and had an opportunity to visit with several of the children being treated there. They also presented the children with stuffed animals and autographed footballs. The week's events culminated with an exciting football game which was won 41-35 by the team from South Carolina.

*Players form NC and SC squads visit with patient at the Shriner's Hospital in Greenville, SC.*



*Medical Staff Oasis All-Star Shrine Classic*



## Upcoming Events

**NCATA Annual Meeting**  
**Hilton Charlotte Executive Park**  
**Charlotte, NC**

*March 10-12, 2006*

[Click Here](#) to link to  
online registration and agenda.

## North Carolina Athletic Training Students Make an Impact at EATA and SEATA Meetings

Undergraduate and Graduate Athletic Training Students from North Carolina have been promoting research and education at recent regional meetings. January's Eastern Athletic Trainers' Association (EATA) Meeting in Philadelphia provided an opportunity for three students with North Carolina ties to present case studies and research for NATA District I and II members. **Akshay Patel**, currently of Southern Connecticut State University, was named the Graduate Poster Award Winner for his presentation titled "The Effects of Dehydration on Symptomatology, Neuropsychological Performance, and Postural Stability". Akshay's research was completed during his graduate studies at the University of North Carolina-Chapel Hill in collaboration with faculty from the Sports Medicine Research Laboratory. In addition, **Lisa Shook**, from the College of William & Mary, presented a poster titled "Radial Nerve Injury in a Collegiate Baseball Player", completed during her graduate studies at Western Carolina University. Finally, Western Carolina University undergraduate student **Amanda Roach** presented a poster titled "A Case of Congenital Horner's Syndrome in a Collegiate Baseball Player."

The Southeastern Athletic Trainers' Association (SEATA) Student Workshop was held in Atlanta, February 10 & 11, 2006. Four undergraduate students were selected to present case studies at the workshop which featured over 300 students from across the United States. Two of the four students selected to present case studies were from North Carolina. Juniors, **Ryan Holleman** and **Amanda Roach**, both of Western Carolina University, presented case studies at the meeting. The final two case studies came from District I institutions, Boston University and Quinnipiac University.