

NCATA Update

A Publication of the North Carolina Athletic Trainers' Association

NCATA

The North Carolina Athletic
Trainers' Association

March 2011

President's Update

Spring is almost upon us and 2011 promises to be another busy year for the NCATA. Your 2011 Spring Symposium is being held at the Village Inn and Suites in Clemmons, NC, March 4-6.

This year's program features a keynote address from Dr. Doug Casa, PhD, ATC, FACSM, FNATA. Dr. Casa is Chief Operating Officer for the Korey Stringer Institute and is one of the foremost experts in the country on the topic of heat illness in athletics. Doug is a dynamic and entertaining speaker; everyone will want to be in attendance for Dr. Casa's keynote address on Friday evening.



James R. Scifers
DScPT, PT, SCS, LAT, ATC

In addition, to the keynote address, the weekend schedule includes the NCATA Annual Business Meeting and the NCATA Award Luncheon Saturday afternoon. Friday night will again feature poster presentations and a social event for members. Saturday's highlights include a full-day Student Program, the Third Annual North Carolina Student Quiz Bowl and a social event aimed at NCATA Young Professionals. If you have not yet registered for the Spring Symposium, please visit the NCATA website to print a registration form.

As 2011 gets underway, it is time to renew your membership in the NATA (and the NCATA). Both organizations need strong member involvement in order to continue to work to protect and improve the profession of athletic training. Members of the NCATA Board of Directors are commonly asked "What is the organization doing for me?" In this edition of the *Update*, Treasurer Ray Davis has provided a detailed look at organizational spending in 2010 so members can better appreciate how their dues are utilized by the organization.

Legislatively, 2011 will be another active year for the NCATA. We will be introducing one new bill into the legislature this year. This bill is an athlete safety bill aimed at better identification and treatment of concussions in youth sports. This bill will be available for review and I want to encourage the membership of the NCATA to provide feedback to any member of the NCATA Board of Directors. Your input is valued and needed in order to safeguard our profession's future and ensure its continued prosperity. Given the current situation regarding the state's financial shortfall, we

continued...

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

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www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "[Members Only](#)" section to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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**34th
Clinical
Symposium &
Business Meeting
information on
page 3.**

**We hope you
can join us!**

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have decided not to reintroduce the bill asking for a funded mandate to place an athletic trainer in every public high school in the state. This decision was based on the recommendation of our legal counsel. Although this bill will not be reintroduced in 2011, we will continue to educate legislators regarding the importance of athletic trainers at all levels of youth sports and the continued need for athletic trainers in every secondary school.

In closing, I want to wish everyone a safe and healthy start to 2011. I look forward to seeing all of you in Clemmons in March!

Jay Scifers

Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

Greetings to All -

With winter sports on the downswing and spring workouts beginning, I hope everyone has survived the snow and cold weather. Hopefully we will begin to have some warmer weather with the weeks and months ahead.

Don't forget our Annual NCATA Spring Meeting is just around the corner on March 4-6th in Clemmons. With a few changes, I think you will find the program to contain a great variety of topics to meet everyone's needs. Check the NCATA website for the agenda.

We will not be reintroducing the bill – Funds for athletic Trainers at High Schools at this time. This bill addresses a public health concern in the state that affects thousands of secondary school athletes. Although funding continues to have challenges, we need to continue a strong PR campaign to keep this in the forefront of athletic training in North Carolina. It is still important that we continue conversations with your local legislators. Please step up to the plate and get involved in a strong PR initiative for the NCATA and your profession.

I'm looking forward to seeing everyone in Clemmons for the NCATA Annual Spring Meeting

If I can be of any assistance, please feel free to contact me via phone or email. Thanks for all your dedication and hard work for the athletes and individuals you as athletic trainers care for each and every day.

NCBATE Update

Bob Casmus, MS, LAT, ATC
Vice-Chair of the NCBATE

Reminder to all certified athletic trainers to "renew" your license if you have not already done so. All new athletic trainers moving into North Carolina please send your completed application for state licensure ASAP. No one is permitted to practice as an athletic trainer or hold themselves out to be an athletic trainer without first attaining a license. Reminder to employers at the college and university setting that graduate assistants and graduate interns are not "exempt" or categorized as students and must be licensed prior to practicing athletic training in North Carolina. All licensed and certified athletic trainers are encouraged to report any known violators of our state practice act. For information on licensure fee schedules and application forms go to: www.ncbate.org.

**34th Clinical Symposium and Business Meeting
The North Carolina Athletic Trainers' Association
March 4-6, 2011**



**Village Inn Golf & Conference Center
Clemmons, NC**



Not yet registered, Registration Form is located at www.ncathletictrainer.org
Hotel Reservations Call 1-800-554-6416 Group code is NCAT Rate is \$65.90

Introducing our Keynote Speaker
Douglas J. Casa, PhD, ATC, FACSM, FNATA

Heat Illness

Do not miss this Session Friday 3/4/11 6:00pm – 8:00pm



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NATA College & University Athletic Trainers' Committee Report

Bob Casmus, MS, LAT ATC

- Here are the highlights of a Conference Call, 2.8.11:
- The NATA CUATC Session in New Orleans will be Monday from 10:45 AM -12:45 PM; "Value Yourself –The Athletic Trainer in the College Setting."
- Michigan has a state law that requires their certified athletic trainers in Michigan to "delegate" that any visiting athletic trainer from another state be permitted to "practice athletic training" with their teams as they visit Michigan for events. This is to insure that the "visiting athletic trainers" are BOC certified and in good standing per their state practice act.
- CAATE update – we as a committee believe in "graded autonomy" for athletic training students to better prepare them for employment in the real-world working environment. We hope that this issue would be addressed by the CAATE standards. We will meet with the president of CAATE to express our concerns at the June NATA Convention.
- We will be having CUATC representatives with the Peer to Peer discussions as part of the NATA Convention Programming. The CUATC is involved with the Young Professionals Committee Peer to Peer session and a Peer to Peer session with CATS on concussion issues.
- The CUATC is exploring the development of "learning modules" involving 10 slide/10 minute presentations that athletic trainers can use to help educate collegiate coaches on various topics related to athletic health care. Examples of these will include concussion, MRSA, EAP, and Sickle Cell. These presentations could be utilized during athletic department meetings.
- The NCAA is going to have a vote in April whether to permit Sickle Cell waivers or make testing mandatory for student athletes. The NCAA is also going to have a best practices working group related to Sports Performance later this Spring. The CUATC will have a representative to that group.
- We are in the development phase of looking into setting up Minimal Standards that collegiate athletic departments would have to meet in regards to athletic healthcare services. It is hoped that the NCAA would assist us in this concept as part of the NCAA Certification process.
- The NATA-CUATC Award Winners will be announced after March 1st . The NATA received just over 25 nomination packets that are currently being reviewed by the selection committee.
- Amanda Ryan, ATC of Louisburg College in Louisburg, NC was announced as the 2010-2011 NATA CUATC Athletic Trainer of the Year for the Junior College/Community College Division. Congratulations Amanda!! She will be receiving her award in New Orleans this June 2011.

NCATA

Cruise to the Capitol

The NCATA's annual Cruise to the Capitol is set for March 30, 2011 at the NC State Legislature Building in Raleigh. Members of the NCATA will have the opportunity to meet and talk with their respective representatives and senators in support of the profession of athletic training. This is an important time to get our information out to these individuals since we will have two pieces of legislation in front of them for consideration. Any interested NCATA members should contact [Bill Griffin](#).

Treasurer's Reort

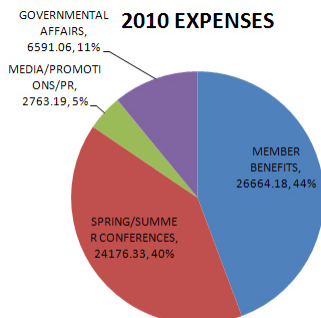
Ray Davis, LAT, ATC

Members:

I hope you are having a safe, healthy and productive year. I am thankful to each of you for your continued confidence and support in my service as your treasurer. I began my service in 1998 and many things have changed in how we have evolved as an organization. I hope to continue to provide you the best that your membership dues can offer. With that said, I have attached a graph of our expenses which come directly from your dues, sponsorships and conference registrations.

1. Member benefits which include how we do general business to function as an organization. Total \$26,664.18, 44%
2. Conferences; spring and summer, 21.5 CEU's were available, Total \$24,176.33, 40%
3. Media/Promotions; Total \$2,763.19, 5%
4. Governmental Affairs; Total \$6,591.06, 11%

Again, thank you for allowing me to serve as your treasurer.



NCATA Governmental Affairs

Athletic Trainers of NC Political Action Committee

Bill Griffin, MA, LAT, ATC

The NCATA is working closely with several organizations including the Brain Injury Alliance of North Carolina, the NC Neuropsychological Association and the National Football League to pass an athletic concussion education law. We have been working very hard since last year to draft legislation that would codify the need for concussion education, recognition and removal from play and return to play criteria for youth sports. The Executive Board has met with Dr. Kevin Guskiewicz of UNC-CH, Dr. Bob Conder of the NC Neuropsychological Association and Dr. Josh Bloom from Cary Family Practice and Sports Medicine to draft this important legislation. Very soon we should be able to announce the sponsors of the legislation and when the legislation will be introduced.

We are continuing our efforts to get a funded mandate to place an athletic trainer in every secondary school in NC however we will not be introducing legislation to that effect this year. With the current budget situation and the focus on no new spending we feel it may negatively impact our reputation in Raleigh and damage our efforts to get meaningful concussion legislation in place. This will continue to be a major publications effort and will remain a part of our legislative policy agenda.

We have a tentative date for our Cruise to the Capitol legislative advocacy day: Wednesday March 30th. This date will again coincide with the NC Orthopaedic Society's White Coat Wednesday. Last year we had 10 athletic trainers attend our first Cruise to the Capitol...I would like us to double that number this year...please mark your calendars and look for more information soon.

The Athletic Trainers of NC will have their annual fundraiser March 4th and 5th in Clemmons at the annual meeting. So far we have an autographed ringside chair from the WWE and tickets to a WWE event in the future in North Carolina. We are still looking for items to give a way...so please contact me if you have anything you wish to donate.

NATA Foundation Report

Bob Casmus, MS, LAT, ATC

District III Foundation Board Member

A conference call was held on February, 22, 2011 and the highlights are note here:



This summer in New Orleans will mark the 20th anniversary of the last time the NATA Convention was held in "The Crescent City". Also, this year is the 20th anniversary of the NATA Foundation. To mark this event, a 20/20 Campaign is underway with the hope that NATA Members will donate \$20 to the NATA Foundation to support the scholarship, grant, and education programs. If you are a student of history you know that General Andrew Jackson – won the battle of New Orleans during the War of 1812 and is commemorated by a statue in Jackson Square. A new Battle for New Orleans is about to take place. The district with the highest percentage of its members donating 20 for 20 will be recognized with a plaque noting this distinction. Also, the first 500 members to donate a "JACKSON" or more will be given a flash-drive as a gift. All donors to the 20 for 20 will also be given a decorative ribbon to put on their name badge at the NATA Convention. Please check the Range of Motion, the NATA News, and the NATA Foundation E-blast to note the kick-off for this campaign. I sincerely hope that District 3 WINS the 2011 Battle of New Orleans! Please support this campaign as the NATA Foundation supports our profession.

The NATA Foundation Board of Directors voted to fund a significant grant to Dr. Steve Broglio per his study on concussions. The NATA Foundation feels it is important that our profession be the leaders and in the forefront of this topic. More information per this study will be forthcoming this June 2011.

Congratulations to Jason Mihalik, PhD, ATC as he is the NATA Foundation's Doctoral Dissertation Award winner for 2011. He will be receiving his award this June in New Orleans.

Currently the NATA Foundation Board is considering proposals from individuals who are developing home study courses who desire to donate part of their profits back to the NATA Foundation in exchange for recognition from the NATA Foundation. We are in the early development phase of this concept but have not committed ourselves until all formal contracts are reviewed and approved.

We are inviting Steve Moore of "In the Bleachers" cartoonist and a avid supporter of athletic training to speak to the students at the Leadership Breakfast in New Orleans. He is developing a book with his cartoons that focus on athletic trainers and sports medicine. Steve was a prior keynote speaker a few years back at the NATA Convention and was well received.

Reminder to those institutions that wish to be involved in the Athletic Training Student Challenge to contact Heather Franklin at the NATA Foundation (heatherf@nata.org).

Catawba College Athletic Training Program Athletic Hall of Fame

On February 12, 2011, the Catawba College Athletic Training Program held its inaugural Athletic Hall of Fame induction ceremony. This first class of inductees and Catawba College alumni included:

Dr. Jolene Henning, ATC Director of the Entry-Level Master's of Athletic Training Program at UNC-Greensboro, Greensboro, NC.

Holly Stump, ATC Medical student attending the Physician's Assistant Program at Duke University, Durham, NC.

Dan Burks, DPT, ATC Director of Physical Therapy for RoMedical Care, Salisbury, NC.

Scott McCall, ATC Product Manager for US Marketing & Director of Training and Education for BSN Medical, Inc, Charlotte, NC.



AL Proctor Inducted Into 2011 Class of North Carolina Sports Hall of Fame



Al Proctor, who spent more than 50 years actively involved at virtually every level of athletics, will be inducted into the North Carolina Sports Hall of Fame as a member of the 2011 class. Mr. Proctor both served as an athletic trainer and in leading the charge to make sure athletes were surrounded by people who can care for their injuries.

Proctor was North Carolina's first nationally certified high school athletic trainer when he worked at Greensboro Senior High School (now Grimsley High School) from 1958 through 1962 after three years as student athletic trainer at Wake Forest. He then served the New York Yankees as their assistant athletic trainer in 1960 and 1961.

In most of the last 50 years, he has worked to raise the level of professionalism among athletic trainers throughout sports. He established the first student trainer clinic in the nation, awarded scholarships to make it possible for young athletic trainers to learn the craft, directed the state's first sports medicine program and the first in the nation and worked to make sure every high school in the state was staffed by a skilled athletic trainer.

"Al was the father of sports medicine, particularly at the high school level," said Charlie Adams, retired executive director of the NCHSAA. "He was major in bringing a (safer) environment."

He played a key role in the certification process for athletic trainers in the state as well as nationally. More recently he made a successful push for the presence of teachers certified in cardio-pulmonary resuscitation in the state. He is the founder and director of the N.C. Sports Medicine Foundation.

The new class' induction will bring the Hall of Fame membership to 285. The Hall of Fame was established in 1962 and its exhibits are on the third floor of the North Carolina Museum of History which is located on Jones Street in Raleigh. The permanent

exhibits feature significant artifacts donated by all of the inductees. The museum is open 9 a.m.-5 p.m. Monday through Saturday and noon-5 p.m. Sunday. Admission is free.

NC Young Professional Committee Update

Ashley Long, PhD, LAT, ATC

The North Carolina Young Professionals Committee has flourished with their recent initiative to present education on professionalism and engagement to athletic training students across the state. Young Professionals, certified athletic trainers under the age of 32, are addressing issues such as making a strong transition from student to certified and the importance of becoming involved in the NATA. Athletic training students have had a very positive response to these presentations and have engaged with the presenters, asking them questions about how they overcame obstacles and sought out opportunities to excel in our profession.

Athletic trainers presenting include **Tammy Holleman** (Raleigh Orthopaedic Clinic), **Stephanie Stark** (Gardner-Webb University), **Ryan Holleman** (NC State University), **Andi Bender** (UNC-Wilmington), **Josh Smallwood** (Brevard College), **Emily Martin** (Carolina West Sports Medicine), **Jon Mitzel** (Carolina West Sports Medicine), **Carrie Hendrick** (Southeastern Sports Medicine), **Josh Owen** (Brevard College), **Kevin King** (UNC-Chapel Hill), **Brigitte Council** (NC Central University), **Charlie Emerson** (NC State University), **Luis Velez** (Lenoir-Rhyne University), **Iva Ward** (NC Central University), **Tim Singleton** (Wingate University), **Tyler MacDonnell** (NC State University), **Josh Smallwood** (Brevard College) and **Ashley Long** (Western Carolina University).

Also, the Young Professionals Social, which will be held on Saturday evening at the NCATA meeting, promises to be a good time for YP's to socialize and network within the group and with the Executive Board of the NCATA. For more information on initiatives of the Young Professional Committee or to get involved, please contact me at aslong@email.wcu.edu

Greensboro Athletic Trainers and AT Students Participate in the US National Figure Skating Championships

Numerous NCATA members were actively involved in the recently held US National Figure Skating Championships from January 22- 30th. Coordinated by the Moses Cone Health System, Dr. Bert Fields and Dr. Ryan Draper, team physicians for Guilford College, and 17 certified athletic trainers from Greensboro College, Guilford College, Murphy Wainer Orthopedic Specialists, Greensboro Orthopedics, area high schools and other medical practices were tasked with providing rink side emergency services on the competition ice as well as the practice ice as well as assisting in the main venue athletic training clinic



AT members of the medical team included: Mary Broos (coordinator), BC Charles-Liscombe, Michelle Lesperance, Stephanie Hobart, Bruce Wolfe, Ben Medlin, Ben Williams, Craig Eilbacher, Crissi

Harrison, Danielle Duffy, Elizabeth Parke, Gary Rizza, Toshi Sakamoto, Sarah Curry, Bill Griffin, Jody Moore and Jeff Guffy.

"We were part of the multi-disciplinary team (MDs, RNs, PTs, Massage Therapists, and Chiropractors) that provided the full continuum of care for these high level athletes at the Coliseum clinic and the Sheraton Four Seasons Hotel clinic," BC Charles-Liscombe, EdD, ATC, LAT explained. "As a clinician, I was struck by the abilities and skills of the competitors, their athleticism, and the overall commitment that they dedicate to their sport." Andrew Graham and GC ATEP Students at the championships.

The cooperative venture helped foster relationships between the certified athletic trainers and other practices in the sports medicine community in the Piedmont Triad.

"I was impressed by the working relationships that all health care professionals had," director of GC athletic training Michelle Lesperance said. "The

clinicians recognized the expertise that athletic trainers have and that we bring to the care of these athletes. It was good to get back in the field and feel the excitement of competition again, particularly at the highest level."

Greensboro College's Athletic Training Education Program students also participated in the championships as US Anti-Doping Association drug screening escorts. Andrew Graham, Head Athletic Trainer at Greensboro College, served as volunteer coordinator. AT students that participated included: graduate assistant, Mary Sult, juniors, Bret Beacham and Beth Ward, and sophomores, Katie Sporing, Tyler Esqueda, JaiVon Wesley. Students were responsible for escorting skaters from the competition ice to press conferences and then deliver their assigned skater to the testing venue.

"I was complimented several times on the GC athletic training education program, our students in the community, and the level of training we provide our students," Charles-Liscombe added.

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