

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

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Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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President's Update

James R. Scifers, DScPT, PT, SCS, LAT, ATC



Summer is right around the corner and for many athletic trainers, that signals a time to rest and regenerate after a busy year of athletics. The onset of summer often means planning a trip to the NATA Annual Symposium. But given the current economic downturn, many of us are making the decision to stay closer to home to meet continuing education responsibilities. The NCATA has an excellent summer opportunity for individuals who are looking for high quality, affordable continuing education right here in North Carolina.

This year's *NCATA Summer Symposium* will be held at Greensboro College on July 13. Like last year's program, the *Summer Symposium* will be held in conjunction with the *Fourth Annual North Carolina Athletic Training Educator's Summit*. The educational program for this year's *Summer Symposium* promises to be educational and entertaining. Look for registration information in this edition of the newsletter and also in upcoming E-Blasts from the NCATA. We are looking forward to an excellent turnout for the second annual *NCATA Summer Symposium*.

I was hoping to be able to provide the membership with an update regarding the three bills we are closely following in the state legislature. I actually delayed the publication of the newsletter for two weeks in hopes that I would have some valuable information to share with the membership. Alas, even with the delay, I have nothing new to report.

The leadership of the NCATA continues to have discussions with a leadership group from the NCPTA in hopes of reaching a compromise regarding House Bill 1374: Bill to Update and Modernize the Physical Therapy Practice Act. Unfortunately, to date, we have been unable to find compromised language that is acceptable to both groups.

The current language in this bill would severely limit the ability of athletic trainers to practice in the clinical rehabilitation setting in North Carolina. Not only would this legislative change affect the employment of hundreds of athletic trainers currently working in rehabilitation clinics, but it would also have a potential devastating effect on secondary school coverage throughout the state. Since many secondary schools depend on athletic training coverage from individuals employed in a clinic-outreach position, the loss of clinical athletic training positions will likely mean a decrease in the number of secondary school athletes who have access to a licensed athletic trainer.

Continued on page 2.

2008 NCATA Board*Officers***President**

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The bill is currently being considered by the House Health Committee and we are asking the membership to contact their state legislators to **oppose the current language** of HB 1374. If you have not yet sent a message to your state legislators, please take five to ten minutes to visit the NATA Legislative Alert Center and make a stand to protect the future of the athletic training profession.

The two bills that the NCATA introduced, HB 1006 and SB 864, are also being considered by the state legislature. To date, no action has been taken regarding our request for a funded mandate for licensed athletic trainers in every North Carolina secondary school. The need for more athletic trainers in North Carolina secondary schools is clear, however the budgetary constraints at the state level make passing a funded mandate extremely difficult. You can express your **support** for both HB 1006 and SB 864 by visiting the NATA Legislative Alert Center.

The NCATA is actively working to improve professional opportunities for athletic trainers across all work settings in North Carolina. Your input and action is needed in order to safeguard our profession's future and ensure its continued prosperity. As you begin to make summer vacation plans, please take a moment to include the NCATA in your plans. I hope to see you in Greensboro this July.

Jay Scifers

UNC-CH Wins First MAATA Student Quiz Bowl

Congratulations to the University of North Carolina-Chapel Hill Quiz Bowl team for their victory in the first annual Mid-Atlantic Athletic Trainers' Association Student Quiz Bowl. The team from UNC-CH will be representing District III in the national quiz bowl being held in San Antonio this June.

Congratulations!

MAATA Recognizes Scholarship Recipients

The Mid-Atlantic Athletic Trainers' Association (MAATA) awarded its academic scholarships to athletic training students on Friday, May 15 at the annual business meeting held in Virginia Beach, VA.

North Carolina students captured three of the four scholarships awarded. The Edward Block Undergraduate Scholarship winner was **Dan Brown** of **Western Carolina University**. Runner-up for the undergraduate scholarship was **Jonathan Howard** of **Campbell University**.

The Larry Sutton Post-Graduate Scholarship winner was Amy Fraley of the University of South Carolina. Runner-up for the Sutton Scholarship was **Angie Arndt** of **Western Carolina University**.

Scholarship winners were awarded checks in the amount of \$1,500, while runners-up received checks for \$1,000 to assist with academic expenses for the 2009-2010 academic year.

Congratulations to these students on this outstanding recognition!

Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

Even with all the difficulty of the economic times, I hope everyone has had a successful and productive spring sports season. With tight budget and many cuts facing the education field, I feel things will eventually get better. As athletic trainers, many times we have had to improvise plans and budgets to get through some tough times. Like the old saying goes: "When you get to the end of your rope, just tie a knot in it and hang on." I've found myself tying many knots in the last few months and hanging on.

Don't forget the NCATA Summer symposium coming up July 13th at Greensboro College. Look for more information in the newsletter and on the NCATA website. If you didn't attend last year's summer symposium, you definitely missed a great program.

Also, it is still imperative that we continue to seek legislation in pursuing the requirement of having certified/licensed athletic trainers in all high schools in North Carolina. It's time to be contacting your local legislators and soliciting their support to make this happen in North Carolina. Please step up to the plate and get involved in this NCATA initiative.

Hopefully you will have some time this summer to get away with family and/or friends and relax a little.

If I can be of any assistance, please feel free to contact me via phone or [email](#).

Thanks for all your dedication and hard work for the athletes and individuals you as athletic trainers care for each and every day.

Shrine Bowl Student Nominations Needed

Tracy Hefner

The deadline of June 1 is drawing near to send nominations for Student Athletic Training assistants for the 2009 Shrine Bowl of the Carolinas. Applications are to be sent to Mike Guerrero. The application form and related materials are located on the NCATA Website.

NC Student Sports Medicine Symposium

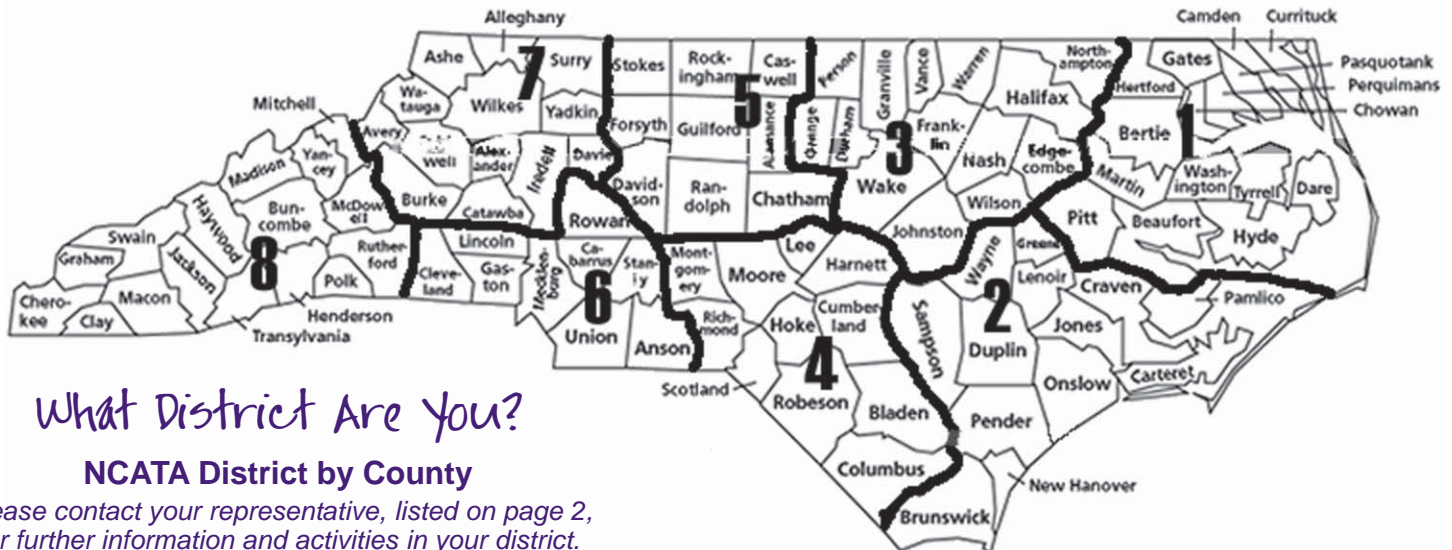
The NC Sports Medicine Symposium for Students will be July 20-23 at Greensboro College. The cost to attend this year will be \$280.00. For registration information go to www.barton.edu/athletics/summer.htm.

For those seniors who are graduating this spring and would still like to attend, we would like to have you if you have a level left you have not taken and would like to do so! We hope to see you again at this year's symposium. If you have any questions, please feel free to contact Randy Pridgen through email or call me on my cell phone at 252-289-5005.

NCATA District 2

Dan Duffy, LAT, ATC

UNC-Wilmington Athletic Training Education Program graduate **Jason Allen** has been accepted into graduate school at The College of Charleston and will begin his classes next fall. Also, 2007 UNC-W graduate **Joe Metz** was recently hired by the Arizona Diamondbacks. Finally, current UNC-W students **Christine Johnson** and **Chris Clark** presented their case study *Anterior Cruciate Ligament Deficiency with Meniscal Pathology in a Skeletally Immature Pubescent Adolescent* during the Mid-Atlantic Athletic Trainers' Association Meeting held in Virginia Beach May 15-17. Congratulations to these young professionals.



What District Are You?

NCATA District by County

Please contact your representative, listed on page 2, for further information and activities in your district.

Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following corporate sponsors for their generous support of the 2008 NCATA Annual Business Meeting & Symposium and the first annual NCATA Summer Symposium. Thanks to their support, the NCATA was able to provide two outstanding meetings for our membership. Corporate sponsors for last year's meeting were Silver level sponsors **Modern Woodmen Fraternal Financial, Sports Health,** Gold level sponsor **ACO Med Supply** and Platinum level sponsor, **Entegriion.**

2009 Corporate Sponsors

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Wake County Holds Annual Athletic Training Olympics

Eric Hall, ATC, LAT

Wake County held its 6th Annual Athletic Training Olympics on Saturday April 25th. This annual event is a day for high school students in Wake County who have an interest in Athletic Training or the medical field to learn about college and career options, practice new taping techniques and compete in a knowledge, skills, relay, and taping competition between other area high schools. There were about 57 students representing six area high schools and six ATC's on hand for this year's competition. Representatives from UNC-CH attended to discuss Athletic Training education and job responsibilities. The students practiced foam roller stretching, thumb taping, and forearm casting; which was taught by Carolina Family Practice and Sports Medicine. We would like to congratulate Millbrook High School for winning the 2009 Athletic Training Olympics.



NATA's 2009 Annual Meeting and Clinical Symposium



June 17-20 in San Antonio.
Press ● for more information!

Update is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the *Update* Editor and NCATA member **David McAllister, LAT, ATC** at:

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2009 NCATA Awards

Athletic Trainers of the Year



L-R Steve Ashby, Janna Fonseca, Marc Davis, and Jill Manners. Photo by John Burney.

Steven Ashby Named High School Athletic Trainer of the Year

Steven M. Ashby, Athletic Trainer at Mt. Pleasant High School, was named Secondary Schools Athletic Trainer of the Year by the North Carolina Athletic Trainers' Association (NCATA). Ashby received the award during the 2009 NCATA Symposium. The award is presented to an Athletic Trainer licensed by the North Carolina Board of Athletic Trainers Examiners who is nominated by their peers in the NCATA. Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers Association (District 3) and the National Athletic Trainers' Association.

John Marcus Davis Named College Athletic Trainer of the Year

John Marcus Davis, Athletic Trainer at the University of North Carolina – Chapel Hill, was named College/University Athletic Trainer of the Year by the North Carolina Athletic Trainers' Association (NCATA). Davis received the award during the 2009 NCATA Symposium. The award is presented to an Athletic Trainer licensed by the North Carolina Board of Athletic Trainers Examiners who is nominated by their peers in the NCATA.

Janna Fonseca Named Athletic Trainer of the Year

Janna Fonseca, Athletic Trainer at Carolina Family Practice and Sports Medicine in Cary, was named Clinic/Industrial/Professional Athletic Trainer of the Year by the North Carolina Athletic Trainers' Association (NCATA). Fonseca

received the award during the 2009 NCATA Symposium. The award is presented to an Athletic Trainer licensed by the North Carolina Board of Athletic Trainers Examiners who is nominated by their peers in the NCATA.

NC Athletic Trainers Name Jill Manners Educator of the Year

Jill A. Manners, Athletic Trainer at Western Carolina University in Cullowhee, was named Educator of the Year by the North Carolina Athletic Trainers' Association (NCATA). Manners received the award during the 2009 NCATA Symposium. The award is presented to an Athletic Trainer licensed by the North Carolina Board of Athletic Trainers Examiners who is nominated by their peers in the NCATA.

NC Athletic Trainers Name Joe Cutler Sports Medicine Person of the Year

Joe Cutler, Physician's Assistant at Mt. Pleasant Family Physicians, was named Sports Person of the Year by the North Carolina Athletic Trainers' Association (NCATA). Cutler received the award during the 2009 NCATA Symposium. The award is presented to a person dedicated to the health care profession who has made major contributions to the promotion of the Science of Athletic Training and is nominated by their peers in the NCATA.

Greensboro Orthopaedics Receives Corporate Service Award

Greensboro Orthopaedics was presented the Corporate Service Award by the North Carolina Athletic Trainers' Association (NCATA) during the 2009 NCATA Symposium. The award is presented to a business, medical practice or organization that has supported healthcare services above and beyond the expected in support of athletic trainers and is nominated by members of the NCATA.

Get Your Message Out Advertise with NCATA

Key Facts:

- ✓ Over 1000 ATCs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

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NCATA Hall of Fame Inducts Two New Members



*Dr. Ricky Proctor and wife.
Photo by John Burney*

Dr. Ricky Proctor Named to NC Athletic Trainers' Hall of Fame

Dr. Ricky Proctor, Professor of Exercise Science at High Point University, was inducted into the NC Athletic Trainers' Hall of Fame by the North Carolina Athletic Trainers' Association (NCATA) during the 2009 NCATA Symposium. Hall of Fame nominees must have been a Certified

Athletic Trainer for at least 20 years, a member of and have provided to the NCATA. Dr. Proctor's athletic training career in North Carolina began in 1984 at Catawba College where he worked as the head athletic trainer. He then spent the next 20 years as the Director of Sports Medicine at High Point University, where he is still employed as a Professor of Exercise Science. His contributions to the state have also gone beyond his service to his students and student-athletes. He is currently serving his second term as NCBATE Chairman. In the 1990's, Dr. Proctor was instrumental in the development and passage of North Carolina's act to license athletic trainers. At the regional level, Dr. Proctor represented North Carolina as the Mid-Atlantic Athletic Trainers' Association representative on the NATA Governmental Affairs Committee.

Dr. Proctor's integrity and passion for athletic training has touched his students and his colleagues for many years. In addition to his leadership, Dr. Proctor's caring and giving nature has been an example for every athlete, student, and colleague whom he has encountered. Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers Association (District 3) and the National Athletic Trainers' Association.



*Dr. Daniel Hooker and wife.
Photo by John Burney*

Dr. Daniel Hooker Named to NC Athletic Trainers' Hall of Fame

Dr. Daniel Hooker, Associate Director of Sports Medicine at the University of North Carolina at Chapel Hill, was inducted into the NC Athletic Trainers' Hall of Fame by the North Carolina Athletic Trainers' Association (NCATA) during the 2009 NCATA Symposium. Hall of Fame nominees must

have been a Certified Athletic Trainer for at least 20 years, a member of and have provided to the NCATA. Dr. Hooker came to the University of North Carolina – Chapel Hill in 1972 and has been a fixture in their Sports Medicine department ever since. He personifies the definition of multitasking by finding the time to treat patients, supervise students and staff, attend administrative meetings, lecture on health-related topics, and perform volunteer work in the community. Dr. Hooker has treated hundreds of student-athletes and educated hundreds of students, all while fulfilling his many administrative responsibilities.

Dr. Hooker's service to the state has included presenting at state meetings, working to promote athletic training education, and service on the NCHSAA advisory board among many others.

He has distinguished himself as a leader and respected colleague among his peers throughout the state of North Carolina and has done so with class and integrity. Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers Association (District 3) and the National Athletic Trainers' Association.