

NCATA Update

A Publication of the North Carolina Athletic Trainers' Association

President's Update

Spring has been a busy time for the NCATA and its members. The organization has been heavily engaged in promoting concussion awareness legislation to protect youth athletes across the state. Additionally, plans are underway for our 2011 Summer Symposium in Greensboro on Monday, July 11.

As you begin to make your summer plans, please consider the excellent continuing education opportunities available in the next few months. The MAATA meeting is headed north to Reston, Virginia in late May. Many of our members plan to attend the NATA Annual Meeting in New Orleans in late June. These are both fantastic opportunities to interact with friends and colleagues and advance your professional practice as an athletic trainer. Closer to home, the NCATA will host the 4th Annual Summer Symposium and Educator's Summit in Greensboro on Monday, July 11. This one-day meeting offers a fantastic CEU opportunity for athletic trainers from every practice setting. The 2011 Summer Symposium & Educator's Summit will again be hosted by Greensboro College. The schedule for both events is being finalized and will be posted on the NCATA website in the very near future. Both of these events offer excellent opportunities for individuals who are looking for high quality, affordable continuing education right here in North Carolina. Look for registration information in this edition of the newsletter and in upcoming E-Blasts from the NCATA.

Legislatively, the Gfeller-Waller Concussion Awareness Act (HB792) focused on concussion education and management is making excellent headway in the House and Senate. The bill gained unanimous support in the House and is currently in the Senate Health Subcommittee. There has been strong support for the bill from a number of sources, including: the NFL, the NHL and USA Baseball (to name just a few). The legislation has also enjoyed excellent support from members of the NCATA and the NC Medical Society. We continue to ask members to stand ready to contact their legislators asking for their support of this important bill. Look for more information about this legislation in the Governmental Affairs Update in this edition of the newsletter and throughout the summer.



James R. Scifers
DScPT, PT, SCS, LAT, ATC

continued...

NCATA

The North Carolina Athletic
Trainers' Association

May 2011

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

P.O. Box 10769
Raleigh, NC 27605
(919) 821-4980

www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "[Members Only](#)" section to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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2011 NCATA Board*Officers*
President

James R. Scifers, DScPT, PT,
SCS, LAT, ATC
jscifers@email.wcu.edu

Vice-President

Scott Barringer, M.Ed, LAT, ATC, CAA
scott.barringer@cabarrus.k12.nc.us

Secretary

Bill Griffin, MA, LAT, ATC, CEAS
bgriffin@gsoortho.com

Treasurer

Ray Davis, LAT, ATC
lrdavisjr@hotmail.com

At-Large College/University

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jose@duaa.duke.edu

At-Large Clinical/Industrial

Tony M. Benz, MHSc, LAT, ATC
tmbenz@selectmedicalcorp.com

At-Large High School

David McAllister, LAT, ATC
david_mcallister@caryacademy.org

*District Representatives***District 1**

Lynn Bundy, AT
lbundy@centurylink.net

District 2

Dan Duffy, LAT, ATC
danduffyatc@aol.com

District 3

Janna Fonseca, MEd, LAT, ATC
jfonseca@cfpsm.com

District 4

OPEN

District 5

BC Lipscomb, MS, LAT, ATC
charlesr@greensborocollege.edu

District 6

Spencer Elliott, MA, LAT, ATC
Spencer.Elliott@carolinashhealthcare.org

District 7

Marcus Osborne, LAT, ATC
mosborne@CatawbaValleyMC.org

District 8

Lynette Mount, MS, LAT, ATC
lmount@email.wcu.edu

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s always, the leadership of the NCATA welcomes your involvement in promoting the profession of athletic training. We appreciate hearing from the membership about any issue facing the organization as we strive to better serve you, our members. I look forward to seeing many of you at conferences throughout the summer.

Jay Scifers

Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

Well the weather finally warmed up as we approach the end of another school year. Hopefully, many of you will be continuing in the high school playoffs for you spring sports, while others are preparing to begin their summer break.

Need CEU's? Don't forget the NCATA Summer symposium coming up July 11th at Greensboro College. Look for more information in the newsletter and on the NCATA website. If you didn't attend last year's summer symposium, you definitely missed a great program. Hope to see you there this summer.

I know budgets are getting cut even more than last year at the state level. It is still imperative that we continue to talk with our legislators and let them constantly know we are the certified/licensed athletic trainers in North Carolina providing medical coverage for the athletes. Congratulations to the House for unanimously passing **HB 792: Gfeller-Waller Concussion Awareness Act**. Now it is time for the Senate to follow suit and get this passed to be signed into law by the governor.

Don't forget to take some time this summer to get away with family and/or friends and relax a little. You definitely deserve to take a break because the summer will fly by and fall sports season will be upon us.

If I can be of any assistance, please feel free to contact me via phone or email. Thanks for all your dedication and hard work for the athletes and individuals you as athletic trainers care for each and every day.

Sincerely

Scott

Scott Barringer, M.Ed., LAT, ATC, CAA

704-262-6185 Office / 980-521-0197 office cell / 704-791-6334 personal cell
scott.barringer@cabarrus.k12.nc.us or sctbaringer@hotmail.com

Ortho Carolina Foundation Establishes Grant

The Ortho Carolina Foundation has committed funds in the form of a grant to help facilitate the recruitment of certified athletic trainers to North Carolina. This grant will provide reimbursement of the first year licensing fee for athletic trainers employed in Mecklinburg County. Information and application for the Ortho Carolina Foundation Grant can be found on the Foundation's web site, click [HERE](#).

NCATA Governmental Affairs

Athletic Trainers of NC Political Action Committee

Bill Griffin, MA, LAT, ATC

May 3 was a great day for youth athlete safety in North Carolina.

After a unanimous vote in committee a couple of weeks earlier, we had a unanimous vote (113-0) in the North Carolina House of Representatives on [HB792, the Gfeller-Waller Concussion Awareness Act](#). This bill will require educational information for parent, coaches, athletes and others on the signs and symptoms of concussion, the immediate removal from play of athletes demonstrating signs and symptoms of concussion, return to play only after receiving clearance from a healthcare professional specified in the bill and all public middle and high schools will require venue specific emergency action plans that have been reviewed by a North Carolina Licensed Athletic Trainer.

Following the vote we had a successful press conference with our bill's primary sponsors Dale Folwell (R-Forsyth), Bill Cook (R-Beaufort/Pitt), Chuck McGrady (R-Henderson) and Rick Glazier (D-Cumberland); the family of Jaquan Waller for whom the is in-part named after; representatives from the Carolina Panthers, the National Football League and the Carolina Hurricanes, Dr. Kevin Guskiewicz from UNC-Chapel Hill and the Matthew A. Gfeller Sport-Related Traumatic Brain Injury Research Center and Bill Griffin from the North Carolina Athletic Trainers' Association. In the next 48 hours over 30 media outlets (newspapers and television stations) reported on the passage of this bill from the house. These stories reached literally millions of North Carolinians and have worked to enhance the public's awareness of sports-related traumatic brain injury. As recently as Saturday May 14th the Raleigh News & Observer included a very favorable [editorial](#) in support of this legislation.

The rest of the day was spent visiting the offices of the President Pro Tem of the Senate Phil Berger (R-Rockingham/Guilford), Chair of the House Rules and Operations Committee Sen. Tom Apodaca (R-Buncombe, Henderson, Polk), and various other committee chairs and members that will soon be hearing this bill in the Senate.

If you have not contacted your state senator.. please do and ask them to support HB 792 as it moves through the Senate.

Also, please support the Athletic Trainers' of North Carolina Political Action Committee (ATNC-PAC). While we only hold a fundraiser at our annual meeting, contributions are accepted year-round. Being active in the political process in North Carolina is important for our association and our profession as work to do more with the legislature and protect YOUR RIGHT to practice, the primary mission of the NCATA.

Please contact Bill Griffin (bgriffin@gsoortho.com) if you have any questions, would like to volunteer or make a contribution the ATNC-PAC.



NCATA Governmental Affairs Chair Bill Griffin, retired Pro-Bowl defensive end, Carolina Panthers Mike Rucker, President Pro Tem NC Senate Phil Berger (R-Guilford/Rockingham), Carolina Panthers General Counsel Richard Thigpen, National Football League Senior Vice-President Jeff Miller

Mark Your Calendar

Select Physical Therapy will be holding their 2nd Annual Charlotte Sports Medicine Symposium on June 4, 2011 at Cannon School in Concord, NC. CEU's will be awarded. For registration and more information please visit their [website](#).

Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2011 corporate sponsors.

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NATA CUATC Report

Bob Casmus, MS, LAT ATC

CUATC conference call was held in April and the main topic of discussion was the issue of student travel per the new CAATE guidelines and on the call with us was Greg Gardner, Ph.D., ATC, President of CAATE.

ACIs need to do better in preparing athletic training students for the real world by giving them some graded autonomy and involving them more in how the certified athletic trainer make decisions per injury evaluation, recognition, treatment and care etc. There can be no unsupervised student travel per liability concerns and state practice act rules and regulations. It was recommended that the members of the Strategic Alliance (NATA, CAATE and the BOC) come up with a joint statement as to why there should be no unsupervised travel by students.

There have been concerns raised about providing an appropriate amount of clinical education experience for students enrolled in educational programs. This is a delicate balance between academic requirements of the university student and the necessity to gain valuable clinical education experience. The rule of thumb regarding clinical education time is that students should **average** no more than 20 hours of clinical education per week over the course of a semester. This does not mean that a student cannot exceed 20 hours in any week of the semester; just that the average across the entire semester should not exceed 20 hours per week.

We also discussed the new NCAA Division 1 rule requiring the certified athletic trainer being responsible for stepping in when strength and conditioning sessions appear to affect health and safety of the student athlete. The general feeling is that this rule may put the athletic trainer in a precarious position with their coaching staffs and may cause strife with the strength and conditioning coaches. This also adds more of a work burden to the already stretched athletic training staffs in place. This will be further discussed with an NCAA official at the June Meeting in New Orleans.

We have another call scheduled for May prior to the June convention.

NATA Foundation Report

Bob Casmus, MS, LAT, ATC

Here are the highlights from the conference call held in April 2011.



1. The NATA Foundation Board recently approved \$4900 in Master's Research Grants to be shared among five recipients for April 2011.
2. The Student Leadership Breakfast will be free for students attending and registering for the breakfast. This year the NBA Athletic Trainers Association will be sponsoring the breakfast.
3. Reminder that the 20/20 campaign has begun – all members are encouraged to donate \$20 to the NATA Foundation as this year marks the 20th anniversary of the NATA Foundation's inception.
4. The Athletic Training Student Challenge has received \$9200 in pledges – an increase of 50% from last year.
5. The silent auction will again be held in New Orleans during the NATA Convention – members are encouraged to stop by and check out any items of interest per the sports memorabilia.

Hall of Fame Induction

Dwayne Durham

Presented by Mark White

Dwayne Durham received his undergraduate education from Appalachian State and his Master of Education from Western Carolina University. Durham has served the NCATA at multiple levels including service as a district director, Vice President, and President. During his tenure as

NCATA president, the organization achieved several major goals highlighted by the passing of the NC licensure bill, initiation of the annual spring business meeting and symposium, as well as the establishment of the NCATA Hall of Fame.



Hall of Fame Induction-Dwayne Durham Presented by Mark White

Durham has dedicated his career to serving the student-athletes of Hendersonville. From starting a student athletic training program at East Henderson to educate high school students about the field of athletic training to providing athletic training services to all four high schools in the county, Durham has exemplified the meaning of service throughout his community.

As the current director of Hendersonville Sports Medicine, Durham continues to devote his time and energy into athletic training, his passion for the profession evident to all those who he encounters.

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Key Facts:

- Over 1000 ATCs and Students Receive Each Issue.
- Four Issues Annually.
- Posted on the NCATA Web Site.

Update is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the Update Editor and NCATA member David McAllister at:

david_mcallister@caryacademy.org

Production and design by: [Sharri H. Jackson](#)

Recognition of NATA Most Distinguished Athletic Trainer & Athletic Trainer Service Award Recipients from North Carolina



Bob Jamieson Student Assistant
in Athletic Training Award
Morgan McKinney, Northern High School



Hall of Fame Scholarship for Academic Excellence
Ashley Bracken, Western Carolina University



Pioneers Scholarship for Service
Jasmine Fuller, Greensboro College

NCATA

Longevity Awards



20 Year Members

Daniel Henley, Jonathan Schner, Kelly Vanhoy, & Jamie Warwick



25 Year Members

Lynn Bundy (pictured), Keith Luxton, Randy Pridgen, & Debbie Sherman



Secondary School Athletic Trainer of the Year
Carrie Hendrick
 TC Roberson High School



Educator of the Year
Kevin Guskiewicz
 University of North Carolina, Chapel Hill
 (accepting Lizzie Hibberd)



Corporate Service Award
Carolina West Sports Medicine
 Sylva, NC



Sports Medicine Person of the Year
James Comadoll, MD
 RoMedical Care

NC Young Professional Committee Update

Ashley Long, PhD, LAT, ATC

Thank you to everyone who attended our first social event at the NCATA Annual Meeting and Symposium. It was a great success and many YP's enjoyed hearing the words of advice offered by the Executive Board of the NCATA.

The Young Professionals of District III will be holding a social in association with the MAATA Annual Meeting and Symposium. It will be held at 4:30 pm on Saturday, May 21st at The American Tap Room. If you are certified and under 35 years of age, please consider attending this event. It promises to offer networking and social opportunities.

Finally, the YPC will have several events lined up for the annual meeting in New Orleans. We continue to look for YP volunteers for the community outreach event. This event will host local children and engage them in fun, educational sessions surrounding health and fitness. Please contact Ashley Long at aslong@email.wcu.edu if you are interested.

Young Professionals Apply for the S. Kowalski, Inc. Professional Equipment Grant

The NCATA is pleased to announce that [S. Kowalski, Inc.](#), a Bronze Medal sponsor, has agreed to facilitate the awarding of a Professional Equipment Grant (PEG) to NCATA members that have been certified by the BOC for less than 5 years and are employed in a secondary school setting as a full-time employee or through an outreach agreement.

The purpose of the grant is to assist young ATs working in the secondary school setting access therapeutic equipment so that they may utilize their clinical skills to the fullest capacity in the care of injured patients. Often, secondary school clinical settings are underfunded and unable to afford the costly therapeutic modality equipment available in collegiate, professional, and outpatient clinical rehabilitation settings.

All equipment has been donated, refurbished and calibrated by SKI. On a quarterly basis, SKI will notify the NCATA of available equipment for the PEG program. The listing of available equipment will be posted to a dedicated [SKI PEG](#) page of the [NCATA website](#) (with descriptors and photos). Future newsletters will encourage members to to apply for the PEG.

As an example, SKI is currently making available a **Chattanooga VMS II Muscle Stimulation** electrotherapy unit and a **Chattanooga Intellect 170 US/Electrotherapy** Combination unit for eligible applicants and secondary schools.

To be considered eligible for this grant program, the applicant must be:

1. certified by the BOC for less than 5 years,
2. be a member in good standing of the NCATA,
3. licensed in the State of NC as an LAT, and
4. employed in a secondary school setting either directly or through an outreach contract.

Interested and eligible NCATA members should [complete the application form](#) by **June 30th, 2011**. The application will require the individual to provide their NATA Membership and NCBATE license, provide a description of their current therapeutic equipment resources (make, model, and type), and the equipment for which they are applying.

The application will be submitted and reviewed by the Secondary Schools representative on the NCATA Board of Representatives (currently David McAllister of Cary Academy (Raleigh, NC)) and the Secondary Schools Committee of the NCATA. The committee will make a recommendation and rank ordering of eligible applicants to SKI after verifying each individual's eligibility.

SKI will make the appropriate donation to the employing institution on behalf of the NCATA member and the equipment becomes the property of the secondary school.

The NCATA wishes to thank SKI for approaching the association with this opportunity and for supporting our youngest members of the profession.

NCATA Trio Honored with NATA District and National Awards

Three members of the NCATA were honored with awards at the district and national levels of the NATA. **Mark White, ATC, LAT** has been awarded the inaugural Mid-Atlantic Athletic Trainers' Association Most Distinguished Athletic Trainer Award. The MAATA Most Distinguished Athletic Trainer Award recognizes qualified MAATA members for their exceptional and unique contributions to the athletic training profession. This award reflects a lifetime of dedication to the Association and the field of athletic training at the district level. **James Scifers, DScPT, PT, ATC** was awarded the NATA Most Distinguished Athletic Trainer Award. The Most Distinguished Athletic Trainer award recognizes NATA members who have demonstrated exceptional commitment to leadership, volunteer service, advocacy and distinguished professional activities as an athletic trainer. Recipients of this award have been involved in the service and leadership activities at the national and district level. **Bill Griffin, MA, ATC, LAT** was awarded the NATA Athletic Trainer Service Award. The Athletic Trainer Service award recognizes NATA members for their contributions to the athletic training profession as a volunteer at the local, state, and district levels. ATSA recipients have been involved in professional associations, community organizations, grassroots public relations efforts and service as a volunteer athletic trainer.