

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

P.O. Box 10769
Raleigh, NC 27605
(919) 821-4980
www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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President's Update

James R. Scifers, DScPT, PT, SCS, LAT, ATC

It is hard to believe that 2009 is already winding towards its end. I am sure that many of you, like me, are wondering what happened to fall.

The end of another calendar year means the NCATA is gearing up in preparation for the 2010 Spring Clinical Symposium and Business Meeting. This year's meeting, the organization's 33rd annual conference, is back at the fantastic Embassy Suites in Concord and is scheduled for March 5-7, 2010.



The NCATA Education Committee, headed by UNC-Charlotte's Bret Wood, is working hard to bring you a group of regionally and nationally acclaimed presenters. In addition, there are a number of exciting changes in effect for this year's spring conference. For the first time, the NCATA is making an open call for presentation proposals to members of the organization and other healthcare professionals across the region. This open call for proposals will allow members to participate in and shape the direction of the spring clinical symposium like never before. This year's symposium features a number of first time offerings, including a clinical case study forum, a researcher's forum and a poster session. Everyone, from seasoned veterans to athletic training students, is invited to submit an abstract for consideration. More information regarding the Call for Proposals is available on page three of this newsletter and also on the NCATA website. As always, this year's meeting promises to be outstanding. Registration materials are posted on the NCATA website.

It is also time to begin making nominations for upcoming NCATA elections and awards presentations. This year, the NCATA Presidency, Secretarial position, District 2, 4, 6 and 8 Representative positions and all three At-Large Positions are open for nominations. Serving on the NCATA Board of Directors helps shape the future direction of the organization and the profession in the state and the region. Please consider nominating yourself or a deserving colleague for one of these important positions in the organization.

Last but not least, NCATA Awards nominations are also open. The list of honors and awards includes Athletic Trainer of the Year, Sports Medicine Person of the Year, the Corporate Service Award and the NCATA Hall of Fame. More details regarding eligibility requirements and nominating procedures for NCATA awards can be found in this edition of the *Update* and also on the NCATA website.

2008 NCATA Board*Officers***President**

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2010 promises to be another busy and exciting year for the organization. We will continue to advocate for improved access to athletic healthcare through a funded-mandate to place a licensed athletic trainer in every public high school in the state. Please take the time to get informed and involved with this and other exciting legislative initiatives. We need everyone's active involvement as we continue to advance the profession of athletic training in North Carolina.

In closing, I wish everyone a happy and safe holiday season. Please enjoy some well-deserved time with family and friends during the holidays. I look forward to seeing everyone in 2010.

Jay Scifers

Call for Nominations for NCATA Elections

The NCATA is headed into its next election cycle, therefore it is time to submit nominations for various leadership positions. The positions available this term are Representative from Districts 2, 4, 6 and 8. Nominations are also needed for President, Secretary, At-Large High School, At-Large College & University and At-Large Clinical/Industrial. Please send nominations to [Bill Griffin](mailto:Bill.Griffin) by December 1, 2009.

All nominees for office are asked to submit a short bio and photo for publication in the February issue of the newsletter. Nominee bios are to be submitted no later than January 15, 2010. Bios and photos should be sent to david_mcallister@caryacademy.org.

Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

I hope everyone has had a successful and relatively injury free fall sports season. With winter sports around the corner, hopefully things will begin to slow down and you can breathe a little easier.

This fall sports season has seen some challenges throughout the state with the emergence of the swine flu. Our area has been hit fairly hard with the swine flu and other flu-like symptoms, and we have had to postpone two football games due to flu outbreaks. It is very important as athletic trainers that we stay on top of the symptoms and isolate those athletes from others and encourage them to use proper hygiene to help prevent its spread.

As many of you may know, there were five deaths in North Carolina last year in high schools; three in football and two in basketball. Although not all of these were as a result in a head injury, the NCHSAA (North Carolina High School Athletic Association) along with the assistance of the NCHSAA Sports Medicine Advisory Committee has stepped up and made some changes in management and return to play guidelines for athletes suspected of head injuries at the high school level. Athletes now require a "Return to Play" form be signed by a licensed physician in order for the athlete to return to play or practice. This form is located and can be downloaded from the NCHSAA [website](http://www.nchsaa.org). Go to the sports medicine section under "select a topic" and the form is located in the last section of that page. If you work with any of the high school athletes, please educate your coaches, athletes and parents in recognizing the signs and symptoms of a head injury. Encourage them to seek the appropriate medical care for treatment before returning to play.

The NCATA is continuing its pursuit of the requirement of having certified/licensed athletic trainers in all high schools in North Carolina. Due to the economic situation of our state, Senate Bill 864 and HB 1006 have not moved any closer to becoming a reality. Yet, it is still very important as healthcare providers that we continue to stay in touch with our legislative people and work to make athletics much safer for our high school athletes. Please get involved in this worthwhile effort.

Don't forget to get your nominations in for the 2010 Awards Recipients given at our Annual Spring Symposium **March 5-7, 2010**. Nominations instructions and requirements are listed in this newsletter and can also be accessed on the www.ncathletictrainer.org website at the top of the home page.

I'm looking forward to seeing everyone in Concord for the NCATA Annual Spring Meeting.

If I can be of any assistance, please feel free to contact me via phone or my new email address below.

Thanks for all your dedication and hard work for the athletes and individuals we as athletic trainers care for each and every day.

Sincerely,

Scott Barringer, M.Ed., LAT, ATC, CAA
704-262-6185 office
980-521-0197 office cell
704-791-6334 cell
scott.barringer@cabarrus.k12.nc.us

Call for Proposals

Call for Proposals for the 2010 NCATA Spring Symposium in Concord, NC are now being accepted.

Anyone wishing to present at the 2010 NCATA Spring Symposium should complete a Call for Proposal Form. Forms can be found at www.ncathletictrainer.org.

To submit a form or for additional information about the Call for Content, please contact Bret Wood at bawood@uncc.edu

Deadline for proposal submissions is December 1, 2009.

NATA College and University Athletic Training Committee

Bob Casmus, MS, ATC, District 3 Representative

October Conference Call Meeting Report:

1. David Weir, ATC provided an update on the Pre-Season Conditioning in Football Task Force between the AFCA and NATA. Related to this effort, the NCAA is creating a short video on sickle cell trait in athletics. David Weir is working with David Klossner of the NCAA on the project. David Weir has been 15-20 minutes to share the completed video at the AFCA convention in January. The presentation will be embedded in one of the early events (with a high profile speaker), so attendance should be good. Weir will provide background and an introduction, then show the video. If time permits, related pre-season conditioning topics will be addressed. Randy Cohen, ATC demonstrated the new AMCIA online resource for the group.
2. As the demands on ATs are greater than ever. The CUATC/YPC (Young Professional's Committee)survey is aimed at gauging the job quality of athletic trainers employed in a college or university setting. Kim Detwiler, ATC , YPC chair, will use the survey data for a research paper. The CUATC will use it in a presentation to the NCAA to make them aware of the increasing demands places on the collegiate AT.
3. CUATC-Chair, CharlieThompson, ATC is working with CATS to help bridge the gap between the CUATC and CATS. There is confidence that both groups can work together toward shared goals.
4. NCAA Injury Surveillance Update: Eighty schools are currently inputting data into injury surveillance system. The third version of the software is working well. Additional vendors are slated to become certified in the next 6 months.
5. There is a working group trying to develop a CUATC revenue model that assigns value to services beyond billable hours. It will provide a global view of responsibilities to allow for division-specific information. Seven project team members have been assigned to take on this task.

Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2009 corporate sponsors.

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Michael J. Guerrero, M.Ed., LAT, ATC
Garner Magnet High School
2101 Spring Drive
Garner, NC 27529



33rd North Carolina Athletic Trainers' Association Clinical Symposium and Business Meeting

March 5– 7, 2010

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Hotel Reservations Must Be Complete By
February 4, 2010**

Early Registration Must Be Post Marked By February 13, 2010

**Mark Your
Calendars
Now !**



Please visit www.ncathletictrainer.org to
download your registration material.

For a printed registration call Michael Guerrero at 919-868-7422 or 919-662-2407.

Get Your Message Out Advertise with NCATA

Key Facts:

- ✓ Over 1000 ATCs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

Contact:

Update Editor and NCATA member:
David McAllister, LAT, ATC
david_mcallister@caryacademy.org

Update is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the *Update* Editor and NCATA member David McAllister at:

david_mcallister@caryacademy.org

Attention NCATA Membership!

Call for nominations for 2010 Award Recipients

(NOMINATIONS DUE DECEMBER 15, 2009)*note earlier deadline*

The following awards will be presented at the Annual Spring Symposium and Business Meeting in March 2010 and we are looking for qualified individuals to be nominated.

Please send nominations to Janna Fonseca

jfonseca@cfpsm.com * 3700 NW Cary Parkway, Suite 110 * Cary, NC 27513 * Phone: 919-238-2009

Athletic Trainer of the Year

High School/Secondary * College/University * Clinical/Industrial*Educator of the Year

Criteria for nominating an individual for the above awards:

- Must be a member of the NCATA.
- Must be NCBATE licensed.
- Can be nominated by any member of the NCATA.
- No self-nomination.
- Recipients of these awards in the last four years are not eligible. Please see website for recent recipients, www.ncathletictrainer.org/ncatapublicity/awards.html.
- The President of the NCATA is not eligible for nomination.
- Each sponsor member shall submit or solicit a letter of recommendation for the nominee, along with a resume of vitae for the nominee. The sponsor members may also choose to submit additional letters of support.
- Nominations and supporting resumes and letters will be sent to Janna Fonseca.
- The recipient will be chosen by the Awards Committee.

Sports Medicine Person of the Year

Criteria for nominating an individual for the Sports Medicine Person of the Year award:

- Open to any person dedicated to the health care profession who has made major contributions to the promotion of the Science of Athletic Training.
- Not limited to NCATA membership.
- Not limited to BOC certification.
- May be nominated by any voting member of the NCATA.
- No self-nomination.
- Nominations must be in the form of a written letter stating the reason for the nomination shall be sent to Janna Fonseca.
- Recipient will be chosen by the Awards Committee.
- Cannot be the same person as the NC Athletic Trainer of the Year.

Corporate Service Award

- This award is open to businesses, medical practices, and organizations that have supported healthcare services above and beyond the expected, in support of athletic trainers.
- Business must be service-oriented, not product-oriented.
- Nominations must be in the form of a written letter and submitted to Janna Fonseca.
- Selection will be made by the Awards Committee.

Hall of Fame Award

NOMINATIONS TO JAY SCIFERS

jscifers@email.wcu.edu * Western Carolina University * 106 Moore Hall * Cullowhee, NC 28723 * 828-227-3511

- Nominee must be a current or retired BOC Certified member of the NCATA.
- Nominee must hold a current NCBATE license (unless retired).
- Nominee must have been certified for a minimum of 20 years and a member of the NCATA for a minimum of 15 years (years do not have to be consecutive).
- The sponsoring member should complete the nomination form. To sponsor a nominee for the HOF, you must be a voting member of the NCATA. To obtain a nomination form, contact Jay Scifers, President of the NCATA at jscifers@email.wcu.edu.
- The nomination form should be returned in one mailing to the NCATA President and the Committee reserves the right to identify and nominate worthy candidates who may not meet the above criteria.
- The NCATA BOD will vote on the acceptance to the HOF.
- Criteria to gain entrance is a 75% vote.
- This award is limited to two inductees per year.

Survey

South Carolina Athletic Trainers' Association (SCATA) Survey of North Carolina Secondary School Athletic Trainers – Please help them out!

Dear NC High School ATC:

We are currently working to obtain additional funding for full time assistant athletic trainers within our school district. As part of this effort, we are attempting to identify other schools in North & South Carolina that currently employ more than one athletic trainer, have contract agreements with outside providers for an assistant athletic trainer, or have college practicum students assisting them in their school. If you fall within any of these categories, would you please answer the questions below and email your responses to me at jberry@horrycountyschools.net.

1. **Name of High School?**
2. **NCHSL Classification?**
3. **How many athletic trainers working at your school? (Including ATCs, College Practicum)**
4. **Approximately how many teams do you serve?**
5. **Approximately how many athletes do you serve?**

Thank you!

Dr. Jim Berry, ATC, SCAT, NREMT
Head Athletic Trainer, Myrtle Beach High School

NATA Foundation Update

Bob Casmus, MS, ATC, District 3 Board Member to the NATA Foundation

1. The NATA Foundation 2010 Scholarship Applications are now available, [click here](#). For each of the three categories: Entry Level, Masters and Doctoral. Application packets must be fully submitted online by midnight, February 5, 2010. Approximately seventy \$2,300 scholarships will be offered. The basic criteria includes NATA membership (since February 5, 2009 for masters and doctoral and application for membership not later than November 1, 2009 for entry level students), 3.2 GPA on all course work and intent to make athletic training their primary means of livelihood. Specific eligibility requirements vary with each scholarship and are provided with the application instructions.

2. The NATA Research and Education Foundation's Free Communications Program is now open. All submissions are due by midnight, Dec. 1, 2009. For more information, visit www.natafoundation.org/forms/08CFATFreeCommNew.htm.

3. Here are some important KEY DATES to be aware of:

- Oct. 1, 2009 Masters's Research Grant applications due
- Dec. 1, 2009 NATA Fellows application deadline
- Dec. 1, 2009 Abstracts due for 2010 Free Communications
- Feb. 5, 2010 Scholarship Application Sections I through V online submission deadline
- Feb. 15, 2010 General Research Grant applications due. Pre-Proposal Submission Form required
- Mar. 1, 2010 Doctoral Research Grant applications due
- Apr. 1, 2010 Spring Master's Research Grant applications due

4. As the year 2009 comes to an end - please consider supporting the NATA Foundation. As you know the money received by the NATA Foundation is passed back to you the membership in grants, scholarships and educational programs. When you support the NATA Foundation - you support the future of athletic training. On the following page is a pledge form that will help maintain athletic trainers as the NUMBER ONE health care provider for injuries to athletes and the physically active.

For further information on scholarships, grants, abstract and NATA Fellows forms and applications contact:

NATA Research & Education Foundation
2952 Stemmons Dallas, TX 75247
214.637.6282 www.natafoundation.org

NATA Research & Education Foundation

Yes! I will rise to the challenge! It time to take control of our future.

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