

NCATA Update

A Publication of the North Carolina Athletic Trainers' Association

President's Update

It is hard to believe the end of 2011 is in sight. This year has been a very busy and productive year for the NCATA. The organization has been successful in promoting the profession of athletic training, protecting athletic trainers' right to practice to the fullest extent of their education and improving the safety and welfare of student-athletes across the state. We have a great deal to be proud of as members of the NCATA and as health care professionals. The last few months of 2011 promise to be a busy time for our membership with the fall / winter sports transition, the end of the semester rush and the upcoming holiday season. Please take some time to reflect on your personal and professional accomplishments from 2011 as you enjoy some well-deserved "down-time" with family and friends.



James R. Scifers
DScPT, PT, SCS, LAT, ATC

As we look forward to 2012, there are many exciting events and opportunities to become engaged with your professional organization. Plans are well under way for the *2012 Spring Clinical Symposium and Business Meeting*. This year's meeting will be held in Wrightsville Beach at the fabulous Holiday Inn Sunspree Resort from March 16-18. The meeting has been moved back two weeks to (hopefully) allow our members to more thoroughly enjoy all the activities the Sunspree Resort has to offer. Now we just have to hope that "Mother Nature" cooperates and gives us a sunny, warm weekend in mid March.

The NCATA Education Committee is reviewing members' abstract submissions and recruiting additional speakers for this year's meeting. We are particularly excited about Friday evening's plenary discussion regarding implementation of the new Gfeller-Waller Concussion Awareness Act. This presentation promises to be an outstanding educational session led by a number of regional and national experts on the subject of sport-related TBI. In addition to Friday night's speakers, many other outstanding sessions are being organized for the weekend. Look for more details about the conference schedule on the NCATA website later this month. This year's meeting agenda and location promise high quality education and plenty of value for attendees. Registration materials are posted on the NCATA website.

It is also time to make nominations for upcoming NCATA elections and awards presentations. This year, the NCATA will elect a new President and Secretary. It is hard to believe that my four years as your President are ending in July. We have accomplished a great deal



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NCATA

The North Carolina Athletic
Trainers' Association

November 2011

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

P.O. Box 10769
Raleigh, NC 27605
(919) 821-4980

www.ncbate.org

Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "[Members Only](#)" section to update. Please be assured your information is secure. It will only be used for NATA membership communication.

INSIDE Update

- Vice President's Message
- Congratulations Kevin Guskiewicz
- Call for Nominations for NCATA Elections
- NCATA Hall of Fame
- NCATA Scholarship Nominations
- Call for Nominations 2012 Award Recipients

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Continued from page 1.

in the last four years but we will need strong leadership to continue to grow and develop as an organization and a profession. Serving on the NCATA Board of Directors helps shape the future direction of the organization and the profession in the state and the region. Please consider nominating yourself or a deserving colleague for one of these important positions in the organization. Nominations for these positions can be forwarded via electronic mail to Bill Griffin.

Also, NCATA Awards nominations are open. The list of honors and awards includes Athletic Trainer of the Year, Sports Medicine Person of the Year, the Corporate Service Award, the new Distinguished Athletic Trainer Award and the NCATA Hall of Fame. More details regarding eligibility requirements and nominating procedures for NCATA awards can be found on page 5 of this edition of the Update and also on the NCATA website. All nominations for elections and awards must be submitted by **December 1, 2011**.

Finally, the end of the year means it is time to renew your License with the NCBATE and renew your membership with the NATA. Please take the time to complete both of these important professional responsibilities. Without your active involvement in the NCATA and the NATA, we cannot continue to advance the profession of athletic training in North Carolina or across the country.

In closing, I want to wish everyone a happy and safe holiday season. I look forward to seeing many of you in Wrightsville Beach in 2012.

Jay Scifers

Vice-President's Message

Scott Barringer, M.Ed., LAT, ATC, CAA

With the fall sports season winding down, hopefully some of you had teams that reached the playoffs. The winter season brings new challenges as many may be looking forward to being indoors for a change. With Thanksgiving just ahead and Christmas around the corner, hopefully you will see the light at the end of the tunnel to spend some quality time with family and friends.

With the Gfeller-Waller Concussion Awareness Act in full swing, hopefully you experienced minimal problems in the implementation within your schools. Please continue to educate your administrators, coaches, school nurses, volunteers, parents and athletes on the importance of compliance of this law. Yet it is still imperative that as an organization, we continue to talk with our legislators and let them constantly know we are the certified/licensed athletic trainers in North Carolina providing medical coverage for the athletes.

Mark your calendars now to attend your 2012 Annual NCATA Spring Business Meeting to be held at the Holiday Inn Sunspree Resort in Wrightsville Beach, NC during the weekend of March 15-17, 2012. We are looking forward to a very educational program and also some time in the sun and sand.

Check out the NCATA website calendar for upcoming CEU opportunities near your area. It is also time to submit nominations for various offices in the NCATA and awards. Please take time and nominate deserving members of your profession.

If I can be of any assistance, please feel free to contact me via phone or email. Thanks for all your dedication and hard work for the athletes and individuals you as athletic trainers care for each and every day.

Sincerely,

Scott Barringer, M.Ed., LAT, ATC, CAA

Vice President NCATA

704-262-6185 office / 980-521-0197 office cell / 704-791-6334 personal cell

scott.barringer@cabarrus.k12.nc.us scbaringer@hotmail.com

Congratulations Kevin Guskiewicz!

North Carolina Athletic Trainer and University of North Carolina Professor, Dr. Kevin Guskiewicz was named as one of twenty-two [MacArthur Fellows](#) for 2011. The prestigious MacArthur Foundation annually identifies talented individuals in all areas of professional practice who have shown extraordinary originality and dedication in their creative pursuits. The award, nicknamed the Genius Award, includes a \$500,000 unrestricted grant to assist in the continuation of research and service. Kevin's acknowledgement as a MacArthur Fellow is outstanding praise for his work and wonderful publicity for the profession of athletic training. Congratulations Kevin, we are proud to have you as a colleague!

Call for Nominations for NCATA Elections

The NCATA is headed into its next election cycle, therefore it is time to submit nominations for various leadership positions. The positions available this term are for President and Secretary. Please send nominations to Bill Griffin by **December 1, 2011**.

All nominees for office are asked to submit a short bio and photo for publication in the

February issue of the newsletter. Nominee bios are to be submitted no later than **January 15, 2012**. Bios and photos should be sent to david_mcallister@caryacademy.org.

NATA Honors and Awards Committee

Hall of Fame Subcommittee

Bob Casmus, MS, LAT ATC

Reminder to all of our members to submit nominations for the NATA Awards that are noted on the www.nata.org website under Honors and Awards. There are numerous individuals in the Tar Heel State that are worthy of the various NATA awards offered. Please note there is a deadline posted for the awards and the completion of the applicant materials. In the same note and breath – I would also like our members to submit nominations for the District 3 MAATA Awards. This information is available at www.maata.shuttlepod.org. Like the NATA Awards, the District 3 MAATA Awards also have deadlines for the submission of these nomination and applicant materials. Again, there are some great candidates out there in this state that are also worthy of District 3 recognition. I encourage everyone to nominate those outstanding individuals for national and district recognition.

Get Your Message Out - Advertise with NCATA

Key Facts:

Over 1000 ATCs and Students Receive Each Issue

Four Issues Annually

Posted on the NCATA Web Site

Update is a publication of the North Carolina Athletic Trainers' Association. If you have questions regarding this publication, please contact the Update Editor and NCATA member David McAllister at:
david_mcallister@caryacademy.org

Production and design by: [Sharri H. Jackson](#)

NC Board of Athletic Trainer Examiners

Bob Casmus, M.S., LAT, ATC
Vice-chair for the NCBATE

Licensure renewals will need to be completed by January 31st, 2012. The renewal fee will be \$75.00. If you renew after this date, the fee is \$100. Reminders will be e-mailed to all licensed Athletic Trainers (no renewals will be mailed) beginning in December of this year. If you have changed your email address and/or contact information – please go to www.ncbate.org and contact Paola Learoyd, Executive Director. The NCBATE will be having a board conference call in December 2011.

35th North Carolina Athletic Trainers' Association Clinical Symposium and Business Meeting Mark Your Calendars Now !	
March 15 – 17, 2012	Hotel Reservations 1-877-330-5050 or www.wrightsville.holidayinnresorts.com Promotional Code: NAT Standard Rate \$99 Oceanfront \$119 plus tax To Secure Group Rate Hotel Reservations Must Be Complete By February 14, 2012
Holiday Inn Resort 1706 North Lumina Avenue Wrightsville Beach, NC 28480	
	
Please visit www.ncathletictrainer.org to download your registration material.	
For a printed registration call Michael Guerrero at 919-868-7422 or 919-662-2407. Early Registration Must Be Post Marked By February 27, 2012	

NCATA Hall of Fame Nominations

The NCATA is seeking nominations for induction into the NCATA Hall of Fame. Nominations to the Hall of Fame may be made by any voting member of the NCATA. To be eligible for induction into the Hall of Fame, the individual must meet the following:

- Be a current or retired BOC certified athletic trainer or an NCBATE licensed athletic trainer.
- Must have been a practicing athletic trainer in North Carolina for a minimum of twenty (20) years. These do NOT need to be consecutive.
- Must have been a voting member of the NCATA for a minimum of fifteen (15) years. These also do NOT need to be consecutive
- Must successfully complete the Hall of Fame Application.

Nominations for the NCATA Hall of Fame must be submitted by **December 1, 2011**.

NCATA Scholarship Nominations

The NCATA is seeking nominations for its Academic Scholarships. Applications are available on-line and can be downloaded from the NCATA [website](#).

Nominations for the scholarships must be postmarked by **February 1, 2012**.

Eligibility:

1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
2. Be currently enrolled in a CAATE accredited athletic training education program (ATEP) in North Carolina
3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
4. Three letters of recommendation from the following sources:
 - ATEP Director
 - LAT, ATC clinical supervisor (must be different from program director)
 - one additional letter from: AD, MD, coach, instructor or Athletic Trainer
5. An official sealed transcript
6. An unofficial transcript with ATEP classes highlighted
7. An essay that must be typed (10 point minimum) addressing future plans and goals for achievement

Selection:

A selection committee comprised by no less than five non-college/university members will be assembled. The members will evaluate each candidate's application and rank their choices. Consideration should be given to students actively engaged in athletic training, attendance at athletic training camps/clinics/conferences, community service, scholarship and good moral character. The applicants with the highest rankings will be selected as award winners.

Award winners will be recognized at the annual business meeting in March. A check for the award will be presented to the award winner.

Attention NCATA Membership!

Call for Nominations for 2012 Award Recipients

NOMINATIONS **DUE DECEMBER 1, 2011** *please note earlier deadline*

The following awards will be presented at the Annual Spring Symposium and Business Meeting in March 2012 and we are looking for qualified individuals to be nominated.

Please send nominations to **Janna Fonseca**
jfonseca@cfpsm.com • 3700 NW Cary Pkwy, Ste.
 110, Cary, NC 27513 • 919.238.2009

- Nominations must be in the form of a written letter and submitted to Janna Fonseca.
- Selection will be made by the Awards Committee.

Athletic Trainer of the Year

High School/Secondary * College/University *
 Clinic/Secondary School Outreach/Physician Extender
 Criteria for nominating an individual for the above awards:

- Must be a member of the NCATA for minimum of five years.
- Must be NCBATE licensed.
- Can be nominated by any member of the NCATA. No self-nomination.
- Recipients of these awards in the last four years are not eligible. Please see website for [recent recipients](#).
- The President of the NCATA is not eligible for nomination.
- Each sponsor member shall submit or solicit a letter of recommendation for the nominee, along with a resume of vitae for the nominee. The sponsor members may also choose to submit additional letters of support.
- Nominations and supporting resumes and letters will be sent to Janna Fonseca.
- The recipient will be chosen by the Awards Committee.

Sports Medicine Person of the Year

Criteria for nominating an individual for the Sports Medicine Person of the Year award:

- Open to any person dedicated to the health care profession who has made major contributions to the promotion of the Science of Athletic Training.
- Not limited to NCATA membership.
- Not limited to BOC certification.
- May be nominated by any voting member of the NCATA.
- No self-nomination.
- Nominations must be in the form of a written letter stating the reason for the nomination shall be sent to Janna Fonseca.
- Recipient will be chosen by the Awards Committee.
- Cannot be the same person as the NC Athletic Trainer of the Year.

Corporate Service Award

- This award is open to businesses, medical practices, and organizations that have supported healthcare services above and beyond the expected, in support of athletic trainers.
- Business must be service-oriented, not product-oriented.

Distinguished Athletic Trainer Award

- The recipient of this award is to be determined by the BOD and may or may not be given annually. Individuals selected for recognition will have been NCATA members for a minimum of five years and will have served the organization in an outstanding capacity over the last calendar year. If an individual receives the Distinguished AT award, he/she is not eligible for induction into the NCATA HOF for five years. Please contact a BOD member to recommend someone for this award.

Lifesaver Recognition

- Any athletic trainer who has participated in a lifesaving event in the calendar year 2011 will be recognized at the Spring Symposium. Please send any events/details to Janna Fonseca.

NCATA Hall of Fame

Please contact Jay Scifers for nomination information
jscifers@email.wcu.edu • Western Carolina University
 106 Moore Hall • Cullowhee, NC 28723
 828.227.3511

- Nominee must be a current or retired BOC Certified member of the NCATA.
- Nominee must hold a current NCBATE license (unless retired).
- Nominee must have been certified for a minimum of 20 years and a member of the NCATA for a minimum of 15 years (years do not have to be consecutive).
- The sponsoring member should complete the nomination form. To sponsor a nominee for the HOF, you must be a voting member of the NCATA. To obtain a nomination form, contact Jay Scifers, President of the NCATA at jscifers@email.wcu.edu
- The nomination form should be returned in one mailing to the NCATA President and the Committee reserves the right to identify and nominate worthy candidates who may not meet the above criteria.
- The NCATA BOD will vote on the acceptance to the HOF.
- Criteria to gain entrance is a 75% vote.
- This award is limited to two inductees per year.

Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2011 corporate sponsors.

2011 Corporate Sponsors

Platinum



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Sports Medicine



Carolinus Medical Center

Uncompromising Excellence. Commitment to Care.

Recertification Announcements: What's New In 2012 And 2014

The Board of Certification, Inc. (BOC) has revised the 2012 recertification requirements for BOC Certified Athletic Trainers (ATs). Recertification requirements outline the commitment for ATs to maintain their BOC certification. These requirements include completing continuing education (CE), meeting emergency cardiac care (ECC) requirements, submitting the BOC recertification fee and adhering to the BOC Standards of Professional Practice.

The following revisions will strengthen the entire certification program:

- **Certification Statuses** – The nine current statuses will be replaced by four simple statuses: Certified, Expired, Suspended and Revoked. Due to the elimination of the Inactive status, the BOC will no longer accept inactive status applications. These changes will be reflected in the new Professional Practice and Disciplinary Guidelines and Procedures, which will be updated on the BOC website in early 2012. View details at www.bocatc.org.
- **Recertification Deadline** – The BOC is eliminating staggered CE reporting and returning to one common expiration date for AT recertification. Please note that ATs with a 2011 expiration date are still required to complete and report required CE by the end of 2011. ATs with an expiration date of 2012, 2013 or 2014 will soon have a new expiration date of 12/31/2013.
- **CE Reporting** – The current CE categories A, B, C and D and calculation of CEUs will not be changing. However, ATs will see a new form simplifying CE reporting.
- **Recertification Fee** – This change was announced in April 2011. National Athletic Trainers' Association (NATA) members will receive a discount if they pay the BOC recertification fee with their NATA membership dues at the time of NATA renewal. The discounted 2012 BOC recertification fee is \$34, and the non-discounted 2012 BOC recertification fee is \$50.
- **In preparation for 2014 recertification requirements**, the BOC is announcing plans to move from a 3-year reporting period to a 2-year reporting period. Currently, ATs are required to report 75 continuing education units (CEUs) every 3 years. Beginning 1/1/2014, ATs will be required to report 50 CEUs every 2 years. Review the chart online called "Looking Ahead to 2014" for further details.

District III Research and Education Foundation Report

Scott Johnson, MEd, ATC, VAT-L

There has been much going on in the foundation over the past few months. The Board members have been reviewing how the foundation has worked in the past, restructuring from within, and coming up with ways to better serve the entire membership of the NATA. Some of the changes should be noticeable within the next year. Please let me know if there is anything I can do for you as your District III director to the NATA Foundation.



NATA Foundation Scholarship Applications will open on November 1. Please encourage students to apply for these scholarships. District III has done very well in the past, and I would like to see them do even better in the future.

The 20/20 campaign that celebrates 20 years of the foundation will continue through June 2012. This has been a successful campaign for the past 4 months and we want to keep it going for an entire year. To donate to the 20/20 campaign, please visit the foundation website.

The District III Masters Research Grant Endowment is still in the process of collecting its pledges from the various schools which have contributed or pledged to contribute. I or Bob Casmus will be contacting those schools over the next year to try to get the pledges completed. Please contact me or Bob to find out where your school stands in regards to this pledge.

As your membership dues come up for renewal, don't forget a donation to the foundation. Our goal is to get every member of District III to donate. It is not the amount that is important, and it is an easy way to give back to the profession.

As always, if there is anything I can do for you as your representative to the Foundation, please let me know. You can contact me by e-mail at sjohnso@odu.edu, or by phone at (757) 683-3383.

NCATA Member Killed in Afghanistan

On October 23, 2011, the Department of Defense announced the death of 1st Lt. Ashley Irene White, who was assigned to the 230th Brigade Support Battalion, 30th Heavy Brigade Combat Team, North Carolina National Guard, Goldsboro, N.C., which was attached to a joint special operations task force. She was killed during combat operations in the Kandahar province from wounds suffered when enemy forces attacked with an explosive device.



According to the U.S. Army Special Operations Command Public Affairs Department, White was commissioned in the U.S. Army as a Medical Service Corps officer after receiving a commission in 2009 from Kent State University, where she graduated with a bachelor of science degree in athletic training. White, who was on her first deployment to Afghanistan, completed the medical services officer basic course at Fort Sam Houston, Texas, and the U.S. Army basic airborne course at Fort Benning, Ga.

“Her awards and decorations include the Parachute Badge, the Ohio Faithful Service Ribbon, the Armed Forces Reserve Medal, the Army Reserve Achievement Medal and the National Defense Service Medal,” a news release said.

White will be posthumously awarded the Bronze Star, the Purple Heart, the Meritorious Service Medal, the Afghanistan Campaign Medal and the Combat Action Badge.

In a biographical sketch released by the Army, White is described as someone “who selflessly served and her actions exemplify the highest commitment to duty, honor and country.”

“In every instance, she served with distinction in support of the task force and our great nation,” the release said.

Ashley is survived by her husband, Capt. Jason Stumpf of Raeford, N.C.; her parents, Robert and Deborah White; twin sister, Brittany; and brother, Josh; all of Alliance.

S. Kowalski, Inc. Awards Third Professional Equipment Grant to High School AT

Stan Kowalski of [S. Kowalski, Inc.](#), a Bronze Medal sponsor, awarded a third **Professional Equipment Grant (PEG)** in 2011 to an NCATA member that has been certified by the BOC for less than 5 years and is employed in a secondary school setting as a full-time employee or through an outreach agreement.



Mary Sult, licensed athletic trainer at [Orthopedic Specialist of North Carolina](#) and Northern Vance High School in Henderson, (pictured left) recently received a **Chattanooga E-1 Hydrocollator**.

All equipment has been donated, refurbished and calibrated by SKI. Currently the equipment available to eligible members are:

Mettler ME-730 ultrasound

5cm, 1-MHz applicator included
This device will accept additional applicators of varying sizes and frequencies

New power cord
New ultrasound cable



Chattanooga E-1 Hydrocollator

4-pack, counter-top unit
New heating element & thermostat
Hot pack rack



***THIS DONATION DOES NOT INCLUDE HOT PACKS**

The purpose of the equipment grants are to assist young ATs working in the secondary school setting access therapeutic equipment so that they may utilize their clinical skills to the fullest capacity in the care of injured patients.

All equipment is donated, refurbished and calibrated by SKI. The listing of available equipment is posted to a dedicated SKI PEG page of the [NCATA website](#).

To be considered eligible for this grant program, the applicant must be:

1. certified by the BOC for less than 5 years,
2. be a member in good standing of the NCATA,
3. licensed in the State of NC as an LAT, and
4. employed in a secondary school setting either directly or through an outreach contract.

Interested and eligible NCATA members should complete the [application form](#) online. The application will require the individual to provide their NATA Membership and NCBATE license numbers, provide a description of their current therapeutic equipment resources (make, model, and type), and the equipment for which they are applying.

SKI will make the appropriate donation to the employing institution on behalf of the NCATA member and the equipment becomes the property of the secondary school.

The NCATA wishes to thank Stan for supporting our youngest members of the profession.

Don't Hesitate...Nominate Now! District III Honors and Awards

Information, Nomination, and Application Forms for the following awards are retrieved here:

1. [MAATA Hall of Fame](#)
2. [MAATA Most Distinguished Athletic Trainer Nomination Form](#)
3. [MAATA Athletic Trainer Service Award Nomination Form](#)

The deadline to receive materials for all of the above awards is 12/1/11.



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Gfeller-Waller Concussion Awareness Act Update

Janna Fonseca and Bill Griffin

On Tuesday, November 1, stakeholders in the Gfeller-Waller Concussion Awareness Act met in Chapel Hill to discuss implementation and effects of the law in its first three months of existence.

Representatives from the NCATA, NC Medical Society (PCSM, emergency medicine, and neurology), Brain Injury Association of NC, DPI, NCHSAA, NC Neuropsychological Society, NC Physical Therapy Association and secondary school athletic trainers from across the state were also present.

Kevin Guskiewicz served as the meeting facilitator and led a very candid and productive session, which included a review of the challenges of the first three months of implementation, how we can continue to improve the compliance with the law over time as well as how the Act can be expanded upon in the future.

One of the biggest challenges of implementing the Act was the short time from when the bill was signed into law (June 16) and the date in which schools were expected to comply (August 1). Those present also discussed how best to convey the law to middle schools and high schools without licensed athletic trainers, and discussed how better to define "training in concussion management." Many athletic trainers not at the meeting submitted comments about the law's challenges and many of these comments will be acted upon in the next revision of the educational materials, acknowledgement forms and policies and procedures.

One additional resource now available is the CDC's Head's up for Clinicians course. All health professionals who are involved in the management of sports-related concussions are strongly encouraged to complete this online training.

Visit the CDC's website to take the newly posted Head's Up for Clinicians course found on the following webpage: www.cdc.gov/Concussion.

Secondary School Colleagues

Earlier this week it was my pleasure to represent secondary schools along with Mark White and Grady Hardeman at the Gfeller-Waller Law Implementation Meeting. Convened by Kevin Gusiewicz, the focus was in part to review and make necessary adjustments that should enhance understanding of and compliance with the law. First, expect to see changes in the [website](#) to make navigation easier. Second, anticipate consolidation of the student athlete concussion statement and parent/legal custodian statement to a single page. A separate form for coaches/nurses/volunteers can be expected to further simplify necessary paper work. Finally, let me say "thank you" to all secondary school athletic trainers as together we continue to champion issues, not unlike those mentioned above, that allow for safer participation of our student-athletes.

Ken "Doc" Brown

Happy Thanksgiving

