

May 2006

A PUBLICATION OF THE NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

NC Board of Athletic Training Examiners

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Change of Address or Email?

To those members who have moved, we need your help! Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information is secure. It will only be used for NATA membership communication.

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President's *Update*

North Carolina Athletic Trainers-

For the past several months, I have wrestled with a variety of situations and directions in which this association should head. There have been decisions made and actions taken. The NCATA Board of Representatives is exactly that, a representative board for the membership. We discuss items that the members of this association bring to their representatives. We act on those issues, which may or may not be favorable. Last month we asked you to respond to a survey; about 350 of you did that and gave us some very good feedback. The board has looked at those comments and are going to address what we feel are things that can impact and help Athletic Training in North Carolina.



Mark White, LAT, ATC
President, NCATA

The Annual Meeting in Charlotte was attended by 202 individuals. We know that the current dates of the meeting are difficult for some to attend. We are taking a hard look at the meeting itself and the time of year. At the present time all options for restructuring and revamping the meeting will be on the table. The board will discuss all options at our July meeting.

The luncheon to acknowledge the "Pioneers of Athletic Training" was very much appreciated by those honorees. They were excited and felt that what they worked for years ago was forgotten. The creation of the plaque and the names on it will live on forever. The NCATA appreciates the initial foundation that those individuals laid for us. It was truly a special day for them. You can view the group picture on our website. We had several years of Athletic Training experience in the room that day!!

Congratulations go out to all award winners as well as scholarship recipients. The MAATA meeting is in a few weeks and you need to make plans to attend the event in Virginia Beach. The NCATA Symposium for High School Students will be held in Greensboro on July 17-20. Information can be obtained from the website. All Secondary School Athletic Trainers' are encouraged to send their students to this symposium.

Take Care
Mark

Message from the Vice-President

Dear Colleagues-

I was personally very pleased to see how well the NCATA Meeting and awards luncheon went this past spring. It was an honor and privilege to meet and be around so many people who had such an impact on the profession of athletic training in North Carolina. I hope that we find a way to capture their stories and help preserve our past for future generations of athletic trainers.

I would like to announce and congratulate our three college scholarship winners this year. We had the largest number of applicants in our brief history. It was very competitive and all applicants were worthy of recognition for their accomplishments. This year's winners were **Ryan Holleman** of Western Carolina University; **Amanda Cope** of Western Carolina University; and **Masahiro Takahagi** of Methodist College. The awards will be presented at the MAATA meeting in Virginia Beach, VA.

We as an association have come to another crossroad in our profession. We have implemented several new methods of gaining insight from our membership as to the issues we each feel are important. These expressed issues, varied at times, but often reflected a few central issues and themes. The issues raised by the membership, have been heard by the leadership and steps are being taken to address them. However, identifying the issues is only the first step. We need your continued support and feedback and most importantly your participation in addressing these issues. When the membership becomes more involved, we grow and become stronger as an association. We need all members involved in the game and not sitting in the stands shouting critiques. Now is the time to roll up our sleeves and get in the game and be proactive about our future. Express yourself to YOUR elected board member.

Thank you for being involved.

Jim Bazluki, MAEd, LAT, ATC
Vice-President, NCATA

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Save the Date

Mt. Pleasant High School will be holding a golf tournament to benefit the Mount Pleasant High School Sports Medicine Program. It will be held on June 10th, 2006, at Crescent Golf Club in Salisbury, NC.

For More information:
Contact Steve Ashby at
tapeitatc@carolina.rr.com or
www.cabarrus.k12.nc.us/mphs

NCATA Annual Meeting and Award Winners

The North Carolina Athletic Trainers' Association held its annual meeting in Charlotte the weekend of March 10-12, 2006, in conjunction with National Athletic Training Month. The highlight of the weekend was the announcement of the annual awards presented by the association as well as the presentation of the newly established Pioneers in Athletic Training Award

The Pioneers in Athletic Training were those people who contributed significantly to the athletic training profession and helped spearhead the growth of athletic training in North Carolina in the 70's and 80's.

The **Athletic Trainer of the Year Award** was presented in three categories. The winner of the Secondary School Athletic Trainer of the Year was **Mike Guerrero** of Garner High School. **Katie Walsh** of East Carolina University was named College/University Athletic Trainer of the Year. In the final category **Aaron West** of Carolina Family Practice and Sports Medicine in Cary was named Clinical/Industrial Athletic Trainer of the Year.

Mac Morris from Greensboro was named **Sports Medicine Person of the Year**. Mr. Morris is the Executive Director of the North Carolina Coaches Association and has been a strong supporter of athletic trainers in North Carolina. Morris and the Coaches Association annually support the NCATA Sports Medicine Symposium for Students, which is a clinic which provides a quality up-to-date educational program for secondary school students.

The **Corporate Service Award** was presented to **Carolina Family Practice and Sports Medicine** in Cary.

The **Pioneers in Athletic Training** include Herb Appenzeller, Warren Ariail, Ronnie Barnes (NY Giants), Ed Bartlett, Frank Bassett, Carl Blythe, Walter Bo, James F. Bowman, Basil Boyd, Tim Brayboy, Herman Bunch, Jim Burch, Phil Callicutt, Fred Cantler, Bill Church, Frank Clippinger, Rod Compton, Jack Cramer, Tom Couch, Max Crowder, Walt Curl, Otho Davis, Dave Diamont, Mary Edgerly, Bob Edwards, Bob Etheridge, Bert Fields, Frank Freeman, Paul Grace, Larry Graham, Chester Grant, Sally Gulley, David Harris, Dan Hooker, Fred Hoover, Hornsby Howell, Senator David Hoyle, Jim Hundley, Former Governor James B. Hunt, Monte Hunter, Skip Hunter, Tracy James, Bob Jamieson, Tyson Jennette, David Johnston, Ron Kanoy, John Lacey, Robbie Lester, Roland Logan, Thomas Lutz, Terry Malone, David Martin, Lewis "Doc" Martin, Charles McCreight, Merle McIntosh, Representative Ed McMahan, Michael McWhorter, Terry Middleswarth, Fred Mueller, Glenn Perry, Craig Phillips, Rod Poindexter, Bill Prentice, Al Proctor, Percy Quinlan, Ray Rhodes, Jay Robinson, George Roevere, Robert Scott, Sue Halstead Shapiro, Craig Sink, John Spiker, Tim Taft, Henry "Buddy" Taylor, Rod Walters, John Wells and Steve Yates.

Those attending the Pioneers in Athletic Training recognition luncheon were Ariail, Barnes, Brayboy, Bunch, Callicutt, Curl, Diamant, Edgerly, Harris, Hooker, Hoover, Hunter, James, Kanoy, Proctor, Shapiro, Walters and Yates. Mrs. Betty Boyd was in attendance for her late husband, Dr. Basil Boyd.

Other awards presented included the longevity awards. **Ten-year** recipients include Vickie Biagini, Susan Edkins, Michael Flicker, Joseph Geck, Jean Genova, Matthew Gibbons, Joshua Herman, Bryan Housand, Jerome Isear, Miles Kliewer, Michael Sharp, Timothy Shore, Diane Stephenson and Dan Tarara.

Fifteen-year award recipients were Dan Hensley, Brad Mishler, Jonathan Schner and Jamie Warwick.

Twenty-year award recipients were presented to Tom Bartik, Lynn Bundy, Keith Luxton, Randy Pridgen and Debbie Sherman.

For additional pictures from the annual meeting and awards luncheon, please visit the NCATA Web site. [CLICK HERE](#)



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Key Facts:

- ✓ Over 800 ATAs and Students Receive Each Issue.
- ✓ Four Issues Annually.
- ✓ Posted on the NCATA Web Site.

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Wake County Holds High School Athletic Training Olympics

Wake County held its 3rd Annual Wake County High School Athletic Training Olympics. This annual event is a day for high school students in Wake County with an interest in Athletic Training to learn about college and career options, practice new taping techniques and compete in a knowledge, skills, and taping competition between other area high schools. Representatives from Barton College, Elon University & Greensboro College attended the day to discuss their schools Athletic Training education. The students learned about Achilles Tendon taping, casting, & back-boarding. I would like to congratulate Millbrook High School for winning the Athletic Training Olympics for 2006. We had about 36 total students and 6 ATC's attend to help.



District 2 News

Dan Duffy, LAT, ATC, District 2 Representative asks that all NCATA District 2 members not currently listed on the e-mail list please contact him or send him your e-mail address. You are not on the list if you have not been receiving e-mails from him, titled District 2 Team. Dan is making every effort to establish regular contact and interaction with all District 2 members, but is having a difficult time acquiring everyone's e-mail addresses. Thank you to all the District 2 members who are helping to update this e-mail address list.

Also, all of the District 2 members would like to send congratulations to Kate Hill at UNCW. Kate just passed the BOC exam on April 1, 2006 and will be graduating from UNCW this May. Margery Ellis, LAT, ATC from UNCW sends a special congrats to Kate.

NCATA Sports Medicine Symposium for Students

The 2006 NCATA Sports Medicine Symposium for Students will be held July 17-20, 2006 at Greensboro College. The cost to attend is \$195.00. For a registration form and information, please go to www.ncathletictrainer.org/pages/24/index.htm. If you have other questions regarding the symposium, please contact Randy Pridgen at rpridgen@barton.edu or by phone at 252-289-5005. We have another exciting summer symposium planned with a great staff so please encourage your high school students to attend!

NCATA Web Site

The NCATA has changed its' website provider. If you have the site bookmarked you will need to delete the bookmarked site and type in the website name again to access the new website. The new web host has allowed for us to have more space within our website and provide you with an easier navigation through the site.

www.ncathletictrainer.org

I. P.L.A.Y. S.A.F.E.



Carolinas Medical Center's Sports Medicine/Special Events Department held its inaugural Injury Prevention by Learning about Youth Sports And First aid Efforts (I PLAY SAFE) conference on April 1st. The theme of injury prevention was timely as April was National Youth Sports Safety Month.

Topics involved theory and applied hands-on skills for ATC's and other health care professionals and parents. Carolina Panthers' Mike Rucker and Mike Minter and Head Athletic Trainer Ryan Vermillion also spoke to attendees on the importance of injury prevention to youth athletes. In addition to the conference the department has provided educational outreach regarding a variety of athletic training topics to over middle and high school students and over youth athletes at many events with their mobile athletic training room so far this year.



L-R: Mike Floyd, Corporate Director of CMC's Sports Medicine/Special Events; Ira Cronin; Mike Rucker; Mike Minter; Ryan Vermillion, Carolina Panthers Head Athletic Trainer; Spencer Elliott, Athletic Trainer CMC's Sports Medicine/Special Events



NC National Athletic Training Month PR Events

Barton College participated in the Fantasy Vacation Day to promote Safe Spring Break Week at Barton College. The theme for their vacation destination was Hawaii and they presented material on good nutritional choices and exercise while on spring break. The group won \$25.00 for best presentation of educational material. **Brian Parker**, LAT, ATC was the advisor for the project.

Steven Ashby, MS, LAT, ATC, CSCS received Proclamations from Mayor Padgett of Concord, NC and Mayor Barnhardt of Mount Pleasant, NC. Steven also submitted an article for his local newspaper about NATM and Certified Athletic Trainers.

Greensboro College sponsored a 10,000 steps-per-day benefit challenge during the month of March. They sought pledges to raise money for research and education. Seventy-five percent of all funds raised during this challenge will be sent to the NATAREF; the remainder will assist the AT Club with its professional development activities and community service projects. This was used to also encourage faculty and staff to consider taking this opportunity to increase their own physical activity. Additionally, senior Athletic Training Students were recognized at a College lacrosse game. They also hosted an Open House for potential Athletic Training students which featured Certified Athletic Trainers from various settings sharing their experiences about working in the profession.

Catawba College coordinated a health awareness day. The students provided free blood pressure checks, height and weight measurements, body fat percentages, flexibility and nutritional information, and free fruit smoothies. The booth was setup in the student center during lunch. The information and smoothies were available to all faculty, staff, and students. Catawba College recognized National Athletic Training Month on the College website. **Bob Casmus**, MS, LAT, ATC spoke on the Howard Platt morning show on the NC WSTP Radio Station promotion athletic training. Additionally, the South Atlantic Conference ran PSA's during the conference basketball tournament. Additionally, they highlighted 2 – 3 member institutions athletic training staff each week on their website.

The University of North Carolina – Greensboro honored a UNCG tradition. As a program, they painted "The Rock" on campus with the school colors, blue, white, and yellow. They also decorated "The Rock" with UNCG catch phrases, including "UNCG ATEP," and "ATHLETIC TRAINING MONTH, MARCH 2006." Additionally, they made posters to hang around the Athletic Training Room differentiating "Trainers vs. Athletic Trainers," and "Athletic Training Information," including the certifications and job requirements of athletic trainers. The ATEP acquired a permanent display case to present a poster of the UNCG ATEP faculty and students which will hang in the Health and Human Performance Building.

Western Carolina University sent out PSA's on local radio and television stations. Additionally, an article regarding athletic training and featuring athletic training students ran in the Asheville Times.

NATA Research and Education Foundation

Bob Casmus, M.S., LAT, ATC

District 3 Board of Director – NATA Foundation

The goals of NATA Research and Education Foundation are to:

1. Advance the knowledge base of the athletic training profession
2. Promote research to contribute to the athletic training knowledge base
3. Provide forums for the exchange of ideas pertaining to the athletic training knowledge base
4. Facilitate the presentation of programs and the production of materials providing learning opportunities on athletic training topics
5. Provide scholarships for undergraduate and graduate students of athletic training

To achieve these goals, your help and support is needed. When we support the NATA-REF, we invest in our future and the future of our profession.

This Spring 2006, 3 research grants are being funded at the post-graduate level and four at the doctoral level. Also, 73 scholarships are being awarded for undergraduate, graduate and doctoral students at the national meeting in Atlanta. **Seven** students from North Carolina institutions of higher learning are among the recipients. Official announcement is forthcoming to those scholarship applicants. *As you can see North Carolina is well recognized for its academics.*

I urge your continued support of the NATA-REF with your personal contributions. NCATA members attending the District 3 (MAATA) Meeting in May who make a pledge or contribution will be eligible for door prizes given away at Virginia Beach.

I am also pleased to announce that *BC Charles-Liscombe, M.S, LAT, ATC* at Greensboro College is the new state representative for North Carolina to the NATA Foundation.

NATA RESEARCH & EDUCATION FOUNDATION PLEDGE FORM

Yes! I will rise to the challenge! It is time to take control of our future.

Name _____

NATA District# _____

Credentials _____

Employer _____

Address (Home Work) _____

City _____

State _____

Zip _____

My investment: \$10 \$25 \$50 \$100 \$250 \$_____ Other

Check enclosed Charge \$_____ to my: MasterCard Visa

Acct. #: _____ Exp. date: _____

Signature: _____

Pledge: I pledge \$_____. Enclosed is my first payment of \$_____.

Bill me quarterly Debit my credit card quarterly

Honorariums/Memorials: (Minimum gift \$50)

My gift is in Memory Honor of: _____

Send to: NATA Foundation 2952 Stemmons Freeway Dallas, TX 75247 or FAX: (214) 637-2206