



The NCATA Committee Chairs and Board Members.



2022 ISSUE 1



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Committee Chairs

Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



PRESIDENT'S MESSAGE

Jim Bazluki, MAEd, LAT, ATC, EMT

Greetings

As I write this note, it comes clear that this will be my last "Presidential Message" to you all. So I look back at the past 4 years and some of the things we accomplished. First, we survived – LOL! No one had on their BINGO card a global pandemic. The resilience of our membership during these uncharted times is truly amazing. I know it's been stressful to us all, but we have survived and shown the community that we are truly professional healthcare providers and can adapt to our situation better than anyone. Second, we continued to engage other groups and associations and share our voice on various topics at the state and local levels. We have placed several members on statewide panels, work groups and committees. Third, we continued to remain on solid ground financially and continue to develop policies and procedures to keep the association on solid ground in the years to come.

I am excited to welcome Nina Walker to the position of NCATA President. I am proud our association has such strong leaders in membership who are willing to step up and serve the association. This also makes a few firsts for our association. We have elected our first female president. We have elected our first person of color as president. We have elected our first collegiate setting president. I am so proud of our association and am excited about our future. I am proud of our award winners who we will honor at our state meeting in March. We have an awesome membership. Our state meeting is shaping up to be a great in-person meeting. Our program committee has put together another great meeting. I can't wait to see everyone.

Please consider maintaining your membership in the NATA. It's that membership that automatically makes you a member of the MAATA and NCATA. If you are NOT an NATA member, you are NOT a member of the NCATA and will not have access to the benefits of membership (at each level). If you list a home address other than a NC address, you are not going to be a member of the NCATA. Your dues go to the state you list in your address. You can add NCATA membership by separately sending in NCATA dues. Please keep up your membership and keep us on solid ground and be involved. Good luck this spring. Stay safe. Summer is only 3 months away!

Sincerely,

Jim Bazluki, MAEd, LAT, ATC, EMT
NCATA President



President-Elect Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,

Happy almost National Athletic Training Month. This is one of my favorite times of year, weather gets warmer, more smiles and of course we get to advocate for the profession. I could not be more impressed with our new PR leadership! Katie and Taryn have taken the bull by the horns and elevated all aspects of our PR. We are creating a comprehensive campaign to help Athletic Directors, Administrators and school board members understand what we do and how we differ from first responders by meeting them where they are, at their conferences! We are looking

forward to sharing this information with health stakeholders from across disciplines so that there is a better understanding of what we do. Not sure if you have seen the sleek new look on social media but our team on honors and awards (Felicia), DEI (Kelly), NCATA (Taryn) and MAATA (Kassy) have been killing it! If you haven't been following us on social media you are missing a lot of great info. Don't forget to like, share and retweet because that is the only way to stay on the algorithm and get our great updates.

I just could not be more excited to start leading such amazing and motivated volunteers and members. I have been mentored by some of the greatest and most humble leaders in our association. Jim Bazluki has been gracious enough to let me get my feet wet already. I have watched and learned and I am so excited to funnel the energy and excitement of our younger leaders into this membership. If you want to get involved there is a place for you. Our seasoned leaders and emerging ones are waiting to welcome you to the team. I can't wait to honor our 2021 and 2022 HOF in Wilmington and Celebrate Jim Bazluki and Ray Davis in Charlotte as the finest representation of amazing NC leaders when they are inducted into the MAATA Hall of Fame in our home state!

I would be remiss if I didn't mention how humbling it has been to be elected by you all. Being a part of our state's Black History is not something that I take lightly. I truly believe that representation matters and will do my best to continue to make sure that our association represents us all as well as our patient population. Diversity makes us all stronger and better. Check out some other amazing leaders in our black history series on social media, and get excited to see some more amazing ATs get recognized during NATM22.

Nina Walker
President-Elect

45TH ANNUAL SPRING SYMPOSIUM

March 4-6, 2022

Holiday Inn Sunspree Resort
1706 N Lumina Avenue
Wrightsville Beach, NC 28480

[MORE INFO HERE](#)

NATIONAL
**ATHLETIC
TRAINING**
MONTH

**PROVIDING HEALTH
CARE EVERYWHERE**

MARCH 2022



Congratulations!

Forestview High School in Gastonia was awarded Safe Sports School 1st team using (in part) our NCATA safe school award grant.



Program Development Committee

The NCATA program development committee has been working hard to set up a great program for the Spring symposium March 4-6 in Wrightsville Beach! Topic areas include foot biomechanics, load management, providing inclusive care, planning for an active shooter, preventing OA following ACL reconstruction and a COVID update. Our keynote speaker is Rene Revis Shingles, president of the BOC. We are so excited about being back in person so we can do some hands on labs with managing the scene after and active shooter, managing acute dislocations, and working with technology to monitor load. Our sponsors and vendors are happy to be interacting with you again as well. Register for the conference and see the full agenda on our website [HERE](#).

We look forward to seeing you!

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Celebrating Black History Month

FEBRUARY 21 2022

Can We Talk: Mentorship and the Black Experience



Russell Jackson

LAT ATC



Janah Fletcher
EdD LAT ATC



**Join us on Zoom
Monday the 21st for
a conversation
facilitated by Janah
Fletcher and Russell
Jackson with several
panelists!**

**Register at the link in
NCATA DEI Insta Bio**

Young Professionals Committee

Hello students and young professionals! The YPC has two new co-chairs: Johanna Williams and Jay Dillon. We are so excited to kick off the next chapter of the YPC at the NCATA Spring Symposium. At the symposium we will have a raffle for all young professionals and students to have their registration fees covered! You will still need to register and pay online in advance. When you check in for the symposium we will have a raffle entry available for YPs (years 0-5) and students. We will select two YPs and one student to receive free registration (you will be reimbursed via check). In addition, we will be holding a young professionals social Friday night after the quiz bowl! We look forward to providing an opportunity for those newly in the profession to get to know each other before the Saturday sessions. More details to come. See you all March 4th!



Policy, Procedure, and the Law: Keeping Student Athletes Safe

North Carolina has multiple laws and State Board of Education policy that affects athletics, particularly in the area of athlete health and safety. Yet, recent study shows that school districts across the state are not in compliance. Lack of compliance not only puts the LEAs at risk for litigation, but compromises the health and safety of student athletes.

Speakers:

Dr. Katie Hanes-Romano DAT, LAT, ATC
Emily Gaddy MS, LAT, ATC

Encourage your
Superintendents,
Principals and
Administrators to
Attend



**Breakout
Session VI**



**Friday,
April 1
11:30 am**



**2022 Conference on
Educational Leadership**

MAATA Student Senate

The purpose of the MAATA Student Senate is to provide students with an opportunity to develop leadership skills and to prepare future leaders within the athletic training profession. The main focus of the Student Senate is to plan and carry out the Student Program at the District Symposium and other responsibilities are determined on a monthly basis. Senators are expected to attend a monthly WebEx meeting, gather state updates, meet when necessary with fellow committee members, and attend the MAATA Student Program at the District Symposium.

Mission Statement

The purpose of the Mid-Atlantic Athletic Trainers' Association (MAATA) Student Senate is to provide students with an opportunity to develop leadership skills and prepare future leaders within the athletic training profession. This organization will give a voice to the students within the Mid-Atlantic Athletic Trainers' Association.

Goals of the Student Senate

- Increase awareness of the athletic training profession through the implementation and promotion of educational events and opportunities for all athletic training students.
- Collaborate with other organizations across the District such as: Young Professionals, Public Relations, and individual programs' athletic training student associations.
- Improve communication through partnerships within the District to include athletic training educators, clinicians, and athletic training students.

Senate Structure

The MAATA Student Senate is comprised of two student representatives from each state included in the Mid-Atlantic Athletic Trainers' Association. Each student senator is currently in the last two years of the Athletic Training Education Program. The State Chair is the second year Senator from each state. In addition, the senate has a Junior Faculty Advisor who is currently a graduate student within the MAATA. Two Faculty Advisors also lead the Student Senate, organizing the annual symposium in May.



Senior Senator

Renee Adamonis - Western Carolina University

Renee is from Greensboro, North Carolina and is currently a Senior in the Athletic Training Program at Western Carolina University. Renee is serving as the President of the Student Senate as well as the Service Committee Chair. She has completed clinical rotations with Robert Morris University ice hockey teams and North Carolina State University Football. She is looking forward to interacting with athletic training students across the Mid-Atlantic district and representing our expanding profession. After graduation, Renee hopes to attend graduate school and work with professional or collegiate athletes.



Junior Senator

Jenna Tomlinson - High Point University

Jenna is from Raleigh, North Carolina and a recent graduate of High Point University where she received her B.S. in Exercise Science. She is currently in her first year at HPU pursuing her Master of Science in Athletic Training degree where she is also serving as the President of the Athletic Training Club. Jenna's passion for athletic training began during high school when she tore her ACL while playing soccer. She then got involved in her high school's sports medicine program and never looked back. As the Junior Student Senator for North Carolina, Jenna hopes to promote the profession of athletic training through the implementation of educational events and other opportunities for

all other athletic training students. After graduation, Jenna hopes to work with hockey or soccer athletes at the collegiate or professional level.



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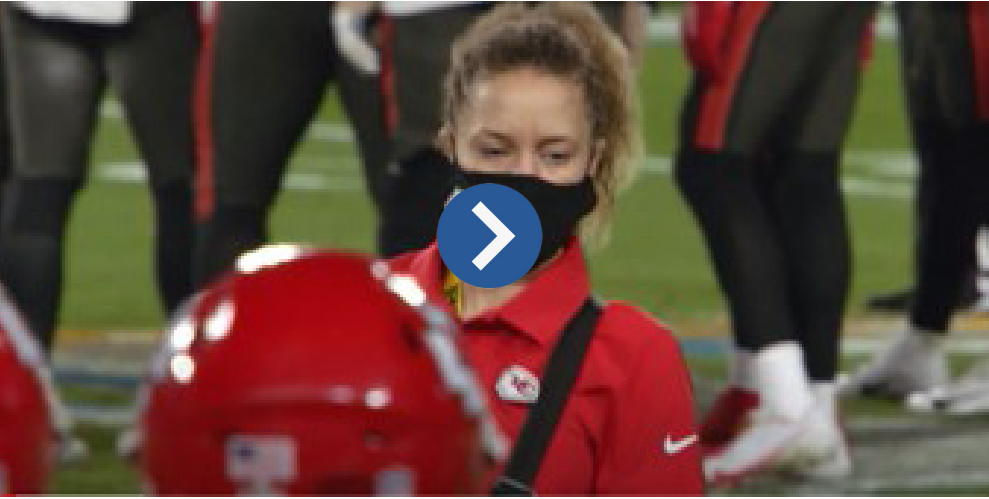


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Henry Schein Medical Celebrates National Girls and Women in Sports Day



National Girls and Women in Sports Day honors athletic achievement by women, recognizes the importance of sports and fitness participation for all girls and women, and celebrates the power of women in sports and the continued push for equity. 2022 is also the 50th anniversary of Title IX, which protects people from discrimination based on sex in education programs or activities that receive federal financial assistance.

The video features women athletic trainers, representing several

professional football teams, including: Cassie Ettel, Jacksonville; Mackenzie Marques, Seattle; Tiffany Morton, Kansas City; and Karen Ocwieja and Katy Rogers from Carolina. In a collection of short vignettes, each athletic trainer shares insights on what it means to be an athletic trainer, their role to treat and care for the health and well-being of professional athletes, as well as their career path.

"At Henry Schein Medical, through our Athletics and Schools business, we have seen an increase in the number of women in professional sports, and as their trusted advisor, it's important for us to celebrate the impactful roles they play to make a difference in the lives of athletes at all levels," said Sanchia Patrick, Vice President of Strategic Marketing, Henry Schein Medical.

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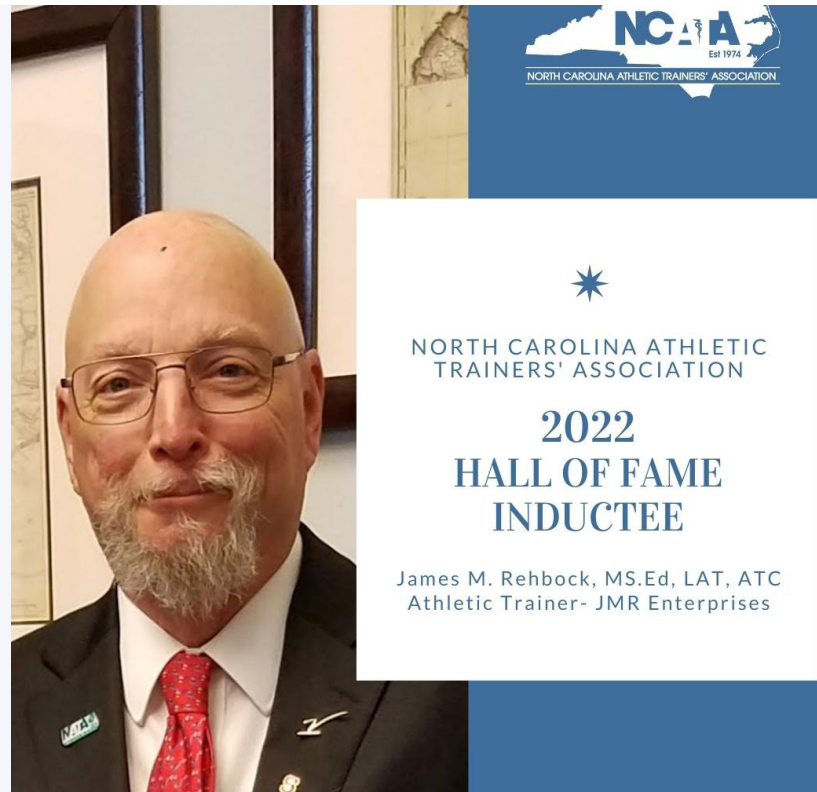
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Through the years, Henry Schein Medical's Athletics and Schools business has championed the important role of athletic trainers, supporting the Professional Football Athletic Trainers Society (PFATS). Since 2011, Henry Schein Medical has sponsored PFATS' annual Tim Davey Assistant Athletic Trainer of the Year award, which recognizes the commitment, dedication and integrity of one trainer from each of the two conferences in the professional football league. As part of this sponsorship, Henry Schein Medical awards \$1,000 to each, with \$24,000 awarded through 2021.

"Having supported athletic trainers for 25 years, we recognize the value-added influence that women have contributed to the profession, and stand committed to helping elevate the role of athletic trainers as well as the diversity and inclusion efforts that help level the playing field," said Eric Kearns, National Sales Manager, Henry Schein Medical's Athletics and Schools business.

Honors and Awards

We are excited to honor two Hall of Fame Inductees this year at the 2022 Awards Luncheon. Join us on March 5th as we honor these amazing individuals.



SCHOLARSHIP WINNERS

Presidential Leadership Scholarship
Jenna Tomlinson

Pioneer Service Scholarship
Anthony Corona

Hall of Fame of Academic Excellence
Danielle Broman

MOST DISTINGUISHED ATHLETIC TRAINER

Nina Walker
Athletic Trainer
University of North Carolina at Chapel Hill

LIFESAVER AWARDS

Stefanie Mansfield Turner
Katie Hanes-Romano
Frank Sanchez
Stephen Borchik
Makayla Lawler
Stacy B. Davis

PRESIDENTIAL AWARD

Dr. Mark Galland
OrthoNC: Orthopedic Surgery and Sports Medicine

Paula Guerrero
COPILOT Provider Services

Dr. Felicia Hall
Novant Health

Dr. Charles E. Konrad
Director of Southeast Regional Climate Center
Professor of Geography
University of North Carolina at Chapel Hill

*Congratulations
to All!*

Intercollegiate Council for Sports Medicine (ICSM)

The NATA Intercollegiate Council for Sports Medicine (ICSM), formerly known as the College/University Athletic Trainers' Committee (CUATC), will address issues affecting the student athlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well being and healthcare by influencing policy and providing resources.

[CLICK HERE](#) to view the current projects the committee is working on or have been completed during 2021-2022.

Lifesaving Efforts Leads to Educational Opportunity

Dr. Katie Hanes-Romano (Atrium Health/Clinical Outreach) and Emily Gaddy (Orange HS) have collaborated to present "Policy, Procedure and the Law: Keeping Student Athletes Safe". Part of their presentation is based off research by Dr. Susan Edkins (UNC-Pembroke) as well as incorporating their life-saving experiences each had in saving an athlete at their respective schools. Photo below shows Katie with her very special guest, cardiac arrest survivor Pablo Hortal and his mother Laura Hortal. Katie and Emily have also presented at the NC State Board of Education meeting in November and will be presenting at the NCATA Clinical Symposium in March and the NC Association of School Administrators in April.





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