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2024 ISSUE 1

NATIONAL **ATHLETIC** **TRAINING** MONTH

From Head To Toe

MARCH 2024





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2024 Executive Committee

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Nina Walker, MA, LAT, ATC

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Committee Chairs

Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



President's Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,

Wow it has been a whirlwind beginning of the year but we are so excited about the wonderful things planned for this year. It has been amazing looking back on all of the accomplishments of this amazing association. Each and every one of you is so important to what we have built over the last

50 years, so thank you all for being such amazing advocates for this profession.

I couldn't be more grateful for the pioneers that had the vision to create this association to advocate for all of our needs as a profession and I am so lucky to receive the torch as we work toward the next 50 years. We can't wait to see our Hall of Famers and our Young Professionals and everyone one in between in Wrightsville Beach, all looking beautiful for our Gala Celebration.

We are also excited to welcome Tony Cordova to the Executive Board as our new NCATA Secretary. While we will be sad to lose Nancy Groh we are excited for her new role as NCATA Hall of Famer and PR Committee Chair.

One of my favorite parts of being president is honoring our wonderful members as Hall of Fame Inductees. Love welcoming Eric Hall and Nancy Groh to this exclusive group, and excited to present rings to all of our Hall of Famers.

If you haven't registered for the conference yet, please do. It will be an event to remember. [REGISTER HERE](#)

Thanks to all who renewed their NATA membership this year. Those funds are helping with our advocacy efforts as we continue to work to protect the students in this state. We have a KSI event planned for June, funded by our NATA dues, are working closely with the State Association Advisory Committee, creating opportunities for our major employers to get connected with ATs that are looking for employment, speaking at all major stakeholders conference all over the state (AD, school board, Coaches, Independent Schools and more), working with HOSA to encourage students into athletic training, all of this and more are funded by your membership due.

Thank you all and we can't wait for a year of celebrating this incredible association and you! Because You are the NCATA and the NATA.

Be GreAT!

Nina



Secretary's Message

Nancy Groh, EdD, LAT, ATC

It's hard to believe my four-year tenure as NCATA Secretary is near its end! I would like to thank my colleagues on the Executive Board, Board of Representatives, Committee Chairs, Committee members, and all the NCATA volunteers. As an organization we have accomplished so much and continue to do great work, providing opportunities and support for the membership at large, advocating for the athletic training profession, and collaborating on initiatives to insure the best outcomes. A special thanks to Nina Walker, Meredith Petschauer, Jarrett Friday, and past president Jim Bazluki. What passionate, insightful, and dedicated leaders! This group was amazing, always challenging and supporting each other working towards common goals; I will miss being a part of it ☹️ I'd like to welcome Tony Cordova as the NEW NCATA Secretary!!!! He has already begun learning the ropes of the position as well as the EBOD and will be a great addition.

HAPPY 50TH ANNIVERSARY NCATA MEMBERS! – To the past, present, and future...We celebrate your success in providing optimal patient care and for all contributions you have made/will make in the great state of North Carolina as a volunteer, leader, and/or educator!

Nancy Groh

Dry Needling Course Series

2024

Winston Salem

June 22-23 Course 1 of 2

Aug 3-4 Course 2 of 2



-BOC Approved! Category A -54 hours(over 2courses).
-See our website for more course dates and details!



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@Double_e_education



Public Relations Committee

NCATA 2024 Spring Symposium

[Registration is open](#) for our annual symposium. We hope you will join us March 8-10th in Wrightsville Beach, NC for 12-15 hours of programming! We are also excited to announce an additional opportunity provided by [Whole Health Sport](#)! Teen Mental Health First Aid training and certification will be offered on Friday, March 8th from 12pm-5pm. This course is FREE to attend and includes 2 hours of pre-conference, self-paced work. In addition, attendees will receive a \$150 gift card upon completion of the course and certification. Whole Health Sport will also cover the cost of your substitute teacher if needed! There are 30 spots available and if you are interested, you can sign up [HERE](#).

50th Anniversary Gala

Join us March 9th from 8-11pm in the Lumina Ballroom at the Holiday Inn Resort Lumina (same location as the symposium) to celebrate 50 amazing years of the NCATA! This will be a formal (black tie optional) event and will include dinner and drinks, as well as a live band, dancing and a look back on our past 50 years of athletic training in North Carolina.

This event is free for registered NCATA symposium attendees, and your guests and/or spouses are also welcome to attend this event. To ensure we have adequate food and beverages for all, we are charging a \$25 fee for all guests who are not registered for the symposium.

If you plan to attend the Gala, please indicate so on your symposium registration form. There is an option to add a guest on the form and to pay the \$25 fee when you submit your registration payment.



Pictures

As a part of the celebration we would like to share a slideshow of photographs that represent our first five decades. We will need your help locating and submitting photographs to be included. Whether it's snapshots from events, candid moments, or milestones in your North Carolina athletic training journey, your pictures will play a pivotal role in creating a visual timeline of our collective achievements. Please email photographs to ncatapr@ncata.net.

Silent Auction

Our annual silent auction, which benefits the ATNCPAC, will be held the weekend of the symposium. Item donations can only be made by individuals for this event. Please visit our [website](#) if you would like to make a donation.

The Atrium Health Athletic Training programs are looking for licensed athletic trainers to fill immediate positions.



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Positions are full time, 100% athletic training, in the clinic or outreach setting. All new employees are assigned a mentor to assist with the transition into our program. Opportunities to work with our local sports partnerships and mentor athletic trainers new to athletic training.

Atrium Health is pleased to offer competitive salaries based on education and experience. To apply, please visit [Job Search Results \(atriumhealth.org\)](https://atriumhealth.org/job-search-results). For more information, contact Jennifer Ball at Jennifer.Ball@atriumhealth.org



Open Positions

Cox Mill High School Concord, NC \$8k bonus	Athletic Trainer - High School Outreach
Union County Middle School Union County, NC \$8k bonus	Athletic Trainer - High School Outreach
Marvin Ridge High School Monroe, NC \$8k bonus	Athletic Trainer - High School Outreach
Floater Athletic Trainer (2) Sports Medicine \$8k bonus	Athletic Trainer
Queens University Charlotte, NC \$8k bonus	Athletic Trainer
NASCAR Motorsports Charlotte, NC	Athletic Trainer
Museum Medical Plaza Charlotte, NC \$8k bonus	Athletic Trainer - Clinic Position
Lincolnton Sports Medicine Lincolnton, NC \$8k bonus	Athletic Trainer - Clinic Position

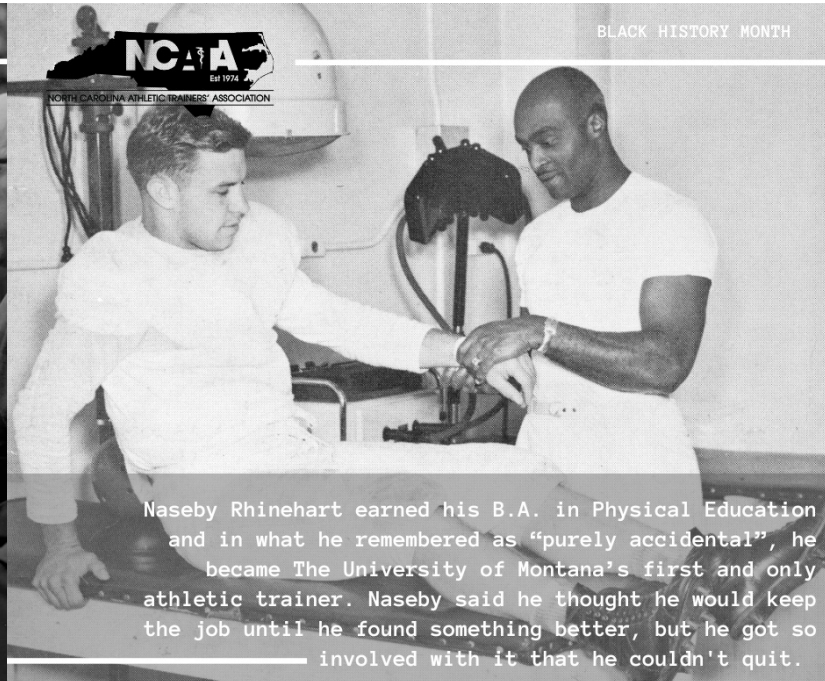
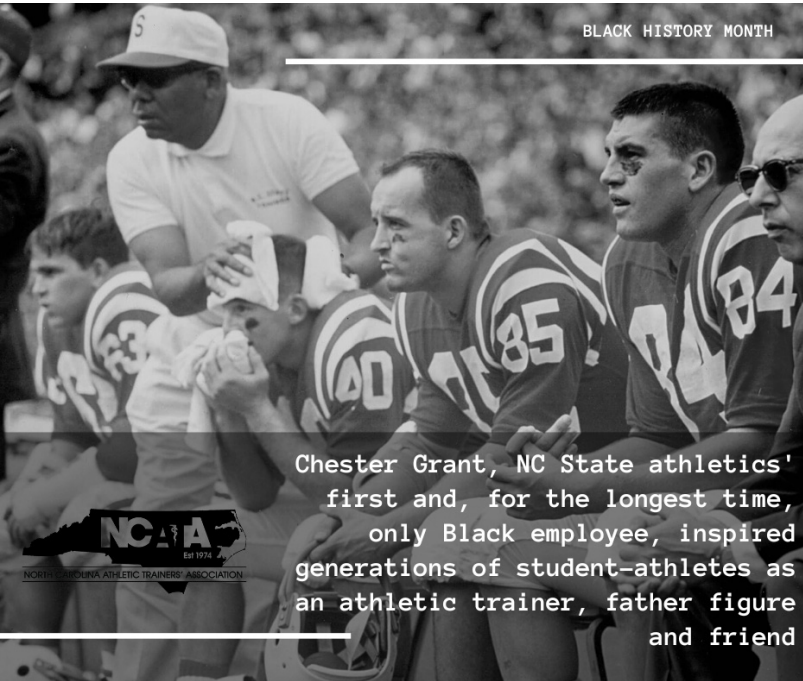


*Scan here for
more info*

For outreach positions, contact:
Jim Bazluki
James.Bazluki@atriumhealth.org
704-962-2140

For clinic positions, contact:
Nathan Sowle
Nathan.Sowle@atriumhealth.org
704-863-4878

NCATA Celebrates Black History Month



BLACK HISTORY MONTH

Visit our social media for more highlights.

Marsha Grant-Ford was the first African-American woman to become a certified athletic trainer in 1975



Young Professionals Committee

The Young Professionals Committee is excited to announce that we will be hosting a fun social event Friday after the Quiz Bowl at this year's NCATA Spring Symposium. Let's support our students at the Quiz Bowl and then head over to Rounds Golf for some fun socialization, virtual golfing and food. All young professionals and students welcome!

Leadership Institute

Hello from the NCATA Leadership Institute! Our current class continues to have many great learning and networking opportunities! Leadership Fellows are Cristian Black, Spencer Boggs, Tony Cosby, Christopher Ina, Sarah Lightfoot, Kaitlin Ricklefs, Eric Rogers and Catherine Scott.

Our summer event was hosted in downtown Charlotte. Other local AT leaders joined us to hear from a great lineup of speakers including: Dr. Carrie Graham on Ensuring Consistent Employee Engagement in Learning, Rep. Laura Budd on how the NC Assembly operates "Behind the Curtain", Dr. Ben Wilhelm on Executive Coaching, and Kevin King on Leadership in Athletic Training.

This fall we hosted small group, online discussions about ethical decision making and how our business or clinic culture can foster poor ethical decision making. The discussions were based on case studies and produced deep and enriching conversation between leadership fellows and invited guests.

What's next?! Our spring event, in collaboration with the NCATA Spring Symposium, will be held Friday March 8th from 8:30 am to 4 pm at the Holiday Inn Lumina Resort. The event is open to current fellow AND PAST NCATALI ALUMNI! The speakers include 1) Mr. Justin Streuli, the Director of the Office of Innovation and Commercialization at UNC-Wilmington, 2) North Carolina State Senator Michael Lee of New Hanover County 3) Mr. Dan Duffy, NCATA Hall of Fame Member, Former owner of Cape Fear Rehabilitation Services and member of NCBATE and 4) Dr. Katie Flanagan, NCATA Hall of Fame Member, Professor at East Carolina University and Former District III Director of the NATA. As always, the current NCATA President will address the group as well. Thank you Nina Walker and we are looking forward to hearing from you.



Summer Session attendees at the Leadership Institute

How can you join us?! On September 1, 2024 applications will open for our next class of Leadership Fellows! For more information [GO HERE](#). Eligibility requirements include: certified by the BOC to practice Athletic Training, licensed to practice athletic training in the state of North Carolina, articulated desire to become engaged in the profession, and aligned goals for service and involvement. The NCATALI has a rich history of participants, with a large number continuing to be engaged volunteers/leaders within the organization. We look forward to having a strong applicant pool!



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NCATA Honors & Awards

NCATA *Hall of Fame*

We are excited to honor two Hall of Fame Inductees this year at the 2024 Awards Luncheon. Join us on March 9th as we honor these amazing individuals.

HALL OF FAME

Class of 2024



NANCY GROH
HIGH POINT UNIVERSITY

ADVOCATE FOR THE PROFESSION, EDUCATOR, AND STATE
LEADER



HALL OF FAME

Class of 2024



ERIC HALL
CARY HIGH SCHOOL

DEDICATED EDUCATOR, MENTOR, AND ADVOCATE FOR
ATHLETE SAFETY



We are excited to honor some amazing award winners this year. Join us on March 9th during the Awards Luncheon as we honor these amazing individuals.

Scholarship Winners

Presidential Leadership Scholarship

Marquita Parker
Western Carolina University

Pioneer Service Scholarship

Samiyah Muhammed
UNC Greensboro

Hall of Fame of Academic Excellence

Christina "Nina" Carlin
Western Carolina University

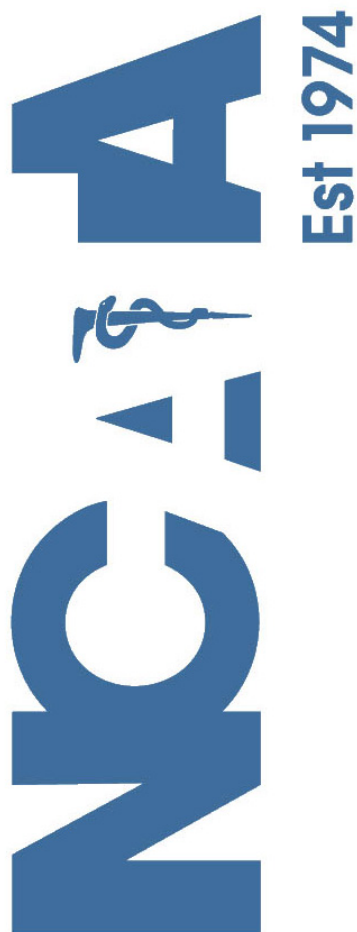
NCATA Honors & Awards

Presidential Award**PRESIDENTIAL**
*Award***DR. JOHN
NEIDECKER****PRESIDENTIAL**
*Award***JARRETT
FRIDAY**

Jarrett is an incredible steward of the NCATA's finances. Much of his work goes unknown but his leadership has been an incredible asset to our association.



Dr. Neidecker is a vocal advocate for comprehensive sports medicine care across all levels of competition, ranging from youth leagues to professional athletes and encompassing diverse settings.

*Athletic Trainer Service Award***DR. SHARON ROGERS MOORE**

Dr. Sharon Moore, a dedicated volunteer since 2014, played key roles in NCATA leadership, while serving as faculty at ECU. She spearheaded the placement of ATs in Pitt County Public High Schools, forging unique partnerships between the School District and University to enhance athlete care. Dr. Moore's innovative approach and mentorship programs set a precedent for athlete safety, earning her the NCATA Service Award.

**AT SERVICE
AWARD**



NATA INTERCOLLEGIATE COUNCIL *for* SPORTS MEDICINE

Winter 2024 Update

As the DI Chair and your representative on the NATA-ICSM, greetings and I hope that your winter/spring season has started well. Information below provides reminders of basic information, in addition to our work-group tasks that have been completed recently (**direct links are highlighted in blue-some links require your NATA member login to access**). Please don't hesitate to reach out if you would like further details or have questions.

Jennifer O'Donoghue, PhD, ATC, CSCS

ICSM Division I Chair, ACC Representative

District 3 MAATA DI Representative

NCATA College/University Board Representative

North Carolina State University Email: jaodonog@ncsu.edu

Intercollegiate Council for Sports Medicine

The NATA Intercollegiate Council for Sports Medicine (ICSM), is an athletic conference-based committee comprised of members from the college/university setting, including ATs working in DI, DII, DIII, 2-Year Institutions and NAIA institutions.

The ICSM will address issues affecting the student athlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources.

Council Roster

This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

>If you have an initiative, project, plan, question, and/or issue that you would like ICSM members to address, please use the roster to contact the indicated representative.

**READ THE REST OF THE
ICSM WINTER 2024 UPDATE**



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Thank You Corporate Sponsors

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The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

Please contact Eric Hall for additional information.

Price Breakdown:

1 Issue

Full Page 8.5" x 11"	\$100
Half Page 8.5" x 5.25"	\$75
Quarter Page 4" x 5.25"	\$60

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