

2Q2017



Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.

## Upcoming Event

**NATA 2017 Convention**  
June 26-30 Houston, TX  
*[More Info Here](#)*



## NC Board of Athletic Training Examiners

P.O. Box 10769  
Raleigh, NC 27605  
(919) 821-4980  
[www.ncbate.org](http://www.ncbate.org)

## President's Message



Greetings Fellow AT's:

Summer is finally here. It is time to find a little rest and relaxation between school ending and summer workouts. Spend some quality time with family and friends. You need to Sharpen your Saw, "7 Habits of Highly Effective People" by Steven Covey. Taking time for yourself is very important in keeping your mental health status in focus.

Reminder there will be two executive board positions open for election this fall, President and Secretary. If you wish to apply for one of these positions, Nina Walker, Vice President, will be posting the required criteria to run for this executive board position. Additional information will be given deadline for applying and the election process which will be electronic this year.

I have had the opportunity to work with the NC Office of Emergency Medicine and the Childress Institute for Pediatric Trauma in producing a Video titled – "Player Down" which highlights working with EMS in the "Proper Removal of Football Equipment, Packaging & Transport of Suspected C-Spine Injured "player. This video will be shared with EMS groups across NC in hopes of reducing potential conflicts when it comes to working with your local EMS team. Some athletic trainers have already asked to share this with their coaching staff as well. Here is a [LINK](#) to this video for your review and sharing.

Legislatively, some of our issues facing our professions have currently stalled at this time and continue to be on our agenda. Yet, it is important for each and every one in our membership to connect your local legislators to build friendly relationships. You will never know when we will have to ask you to step up for a "Call to Action" with your legislator to support one of our bills.

The NCATA Board of Directors continues to work with our lobbyists, NC Department of Public Instruction, NCBATE and the NC High School Athletic Association in order to continue to build stronger partnerships. Please continue to support these groups as we prepare for upcoming legislative concerns for our association. Thanks to Dan Duffy and Ashley Long for their hard work keeping eyes on the legislative bills affecting our profession

If you have some down time and would like to get energized for the upcoming school year, I would suggest an excellent book "The Power of Positive Leadership" by Jon Gordon. I just completed reading the book and it can make a difference in your life and those around you, including your student athletes.

If I can be of any assistance, please feel free to contact me via phone or email.

Thanks for your continued dedication and hard work for the athletes and individuals you as athletic trainers care for each and every day.

Respectfully,

Scott Barringer, M.Ed., LAT, ATC, SCAT, CAA  
President - NC Athletic Trainers Association  
704-791-6334 personal cell  
[leonard.barringer@carolinashealthcare.org](mailto:leonard.barringer@carolinashealthcare.org)  
[scbarringer@hotmail.com](mailto:scbarringer@hotmail.com)

### Board of Directors 2017 Executive Committee

#### PRESIDENT

Scott Barringer, MEd, LAT, ATC, CAA

#### SECRETARY

James M. Bazluki, MAEd, LAT, ATC

#### VICE-PRESIDENT

Nina Walker, MA, ATC, CSCS

#### TREASURER

Jason Brafford, LAT, ATC

#### BOD Representatives

##### COLLEGE/UNIVERSITY

Sharon Rogers, PhD, LAT, ATC (Educator)  
Janah Fletcher, MS, LAT, ATC (Clinical)

##### SECONDARY SCHOOL

Steve Womack (Public)  
Kevin Westwood MS, ATC, LAT (Private)

##### CLINICAL AND EMERGING PRACTICES

Dan Duffy, ATC (Clinical)

##### PROFESSIONAL SPORTS

Kevin King, MA, ATC

#### Committee Chairs

Please click [HERE](#) for a complete list of NCATA Committee Chairs

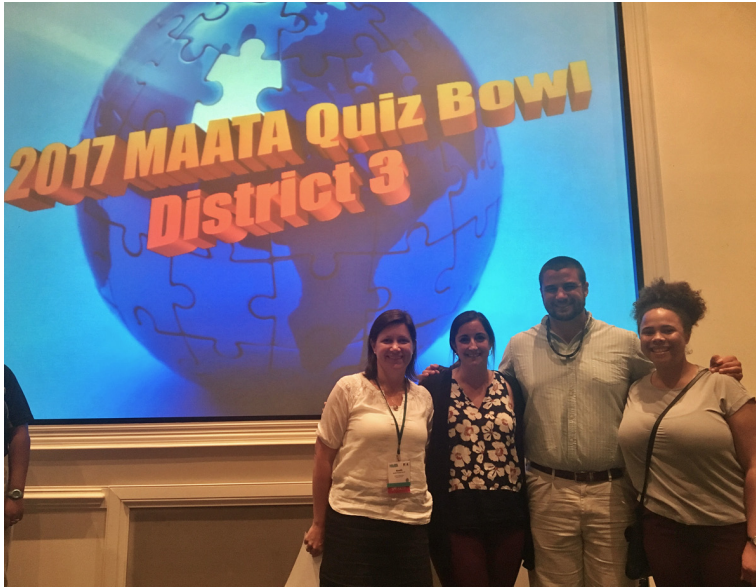


## VP Message

I hope this summer has found you well and looking forward to some down time. It has been very exciting as I have been learning the ropes of this new position and meeting some of the great leadership that exists for our profession. I am sad to say goodbye to Director Pat Aronson but I am equally excited to welcome NC's very own Katie Walsh Flanagan from ECU as the MAATA's new Director. The MAATA

conference in May was very informative and I had a great time meeting some of you at the NC meeting. It is wonderful to see members getting excited about helping our profession advance. I am looking forward to attending the NATA State Leadership Forum in Houston and hearing Jim Bazluki present on our NCATA leadership institute. I hope to see you all at the **District Meeting on Tuesday June 27<sup>th</sup> at 5:45pm in the Hiltons Americas Hotel.** This is a great opportunity to learn about what has been going on in the district and to meet others in NC after for a brief meeting.

I would also like to encourage you all to support the North Carolina Quiz Bowl team (UNC students: Destinee Grove, Courtney Martin, and Leslie Sierra-Arevalo) who will be competing in the National Quiz Bowl. Great job and good luck! Hope to see you all there on **Wed June 28<sup>th</sup> at 5pm!**



A special congratulations to the NCATA PR committee who for the second year in a row have won the NATA Best State Effort for NATM 2017!! So proud of these efforts and all the people who volunteered and attended the many events across the state. Great job Kevin King and the rest of the PR committee.

After the convention, I am looking forward to representing the NCATA in July at the BOC Regulatory Conference in Omaha, NE where we will be able to learn from and share experiences for successful legislative and regulatory best practices.

The NCATA elections for the office of President and Secretary

are approaching this fall. Scott has done a wonderful job as our President but unfortunately, due to term limits cannot run again. He will be missed but has set forth a wonderful foundation for the association's future success. I hope that members consider running for these 2 very important offices. If you have questions about either position please let me know. Please keep your eyes out for an eblast for nominations that will go from July 1<sup>st</sup> to Aug 1<sup>st</sup>. Enjoy some down time.

Be Well,

Nina Walker MA, LAT, ATC  
NCATA Vice President  
[walkern@email.unc.edu](mailto:walkern@email.unc.edu)

## NCATA Leadership Institute

Ashley Long, PhD, LAT, ATC

NCATA Leadership Institute News

Congratulations to the latest class of NCATA Leadership Institute Fellows. They are:

**Julie Burton, Carolinas HealthCare System**  
**Danielle Enrique, Orthopaedic Specialist of North Carolina**  
**Trent Hayes, CaroMont Health**  
**Lindsey Schroeder, UNC-Wilmington**  
**Eric Storsved, Elon University**  
**Corrie Struble, Shaw University**  
**Brian Wheeler, Davidson College**

Applications for the 2018-2020 class of Leadership Fellows are open and are due November 1, 2017.

The North Carolina Athletic Trainers' Association Leadership Institute (NCATALI) exists as an initiative lead by the North Carolina Athletic Trainers' Association to engage professionally motivated and enthusiastic certified athletic trainers, licensed in North Carolina, with a desire to become more engaged in service to the athletic training profession. NCATALI is designed for athletic trainers who demonstrate a high level of potential to serve the North Carolina Athletic Trainers' Association, Mid-Atlantic Athletic Trainers' Association, and National Athletic Trainers' Association. NCATALI Fellows will receive specialized training on leadership, team building, professionalism, developing and instituting a vision to address growth and challenges, and identification and problem solving of current issues within the profession.

Find out more about the commitments, benefits, and application process [HERE](#).







Statewide High School Symposium  
at Charlotte Hornets Arena

## NCATA PR Committee

Kevin King, MA, ATC

### More than Trees, Ph.Ds., and Golf Tees

Barbecue, basketball, beaches, furniture, golf tees and PhD are some of the descriptors used when one is listing the notable characteristics of North Carolina. One of the most important attributes of North Carolina, however, is the people.

This fact has been demonstrated time and time again throughout the membership of the NCATA. Our passionate, diverse membership continues to volunteered for an assortment of opportunities to promote athletic training throughout the state. Additionally, North Carolina continues to be recognized nationally for our efforts to support athletic training and athlete safety.

Special thanks go to the various educational intuitions: secondary schools, colleges and universities that contributed to the effort. Thank you to the professional teams that contributed to projects. Thanks to the members of hospital and clinics that volunteered time and resources. Big thank you to the vendors who provided time and resources.

It is truly inspiring what can be accomplished in just our state. More detail of previous events is available on the NCATA website, view [HERE](#).

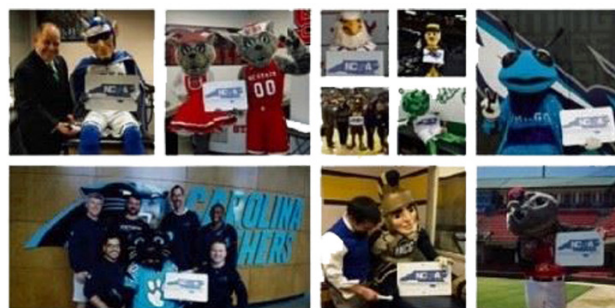
Please continue to follow the NCATA via the [website](#) and our various social media platforms, Facebook, Instagram and Twitter. Opportunities are often posted in these areas. We are also seeking ideas and partnership which seek to promote athletic training. Please contact the [public relations committee](#) with ideas or volunteer interest.

Enjoy a safe, productive and wonderful summer. We are excited to have the good fortune to continue to work with one of North Carolina's best resources, our members!

### Lifesavers Recognized at NCATA Spring Meeting



### Universities, Colleges, Secondary School and Professional Team / Mascots Support NCATA, Athletic Training and Athlete Safety



NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION  
**NATIONAL ATHLETIC TRAINING MONTH**  
**ONE TEAM SUPPORTING**  
**ATHLETE SAFETY IN NORTH CAROLINA**



[ncathletictrainers.org](http://ncathletictrainers.org) • @ncathletictrainers • #NCATA74

### HOSA State Leadership Expo







Above: NCATA Float at St. Patrick's Day Parade in Uptown Charlotte



Above: Athletic Training Day Event at Discovery Place Museum

Below: NCATA Opening Exhibit at NC Sports Hall of Fame



Below: Public Radio Engagement





## Congrats!!

North Carolina's Quiz bowl team of UNC Students: Destinee Grove, Courtney Martin and Jake Hartzell for winning the MAATA Quiz bowl and advancing to the National Quiz Bowl in Houston!

### Training and Conditioning Magazine Most Valuable Athletic Trainer:

- Emily Gaddy : Finalist School Health Most Valuable Athletic Trainer Award, Orange High School
- Tim Kelly: Honorable Mention School Health Most Valuable Athletic Trainer Award, Charlotte Latin School

NCATA Secretary Jim Bazluki is recognized by the National Athletic Trainers Association with the NATA Service Award, he will receive this award at the NATA Conference on June 28th.

## Education

As camp season approaches it's vital for athletic trainers to be prepared for all different emergency scenarios. Most athletic trainers are well versed in the management of football equipment but with lacrosse it can be a lot more challenging. There are several different helmets and shoulder pads on the market that have different requirements for removal. Many North Carolina high schools don't have lacrosse so camps and clinics may be the only opportunity to see the equipment. It is important to be prepared when creating your emergency action plans to have some familiarity with the differences in the equipment. US lacrosse has created a resource area as well as guidelines for several major helmet companies removal in emergency situations. Visit [HERE](#) for resources and research on men's and women's lacrosse. USL Guidelines: Facemask and Helmet Removal can be found [HERE](#).

## Get Involved!

*Know someone who would be great for these positions?  
Let them know!*

Board of Director Position Open to represent CEPAT (clinical emerging practice athletic trainer) examples (but not limited to) of this practice setting are performing arts, military, clinic . If you are interested please send email to [leonard.barringer@caro-linashealthcare.org](mailto:leonard.barringer@caro-linashealthcare.org) including statement of interest and resume.

### President and Secretary Election Information:

Nominations/Applications will be open from July 1<sup>st</sup>-Aug 1<sup>st</sup>. Eblast will be sent including the website for the application on July 1<sup>st</sup>. We hope you thoughtfully consider serving the association with these positions.

Criteria:

- Must be a NCATA member in good standing and licensed by the NCBATE
- Must have served the NCATA board of representatives or as a committee member within the immediately preceding 5 years

Description:

### PRESIDENT

President presides at all meeting, make recommendations for approval by the Executive board, create annual reports to the membership on state of association, presents to the membership at meetings and represent the NCATA at events and conferences as deemed necessary.

### SECRETARY

Secretary shall keep official records, minutes, correspondence and membership of the association.

Any questions about the election process please email [Nina Walker](#).

# IT'S NEVER TOO EARLY TO NOMINATE!

We have so many Certified Athletic Trainers' that well deserve honors and awards... Don't Delay... Nominate early.

For more information on nomination criteria please click [HERE](#).



## Get Your Word Out! Advertise with the NCATA

The NCATA offers advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members and posted on our website.

Please contact [Eric Hall](#) for additional information.

Full Page	Half Page
8.5" x 11"	8.5" x 5.25"
1 issue \$100	1 issue \$75

Quarter Page  
4" x 5.25"  
1 issue \$60 or 4 issues \$200

## Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2017 corporate sponsors.

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