



# ATS IMPACT HEALTHCARE THROUGH ACTION



Artwork by Brent Baldwin





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Please click [HERE](#) for a complete list of NCATA Committee Chairs.



## PRESIDENT'S MESSAGE

Jim Bazluki, MAEd, LAT, ATC, EMT

We have set sail on a course no one has ever taken before. This statement is an understatement for the times we are currently living in. No one could have or can predict what the future holds for us as athletic trainers and our various patient populations. The only thing we know for sure – is that we WILL adapt and move forward.

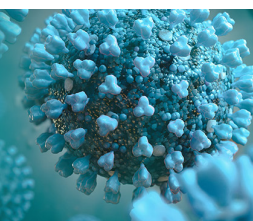
While nothing is certain, there are many groups working on your behalf to try and keep us in the loop and help work through this. The NCATA leadership is trying to stay on top of all changes that effect our membership at the national, state and local levels. The NCHSAA has addressed extending the expiring physicals for an additional year. Please see the [NCHSAA.org](http://NCHSAA.org) for the latest on any changes related to public high school rules, regulations and timelines. The NCAA has published a framework for return to collegiate athletics at [ncaa.org](http://ncaa.org) as well. Physician practices and clinics will start seeing patients again soon and slowly returning to normal. The state of NC has developed a THREE phase re-opening plan. We are expected to start Phase 1 on May 8<sup>th</sup> and follow each step from there. Of course, that is if everything goes according to plan.

Some ATs have been working as usual. Some of us have been re-purposed and reassigned to different tasks such as

COVID-19 screeners/testers. And unfortunately, some ATs have been furloughed during these times. The stress is affecting each of us in different ways, socially, financially, mentally etc. ATs Care is here to support ATs during COVID-19.

- [Email ATs Care](#)
- [Online Contact Form](#)

**NCATA  
CORONAVIRUS (COVID-19)  
RESOURCE CENTER  
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As you may have already heard, the MAATA will not be holding the face to face meeting in Charlotte this year. There will be a virtual business meeting (May 16th) separate CEU (E-Symposium) meeting available to the membership beginning May 18th. The business meeting has important by-law and constitution changes that we are voting on. The proposal is to create additional leadership positions by splitting up the district director duties and creating a district president and vice president. The president and vice president positions will conduct the business of the district and the district director will represent the district at the national level. Information about this proposal is on the district website at [MAATA.org](http://MAATA.org).

Additionally, the NATA will not be holding its annual meeting in person in Atlanta this June. They are currently working on a plan to provide CEUs virtually this summer. It will not likely be on the original dates but will be this summer. Stay tuned for additional details about the plan.

Please make sure you are taking care of yourself and your loved ones. You can't help others unless you take care of yourself first.

Stay Strong,

**Jim Bazluki, MAEd, LAT, ATC, EMT**

NCATA President

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.





## Vice President's Message

Nina Walker MA, LAT, ATC

Hello Colleagues,

Hope this message finds you safe, healthy and mentally well. We could not have possibly imagined this is where we would be right now, but couldn't be prouder of our membership. You have all answered the call as all great athletic trainers do, whether it's checking on your athletes remotely to ensure wellness, utilizing telemedicine, taking on completely different jobs, or taking on roles like homeschooling your kids to starting a mask sewing projects in your living room. It has been great hearing your stories. Please continue sharing them with us. Continue to show us what a valuable and flexible member of the healthcare system, we are as a ATs.

We know some are really struggling as well, with furloughs, financial and food insecurity and we would like to help. We will be updating our website with COVID related resources to help as well, as well as utilize our North Carolina Athletic Trainers Association (NCATA) Facebook Group for information about free CEUs, and members that want to share job information. We like this outlet because you can reach out to the membership in a "private" way. This is a great way to connect with questions, advice or just the ability to reach out to each other. (The NCATA Facebook page is open to the public the group is restricted to athletic trainers) During this time we will also be evaluating our committees and adding new members so if you are interested please fill out our [Volunteer Form](#).

Please support the MAATA event with attending the free virtual business meeting on May 16, 2020 from 12:30-2:30 pm. There will be voting, Honors and Awards Ceremony and a free 1.5 EBP CEU course on EAP for Safer Sports. We are looking forward to honoring our MAATA award winners of **Mark White**- Hall of Fame Inductee, **Ray Davis**- Most Distinguished Athletic Trainer and **Jolene Henning** – Service Award. Looking forward to honoring these amazing athletic trainers!

Be Well and Take Care,  
Nina Walker MA, ATC, LAT

NCATA on [FACEBOOK](#)

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## Secretary's Message

Nancy Groh, EdD, LAT, ATC

Membership, it is with great honor and excitement that I have begun my new BOD position as Secretary of the NCATA. While no one expected to be facing a pandemic and learning how to adapt to a new way of living, I want to commend everyone for facing it head on and staying positive regardless of personal impact. A special sense of gratitude to those of you who transitioned into frontline and/or essential worker positions in the unknown COVID-19 environment and also to those who have found ways to continue to support our colleagues, communities, and local businesses. It is our hope as an organization that you will share your stories

and experiences with us so we can communicate the positive impact of athletic trainers to a broader audience. I wish you all the best in these tumultuous times and am confident that we will continue to face its challenges together and come through it with strength and perseverance.



## 2020 NCATA NATM EVENTS

Be sure to check out the  
**2020 NCATA NATM events**  
on our [website](#).

# An Educational Update – What is Contemporary Expertise?

Submitted by Nancy Groh, EdD, LAT, ATC

Along with the decision to require athletic training professional programs to move to a Master's degree level, new CAATE 2020 Professional Standards were developed with an implementation deadline for the is July 1, 2020. Nuances in this addition are the requirement for the development, implementation and evaluation of a program framework (Standard 2), incorporation of the Core Competencies (Standard 56 – 94), and the inclusion of contemporary expertise as a qualification for Program Directors, Coordinators of Clinical Education, Core Faculty, and Preceptors (Standard, 37, 39, 42, 45).

So what is contemporary expertise and how can it be demonstrated? CAATE defines contemporary expertise as:

*Knowledge and training of current concepts and best practices in routine areas of athletic training, which can include prevention and wellness, urgent and emergent care, primary care, orthopedics, rehabilitation, behavioral health, pediatrics, and performance enhancement. Contemporary expertise is achieved through mechanisms such as advanced education, clinical practice experiences, clinical research, other forms of scholarship, and continuing education. It may include specialization in one or more of the identified areas of athletic training practice. An individual's role within the athletic training program should be directly related to the person's contemporary expertise. [Implementation and Guide to the CAATE 2020 Professional Standards](#). p.38.*

In reality, it is probably something all of you are already doing, but maybe not with a sense of intentionality. What area of athletic training do you spend time in clinically? Doing research? Pursuing continuing education? Pursuing certification courses? Taking advanced educational courses? Giving professional presentations? Publishing? If you evaluated your resume/curriculum vitae, what areas of athletic training knowledge would stand out?

Contemporary expertise does not insinuate you are an expert, but rather encourages continued development of knowledge and training in one or more areas of athletic training through multiple mechanisms of knowledge seeking. Much of this may be driven by your current or past employment setting and job requirements. It may also be driven by your areas of intellectual curiosity or tied to the patient population you work.

The second part of the standards surrounding the concept of contemporary expertise is how does it relate to your role in the associated athletic training program. For those who teach, it should be reflective of core areas in which you teach; for preceptors it should likely complement the clinical learning objectives of students placed with you. Whether you are associated with a CAATE accredited program or not, contemporary expertise should be a concept you begin to reflect upon as you seek out knowledge opportunities. Be intentional in what areas you pursue for continuing education, certification, etc. Consider, if you wanted to specialize in an area of athletic training, what would it be and how does it tie into your current or aspirational professional employment?

## LIFESAVER SPOTLIGHT

### KEVIN JONES



Kevin Jones, Athletic trainer who is hired though Pardee and normally works at AC Reynolds Middle School was reassigned to an Urgent Care facility to screen patents. While at work a patient collapsed in the waiting room, with no pulse and was non-responsive. Quick life saving CPR and O2 administration, between the Physician Assistant and Kevin, resulted in a positive outcome for this patient. An example of regardless of what setting you are in, as an AT you must always be ready for an emergency.

**Great job Kevin!!**



## Congratulations to 1075 KZL Frontline Hero of the Day!

Jeremy Miller is an Athletic Trainer at Oak Grove High School. When sports were canceled, Jeremy stepped up to work at Kernersville Medical Center where he organizes and distributes supplies to all the nurses and doctors on the frontlines, as well as the patients who are hospital bound.



## Preparticipation Physical Evaluation (PPE) Expiration Date Extension for NC High Schools in 2020-21

Below are the (condensed) guideline by the NCHSAA BOD/Sports Medicine Advisory Committee (SMAC) regarding recommendations about Preparticipation Physical Evaluation (PPE) Expiration Date Extension for North Carolina High Schools in 2020-21.

For more information please contact Ken Brown, NCHSAA Health and Safety Consultant, at [ken@nchsaa.org](mailto:ken@nchsaa.org).

### NCHSAA Board of Director Approved Preparticipation Physical Evaluation (PPE) Expiration Date Extension

The NCHSAA Board of Directors (BoD) approved a temporary extension of the time that a student-athlete's (SA) 2019-2020 PPE remains valid past the current 395 days. All SAs who have a valid Preparticipation Examination (PPE) form for the 2019-2020 season will be allowed a one-year extension through the end of the 2020-2021 academic year. This extension applies to any SA who has a PPE dated on or between 3/1/2019 through and including 5/1/2020. This extension will allow the PPE to be valid through the regular calendar school year until June 2021. An updated Health History from and Gfeller-Waller form must be submitted as well for the extension. A student athlete planning to participate in a sport during the 2020-2021 season with a PPE dated before 3/1/2019 or after 5/1/2020 will need to obtain a PPE before they will be allowed to participate.

**Effective Immediately.**

## MAATA AWARDS WINNERS

Congratulations to our MAATA award winners! Pictured below, left to right, are **Mark White**, MAATA Hall of Fame Inductee, **Ray Davis**, MAATA Most Distinguished Athletic Trainer recipient and **Jolene Henning**, MAATA Service Award recipient.



# AT COVID-19 Response

Crystal Shirk, Shanda Fuqua Bradley and Sarah Philipp working Urgent Care screenings. They are in front of all UNC locations for Pardee screening patients as well as helping nurses and clean runners for the Respiratory Units.



Johanna Williams (AT at W.A Hough HS) and Kierston Peck ( AT at Butler HS) are Working the entrance of Levine Children's Hospital ensuring patients are protected by checking visitor registration, health screening for vendors and others entering the hospitals single entrance.

**ATs in the News:** Check out the articles about ATs in NC in Action  
[Coronavirus: Athletic trainers adjusting to new roles with sports on hold](#)

[Athletic trainer steps into supply chain role to help deliver medical supplies during pandemic](#)





## NCATA Honors and Awards Committee Member Applications

The Honors and Awards committee is now accepting applicants to be involved on the Honors and Awards Committee.

This committee is designed to help in the yearly search of the selection of the prestige Honor and Award recipients and scholarship recipients.

Responsibilities will include:

- Involvement in the promoting of nomination categories
- Involvement in the selection process of award winners
- Involvement in reading all applicants nominations and the selection process of each honor and award category.
- Virtual meetings during the selection process
- Clear understanding and knowledge of each honor and award category criteria
- Clear understanding and knowledge of each scholarship category criteria

If you are interested in serving on this committee, please [CLICK HERE](#). Deadline for submission is June 1st



**MAATA**  
MID-ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

**Virtual Business Meeting**

**May 16, 2020**  
12:30pm - 2:30pm

- Vote on revisions to the Constitution & By-Laws
- Recognize our Honors & Awards Winners
- Free 1.5 EBP CEU Course

Registration link will be emailed out on May 11th



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# NCATA AWARDS WINNERS

## Hall of Fame Induction Dan Duffy

The most prestigious of the awards was the presentation of the NCATA Hall of Fame. "**Dan Duffy** is a consummate professional. A business owner, athletic trainer and leader, Dan has done more for our state profession behind the scenes than most anyone in the past decade. Dan works tirelessly on the behalf of every athletic trainer in developing and cultivating relationships with legislators as well as defending and promoting our profession in the public arena." Jim Bazluki – President of the NCATA



## LifeSaver Recognition (Pictured below left to right)

**Lindsey Braddock**, Page High School Athletic Trainer, who works on the Page High Campus through Outreach of Murphy Wainer Orthopedic Specialist, identified and successfully treated a football player who suddenly fell unconscious. Her actions resulted in appropriate care and that help save the life of this young athlete.

**Christopher Chapman**, Head Athletic Trainer for Red Springs, managed a severe blow to the upper left quadrant of a football player's abdomen that eventually resulted into a cardiac arrest. The well-orchestrated EAP and efforts of Christopher Chapman and team helped successfully resuscitated this football player.

**Zac Schnier**, Head Athletic Trainer for a Professional Baseball Team, managed a frantic, pale, and nearly unconscious athlete in respiratory arrest as having an airway obstruction. His action of performing Heimlich maneuver successfully cleared the airway of the athlete.



## Athletic Training Service Award (Pictured right)

**Amy Kirkman**, West Stanly High School of Oakboro, NC for her service and dedication to the athletes at West Stanly.



**More  
award  
winners  
next page.**



# NCATA AWARDS WINNERS

## North Carolina Athletic Trainers' Association Presidential Award

**Nancy Groh**, pictured right, Assistant Professor, and the Clinical Education Coordinator, in the Athletic Training Education Program at High Point University. She was elected by her peers to serve as the Secretary of the NCATA for the 2020-2022 term. Nancy Groh is an exceptional educator and continues to inspire others through her work with athletic training students, athletic training education department and the athletic training profession.



## North Carolina Athletic Trainers' Association Presidential Award

**Jeff Hinshaw**, pictured below, currently serves in the Department of Emergency Medicine at the Wake Forest University School of Medicine as the lead Physician Assistant and faculty member for emergency medicine. He has worked as an advocate for the athletic training profession and helped develop the collaborative working relationship between EMS and athletic trainers.



## SCHOLARSHIPS

(pictured below left)

### Presidential Scholarship for Leadership

Merrily Lyons, University of North Carolina Greensboro

### Pioneer Scholarship for Service

Kayla McReynolds, University of North Carolina Greensboro

## Quiz Bowl Winner





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