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### **Committee Chairs**

Please click **HERE** for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.





### **PRESIDENT'S MESSAGE**Jim Bazluki, MAEd, LAT, ATC, EMT

Greetings -

I hope this newsletter reaches each of you in good health. I know the past year has been hard on all of us physically and emotionally. I hate to feel that this year will be similar. If anything, this past year has shown everyone how versatile an athletic trainer is and the vital

roles we play in the healthcare of our patient populations. I am proud to be one of the many front line athletic trainers doing their part in fighting the pandemic. It feels like everyday is a challenge with changes and adaptations, the business of athletic training continues.

The NCATA will be conducting elections for the positions of President and Secretary during this fall. Be on the lookout in this newsletter for a call for candidates. We are always looking for individuals who are willing to answer the call to serve the association and profession in a variety of roles. Please reach out to someone on the board or a committee if you are interested in serving.

The NCATA has been continuously monitoring legislation that could impact our profession. A great deal of things slowed down during covid, but we always monitor proposed legislation and evaluate each piece to see if it could negatively or positively impact our profession. We also keep an eye on elections and the appointments of legislators to various committees and commissions. We are proactive in building relationships with key legislators and will continue to do so in the years to come. The NCATA is better positioned in terms of governmental affairs than we have ever been. I am super proud of the work our committees have been doing over the past year. The pivot to virtual meetings was not easy, but our Program committee knocked it out of the park. Our DEI committee has been doing discussions on a variety of topics this summer that have been outstanding. Our award winning PR committee continues to spread the great work of our association and membership. I can't tell you how proud I am of our membership and the great things we are doing. Congratulations to our award winning members that have received state, district and national wards over the past year.

I wish everyone the best of luck and good health as we navigate the fall sports seasons and beyond. Take care of yourself as we as you take care of everyone else.

Sincerely, Jim Bazluki, MAEd, LAT, ATC, EMT NCATA President



Hopefully everyone is ready for the academic year if you work in that setting. I want to specifically recognize the DEI committee in this newsletter. There was an amazing DEI virtual series including lectures and discussion forums. They created so many amazing opportunities for discussion of some sensitive topics. They have updated their website to include helpful resources. I would encourage you to follow them on Twitter @NCATA\_DEI.

We are gearing up for elections for our president and secretary, please consider running for these positions. The deadline for nominations is Sept. 12<sup>th</sup> and Elections will be in October. Finally, we are always looking for volunteers for our committees. If you are interested in volunteering please visit the website HERE to select a committee you may be interested in and complete the committee interest form.



**Secretary's Message** Nancy Groh, EdD, LAT, ATC

I want to congratulate all of our NCATA award winners and Hall of Fame Inductees (Randy Pridgen, Bill Griffin) and our state members who received NATA awards, including Nina Walker who received the NATA Service Award! I encourage everyone to consider nominating colleagues and mentors for NCATA, MAATA, and NATA awards! Don't' wait until the deadline, get those nominations in early...we have so many deserving members! Also be proactive in encouraging and supporting your students (whether preceptor or faculty) in applying for scholarships through

or athletic training organizations. North Carolina is host to 8 accredited programs in Good Standing that mentor and educate outstanding students that graduate and make significant impact in the field of athletic training. Scholarships sometimes go unclaimed or with few applications...what a great opportunity for our athletic training students to support their education.

# CALL FOR NOMINATIONS NCATA PRESIDENT & SECRETARY

The NCATA is currently conducting elections for the positions of NCATA President and Secretary. The nomination period is now open and nominations will be accepted until midnight on September 12th. We are looking for ATs who want to make a positive impact on their profession at the local level. Each position has a two-year term, with the possibility of being re-elected for a second term.

Eligibility for the positions include being a licensed AT in NC in good standing with the NCATA. Candidates must have served on an NCATA committee or as a member of the board of representatives in the past 5 years.

Candidates should send a letter of interest and resume to vicepresident@ncata.net by the deadline of midnight September 12th as the voting will occur in October.

### NCATA LEADERSHIP INSTITUTE

This summer the NCATA Leadership Institute met virtually with NATA Hall of Fame Member Dr. Kevin Guskiewicz, who is currently serving as Chancellor of UNC-Chapel Hill. Dr. Guskiewicz provided great insight into leading large groups, advancing the profession, and guiding the university through the pandemic. NCATLI Fellows were afforded the opportunity to ask Dr. Guskiewicz questions and the hour went by quickly as he provided engaging stories and many valuable pieces of advice.

The 2020 Leadership Fellows will have their final meeting in November. The session will be hosted by Orthopeadic Specialists of North Carolina. Guest Speakers include Mark Galland, MD and Ashley Rodriguez, JD. Dr. Galland is an orthopaedic surgeon and owner of Orthopaedic Specialists of North Carolina. He hires and works in collaboration with many athletic trainers. Ashley Rodriguez serves as the Director of Regulatory & Legal Affairs and Associate General Counsel of the North Carolina Medical Society. Mrs. Rodriguez has a great appreciation for athletic training and reaches out regularly when matters arise that concern both the NC Medical Society and the NCATA. Her knowledge of legal statutes and state legislation make her a valuable advocate for patients and providers.

Are you interested in becoming part of the next class of NCATLI Fellows? Consider filling out an application, found on the Leadership Institute tab on the NCATA website. Applications are due November 1, 2021 and appointments will be announced in January, 2022. The NCATLI is a great way to meet colleagues, hear from varied and interesting speakers, bolster your leadership skills, build your resume, and become involved in service to the NCATA. Please reach out to Ashley Long at ashleylong 111@amail.com with any questions.

## DRY NEEDLING COURSE SERIES





Wingate University COURSE 1 SEP 18-19

Wingate University COURSE 2 OCT 23-24

Wilmington, NC COURSE 1 **NOV 6-7** 

Wilmington, NC COURSE 2 **DEC 4-5** 





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# It's Never Too Early to NOMINATE

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...

Don't Delay...Nominate early.

NOMINATIONS ARE DUE ON JANUARY 1ST, 2022
For more information on nomination criteria,
CLICK HERE.

Stay up to date on Twitter as we highlight each nomination category throughout the month of November and December.



### **PUBLIC RELATIONS COMMITTEE UPDATE**

PR committee has been working hard to improve our social media content and website. But we need your help! Make sure you are periodically liking our multiple platforms so that you get all of our new content. Make sure you are following us on **Facebook** (North Carolina Athletic Trainers Association-page and we have a private group with the same name) **Instagram**-@ncathletictrainers @ncata\_deic and **Twitter**-@ncata\_1974 @ncata\_dei @NCATA\_awards. Check out our heat illness series!

We are also working closely with National Center for Catastrophic Sports Injury Research to make sure we are reporting all the catastrophic injures that we prevent as well as research ones that result in fatality. Injures can be reported retroactively.

Keep following us as we start with some new projects this quarter. Keep an eye out for

our updated website and please help contribute by sending us pics of ATs in action. Make sure both subjects approve of us using the pic, that the pic is yours to share and AT is the primary subject (avoid athlete faces if possible).

Have a great and safe fall!!



# Traumatic Brain Injury Spine Fracture

Rhabdomyolysis
Exertional Sickling
Commotio Cordis

Sudden Cardiac Arrest

Internal organ injury
Heat stroke
Spinal Cord Injury

## Report Sport-Related Catastrophic Conditions at:

https://www.sportinjuryreport.org/ nccsir@unc.edu





Have you wanted to submit for the Safe Sport School award but your school could not afford it? The NCATA has a grant for \$75 for eligible schools. If you are interested please fill out the form on our website under the AT Resources tab or CLICK HERE. If you have any questions please reach out to the NCATA Treasurer via EMAIL.



### Diversity, Equity, and Inclusion

Greetings from the NCATA DEI Committee!

We had a great time facilitating the first DEI Summer Series. Many thanks to our facilitators- Kelly

Daniels, Nina Walker, Ethan Williams, and Kaitlin Griego! This series provided some educational information as well as opportunities for open discussions around the topics of empathetic healthcare, perfectionism, and other prevalent topics affecting ATs today. It was great seeing members from across the state (and some ATs from other states) show up to learn from each other and support each other during the summer series. Please reach out to the committee via email (dei@ncata.net) if you have any comments or suggestions regarding the series and/or future projects.

Check out THIS LINK that provides information and training on the Americans with Disabilities Act! Some of the tips are not only helpful when communicating with or discussing individuals who have disabilities, but they can also be helpful when interacting with or referring to people with a variety of identities.

I hope that you all have an enjoyable end to summer and start of fall!

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### **NCATA SCHOLARSHIP**

It's that time of year again to submit applications for Scholarships.

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

### To be eligible for consideration of an NCATA scholarship, the applicant must:

- 1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
- 2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
- 3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
- 4. Three letters of recommendation from the following sources:
  - ATEP Director
  - I LAT, ATC clinical supervisor (must be different from program director)
  - One additional letter from: MD, instructor or Athletic Trainer
- 5. An official sealed transcript
- 6. An unofficial transcript with ATEP classes highlighted
- 7. An essay that must be typed, 10-point minimum, addressing future plans and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by February 1st**, **2022**. Please provide this email address, ncatascholarships@gmail.com, to those submitting a Letter of Recommendation. The Subject Line should contain your Full Name.



# CALLING ALL SECONDARY SCHOOL ATHLETIC TRAINERS!

The annual Shrine Bowl of the Carolinas is back on this year after COVID stopped us last year. The Sports Medicine staff of the SBOC need your help in finding deserving senior sports medicine student assistants to fill our 2 vacant positions for the NC team this year. Please encourage them to APPLY HERE.

The game this year will be 12/18/21 with a time commitment of 12/11 or 12/12 through 12/18/21. If any of you have any questions, please contact Miles Kliewer at mkliewer@wcpss.net. Looking forward to many applications. Thank you and have a safe and wonderful Fall season!!









# GET YOUR WORD OUT!

Advertise with the NCATA

The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

Please contact Eric Hall for additional information.

### Price Breakdown:

1 Issue

Full Page 8.5" x 11" \$100 Half Page 8.5" x 5.25" \$75 Quarter Page 4" x 5.25" \$60

#### 4 Issues

Full Page 8.5" x 11" \$320 Half Page 8.5" x 5.25" \$280 Quarter Page 4" x 5.25" \$200

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