



2023 ISSUE 2



**There's an AT for That**





## Board of Directors

### 2023 Executive Committee

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#### Committee Chairs

Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



## President's Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,

Thanks for all of your hard work this summer, we know the hot days, sports pre-seasons, preparing for classes and saying goodbye to the beach can be a challenge. But we know ATs thrive this time of year, protecting our most valuable resource, our patients. I couldn't be more proud of the work that our volunteers have put forth during a time of year that we tend to be relaxing. Our spring/summer has been nothing short of incredible!

We have had the opportunity to reach so many stakeholders, by meeting them where they are. We had representatives speak to the NC Athletic Directors Association, HOSA state conference, NC Independent Schools Athletic Association (AD's and ATs), NC coaches' conference, CMS Coaches and Duke Sports Medicine. We are so grateful to Emily and Katie for their hard work and miles driven to advocate for ATs in all school settings. As well my favorite moment this summer, watching our lifesavers recognized on the Senate Floor! Thanks Ashley Long for your tireless work to get this to happen. [MORE HERE](#)

DEIC has had some great events. Our summer/fall series has started with a great talk from Brittany Ingram- Social Determinants of Health and our Settings Committee What is an AT event to engage HS students. Check this out and all our other videos on our [Youtube](#) page. Please subscribe so you don't miss any!!

We are excited for our **ELECTION** this month and hope we will have the largest turnout in history. Pairing the election with the budget vote gives more members an opportunity to have a voice in how we utilize your member dollars. So make sure you [watch the video](#). We have 4 incredible candidates for the Secretary position. Nancy Groh has been an outstanding Secretary and I'm so grateful we have 5 more months of her expertise as we onboard the new person. And well.. it looks like you are all stuck with me for 2 more years :-)) I am so excited about some wonderful initiatives we have brewing, so stay tuned. Thank you for letting me represent you a little longer!

And last but certainly not least. We turn **FIFTY** next year!! Time flies when you are having fun! We are getting ready for an amazing event at the beach. Don't miss it. The symposium will be March 8-10<sup>th</sup> with a Gala on the 9<sup>th</sup>. So mark your calendar.

Don't forget to interact with our social media each month so that you will stay on our algorithm. It only takes a click.

Take care and Be Well,

*Nina*

## Voting is Open!

It is time to vote for secretary of the NCATA and to approve the budget. These will be collected in the same ballot. Please [click here](#) where you will find the bios of the candidates. The vote button at the top will provide you with the ballot. Please also watch the youtube video regarding the budget and vote on approval. The video is also linked to the ballot. When you vote you will need to enter your NATA number and your NATA registered email so your vote can be certified.

## Candidates for NCATA Secretary

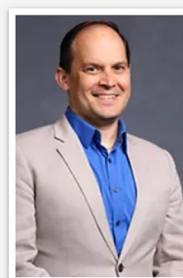
Tony Cordova, MS, LAT, ATC



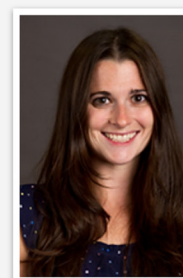
Tyler DePew, MS, LAT, ATC



Tyler MacDonnell, MS, LAT, ATC



Ashley Thrasher, EdD, LAT, ATC



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## Treasurer's Report

Jarrett C. Friday

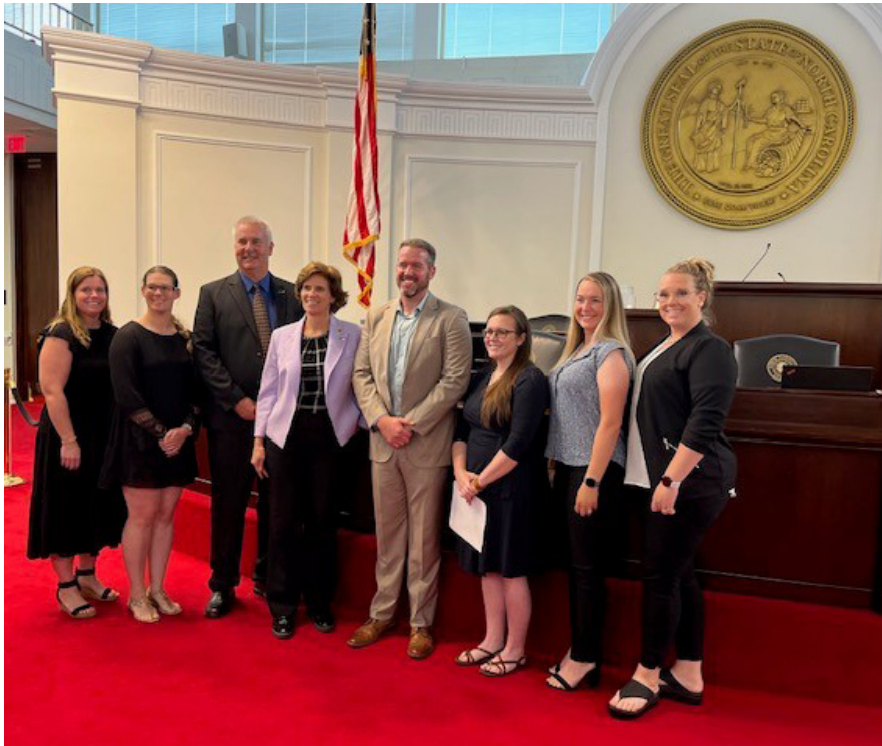
I would like to start by wishing everyone a Happy Fall and hope that everyone is doing well with where you are in respect to your seasons and work schedule. I wanted to take this opportunity to remind everyone of the new process for voting on our 2024 NCATA budget. We approved at our March meeting to send our proposed budget to the membership for voting and approval in conjunction with our Executive Board elections. This allows for membership approval of the budget prior to us working from it beginning in January. The process for your vote is fairly simple. You will be sent an email with information about the candidates for election and included in that email will be a link to the budget presentation that gives our current financial situation as well as the proposed budget for 2024 calendar year. That link takes you to our NCATA YouTube channel where you can view the presentation and ask questions or voice opinions concerning the budget in the comments portion. Those questions and concerns will be answered and addressed by myself or another executive board member. The budget presentation and comment function will remain open and available for the duration of the election cycle, so that you can access and view at any time. You will then be emailed a ballot to vote on the Executive positions as well as the 2024 NCATA Budget. The budget presentation and comment portion will close at the conclusion of the voting cycle on September 30th. The presentation can also be accessed by visiting our webpage at [www.ncathletictrainer.org](http://www.ncathletictrainer.org) Please email me at [treasurer@ncata.net](mailto:treasurer@ncata.net) if you have any questions as to the process. - Thank you and I hope you all have a wonderful Fall and look forward to seeing you in March in Wrightsville Beach.

# COPA

## General Assembly

On Tuesday, June 13, 2023 the North Carolina state legislature honored athletic trainers who recently saved a life. The event was coordinated and introduced by Senator Natasha Marcus after attending a legislative reception held in Raleigh two months prior. Senator Marcus issued a Senatorial Statement honoring Lifesaver Athletic Trainers, which was read on the Senate floor at those athletic trainers stood to be honored. After the statement was read, the group received a standing ovation from the senators and staff as they turned to look up toward the senate gallery where the Lifesavers and other members of the NCATA were asked to stand. After the session concluded, NCATA members and guests proceeded to the senate floor where many were introduced to the senator that represents their district, and others who appreciated the lifesaving efforts that occurred. Those honored on that day include: Katie Hanes-Romano, Jim Bazluki, Kristen Thacker, Morgan Krout, Mike Coombs, Jade Gail, and Emily Gaddy. The event gave the opportunity for several athletic trainers to visit their senator or representative and expand upon the importance of having athletic trainers in the healthcare team and the benefit to the citizens of North Carolina by increasing access to healthcare and decreasing overall costs. Both the legislative reception in April and the Senatorial Statement in June were milestones for the NCATA as we continue to educate legislators about the athletic training profession.

The Committee on Practice Advancement also met with Joe Greene, a consultant for the NATA specializing in third party reimbursement. He went over many projects that the NATA is working on, and made particular suggestions for North Carolina including meeting with individual insurers to discuss credentialing athletic trainers.



*Pictured L-R: Kristen Thacker, Morgan Krout, Jim Bazluki, Sen. Natasha Marcus, Mike Coombs, Emily Gaddy, Jade Gail, Katie Hanes-Romano*



# Novant Health High School

Novant Health High School Athletic Trainers with their re-accredited Safe Sports School Banners. Left to right is: Sha'Bria Hairston, ATC – Ledford HS; Gary Rizza, ATC – North Davidson HS; Donato Colucci, ATC – South Davidson HS; Melinda Franke, ATC – East Davidson HS; Sydney Collins, ATC – West Davidson HS and Jeremy Miller, ATC – Oak Grove HS



## DRY NEEDLING COURSES ELON, NC 2023


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- BOC Approved! Category A - 54 hours (over 2 courses).  
- See our website for more course dates and details!



Course 1: October 7-8  
Course 2: November 11-12

Advanced Course: Nov 18-19

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## Athletic Trainers at NCADA Meeting

Emily Gaddy and Dr. Katie Hanes-Romano separately presented their presentation "Not If, But When: Preparing for Emergencies on your Campus"

In the continued effort to reach secondary school stakeholders to highlight student-athlete safety needs, in June 2023, Emily Gaddy and Dr. Katie Hanes-Romano separately presented their presentation "Not If, But When: Preparing for Emergencies on your Campus" at the 2023 Duke Sports Medicine Summer Symposium and at the 2023 NCISAA Athletic Directors Annual Symposium respectively. The pair also presented together their presentation "Policy, Procedure, and Practice: Making Sense of the NCHSAA Rules" to the NC Coaches Association Athletic Trainers & First Responders focusing on practical ways ATs can ensure they are in full compliance with the rules that govern high school sports in NC. We are beginning to see the efforts of many stakeholders pay off with NC counties hiring their first full-time athletic trainers for high school sports and purchasing AEDs designated to athletics.



## Professional Setting Committee Update

The Professional Setting committee hosted a "Meet the Athletic Trainers" virtual event on May 18, 2023. This event educated students on the athletic training profession and the different opportunities it presents. Representatives from the setting committee in Performing Arts, Military, Industry, Interscholastic, and Collegiate settings answered questions regarding their journey and how all professional settings have different needs and require different approaches. Students were introduced to Latty Heck of WWE, Q Sawyers of the Charlotte Hornets, and Doug Halverson with UNC Basketball, allowing them to ask questions regarding professional and high-profile athletic training settings. You can find the recorded event on the [NCATA YouTube](#) page.



## NCHOSA

In April 2023 Taryn Strickland Katie Hanes-Romano presented to NC HOSA students at their annual conference in Greensboro, NC. The presentation focused on emergency management for athletic trainers and discussed the key components of an emergency action plan. Students were then able to practice some emergency management skills, including CPR, ice water immersion, spine boarding and splinting while rehearsing an emergency action plan.



# NCATA 50th Anniversary Gala

Saturday, March 9th, 2023 @ 8:00 p.m.

Holiday Inn Sunspree Resort

**HOF Ring Presentation**  
**Dinner**  
**Bar Service**  
**Dancing**





The Atrium Health Athletic Training programs are looking for licensed athletic trainers to fill immediate positions.



# Join our team!

**All new athletic trainers will receive up to \$12,000 sign on bonus and relocation up to \$5,000**

Join our team of 85+ athletic trainers providing athletic training services across the greater Charlotte region. Partnerships include colleges and high schools in Anson, Cabarrus, Lincoln, Mecklenburg, Union, Stanly counties and SC locations in Fort Mill, York and Rock Hill. Clinic areas include Ballantyne, Charlotte, Concord, Davidson, Huntersville, Indian Trail and Lincolnton.

Positions are full time, 100% athletic training, in the clinic or outreach setting. All new employees are assigned a mentor to assist with the transition into our program. Opportunities to work with our local sports partnerships and mentor athletic trainers new to athletic training.

Atrium Health is pleased to offer competitive salaries based on education and experience. To apply, please visit [Job Search Results \(atriumhealth.org\)](https://atriumhealth.org/job-search-results). For more information, contact Jennifer Ball at [Jennifer.Ball@atriumhealth.org](mailto:Jennifer.Ball@atriumhealth.org)

## School Positions

<b>Cox Mill High School *</b> Concord, NC	Athletic Trainer - High School Outreach
<b>Hickory Ridge High School *</b> Harrisburg, NC	Athletic Trainer - High School Outreach
<b>West Lincoln High School *</b> Lincolnton, NC	Athletic Trainer - High School Outreach
<b>Forest Hills High School *</b> Marshville, NC	Athletic Trainer - High School Outreach
<b>UNC Charlotte *</b> Charlotte, NC	Athletic Trainer
<b>Charlotte Football Club Academy *</b> Charlotte, NC	Athletic Trainer Coordinator

*\*These schools carry up to \$12000 sign on bonus and up to \$5000 in relocation assistance.*

**For clinic positions, contact:**  
**Nathan Sowle**  
[Nathan.Sowle@atriumhealth.org](mailto:Nathan.Sowle@atriumhealth.org)  
704-863-4878

**For outreach positions, please contact:**  
**Scott Barringer** | [Leonard.barringer@atriumhealth.org](mailto:Leonard.barringer@atriumhealth.org)  
704-791-6334





## Young Professionals Committee

The NCATA Young Professional's Committee had an eventful year! We had such an amazing turnout at the 2023 NCATA Symposium. Missed the action? We'll catch you next time! For now, see [here](#) for an Instagram post from Atrium Health Wake Forest Baptist! Congratulations to Chris Turner for winning this year's raffle!

The NCATA YPC is looking forward to supporting a community service event this winter during the holidays! Please be on the lookout for more information to follow on how you can support!



Looking to get involved? There are two opportunities at the District level. The MAATA Young Professional's Committee are looking for two Members at Large. These two individuals will represent the Career Advancement Committee & the Early Professional's Committee, respectfully. If you would like more information on applying, please email Kassy Mosley, MAATA YPC Chair and NCATA YPC Member for more information at [MOSLEYK18@ECU.EDU](mailto:MOSLEYK18@ECU.EDU).

## Save the Date!

Join us in celebrating 50 incredible years of excellence at the NCATA 50th Year Celebration Gala on March 9, 2023, at Wrightsville Beach, in conjunction with the annual symposium (March 8-10)! It's a night you won't want to miss, featuring an unforgettable Hall of Fame ring presentation, delectable dinner, refreshing drinks, and dancing. We are thrilled to host you at the newly renovated Holiday Inn Sunspree Resort, ensuring a comfortable and stylish stay. Don't miss out on the spring symposium and a night of nostalgia, laughter, and celebration that promises to be truly legendary! NCATA volunteers and HOF members will receive a special event invitation to a pre-Gala cocktail hour.

**JOIN US IN CELEBRATING!**

**NCATA ANNUAL SPRING  
SYMPOSIUM AND  
AWARDS BANQUET**

 March 8-10, 2024

 Wrightsville Beach, NC

Now accepting abstracts for presentations and learning labs  
Abstracts due November 15

Check out [www.ncathletictrainer.org/spring-symposium](http://www.ncathletictrainer.org/spring-symposium) for  
information and link to submit





NATA INTERCOLLEGIATE  
COUNCIL *for* SPORTS MEDICINE

As the DI Chair and your representative on the NATA-ICSM, greetings and I hope that your fall season is going well. Information below provides reminders of basic information, in addition to our work-group tasks that have been accomplished recently (**direct links are highlighted in blue**). Please don't hesitate to reach out if you would like further details or have questions.

Jennifer O'Donoghue, PhD, ATC, CSCS

ICSM Division I Chair, ACC Representative NCATA College/University Board Representative  
District 3 MAATA DI Representative | North Carolina State University Email: [jaodonog@ncsu.edu](mailto:jaodonog@ncsu.edu)

### **Intercollegiate Council for Sports Medicine**

The NATA Intercollegiate Council for Sports Medicine (ICSM), formerly known as the College/University Athletic Trainers' Committee (CUATC), will address issues affecting the student athlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources.

### **Council Roster**

This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

### **2023 NATA-ICSM Work Group Completed Tasks, found by clicking the [link](#) for the [Resources to help advance college/university ATs](#)**

#### Collegiate AT Labor Crisis

Members from the Intercollegiate Council for Sports Medicine and the college/university subgroup of the AT Compensation Task Force collaborated on a project to provide data driven metrics outlining the current collegiate workplace environment with strategies to improve employee engagement. Although the information provided outlines opportunities to identify necessary employment fundamentals, recruitment, retention and advancement of collegiate athletic trainers, the research and information presented within this white paper comes from and is applicable to various collegiate employers.

- **[The Collegiate Athletic Trainer Labor Crisis: A Data Driven Guide Outlining the Current Collegiate Workplace Environment and Strategies to Improve Workplace Engagement](#)**
- **[Athletic Training Employer Checklist \(pdf\)](#)**
- **[ICSM Compensation Task Force Survey Results \(pdf\)](#)**
- **[The State of Athletic Training: Employment: Timely Topics Series On-Demand Event Collegiate Sports Connect interview](#)**



## March 27, 2023

Brant Berkstresser, Associate AD of Sports Medicine at Tarleton State and Chairman of the Intercollegiate Council for Sports Medicine joins Connect/MB Sports' Matt Banker to discuss the athletic trainer shortage. The two dive into the core issues impacting the labor shortage. Berkstresser also discusses what's happening on the front end on injury prevention, structuring compensation, return to play timeframes and much more!

## Summer 2023 updates associated with the ICSM White Paper and meetings with associated associations and stakeholder groups:

[Click Here](#) to read the report from the NATA, BOC, and CAATE meeting with NCAA on June 21, 2023 regarding the Collegiate AT Labor Crisis. This was disseminated from the NCAA last Thursday. I wanted to make sure everyone has seen this if it hasn't come across your inbox. Please feel free to share this with your administration, conference members.

The following, [blog post](#), was part of weekly communication from CUPA, one of the college/university HR groups regarding: ***NATA Provides Insights Into the Collegiate Athletic Trainer Labor Crisis***

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## Updates for the 10 for 10 Presentations on Common Collegiate Health and Safety Issues

The original concept for the "10 for 10" presentations was to provide collegiate athletic trainers with 10 presentations with around 10 slides on common health and safety issues affecting college athletes. The number of presentations has grown past 10 and topics will continue to be added. Each presentation can be modified by the athletic trainer and will be useful for meetings with coaches, parents, administrators and student-athletes.

# Pain can't wait!

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Our highly trained orthopedic specialists will get you through treatment and recovery so you can get back to what you love faster.

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## Now hiring certified athletic trainers

Join our remarkable team of athletic trainers with opportunities in the Charlotte, Salisbury and Winston-Salem areas.

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## UNCW MSAT Program

On July 28th, the UNCW MSAT program hosted the inaugural Tri-County Emergency Management and Planning Event. Secondary School Athletic Trainers, First Responders, EMS/Paramedics, Team Physicians, Coaches, and Administrators from New Hanover, Brunswick, Pender, and Columbus Counties were invited to attend. Alongside UNCW MSAT faculty and students, attendees reviewed and discussed EAPs, best practices in emergency care, and practiced equipment removal and heat illness protocols. This free event was funded by the New Hanover Regional Medical Center (NHRMC) Foundation 2022 South East Area Health Education Center (SEAHEC) Legacy Grant, which aims to advance health education and support workforce development in healthcare in New Hanover, Duplin, Columbus, Brunswick and Pender Counties. Athletic Trainers were able to earn four CEUs for the event.



# NCATA Honors and Awards

## *IT'S THAT TIME OF YEAR AGAIN.....NOMINATION*

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...Don't Delay...Nominate Today. Nominations are due on January 1<sup>st</sup>, 2024.

## *NOMINATION CATEGORIES*

### **Presidential Award:**

This award recognizes any business, medical practices, organizations or individuals that have supported healthcare services above and beyond the expected support of athletic trainers and the athletic training community.

### **AT Service Award**

This award recognizes NCATA members for their service and contributions to the athletic training profession. ATSA recipients are involved in the local and state associations, community organizations and other services that represent the AT profession.

### **Bill Griffin Most Distinguished Athletic Trainer Award**

This award recognizes NCATA members who have demonstrated outstanding commitment to leadership, service, advocacy and professional activities as an athletic trainer. The DAT recognizes NCATA members who are involved in service and leadership activities at the state, district and national level.

To nominate someone today [CLICK HERE](#).

### **Lifesaver Awards:**

No of an athletic trainer who had a lifesaving event over the past event. Let's honor their life saving event. Please email [ncatahonorsandawards@gmail.com](mailto:ncatahonorsandawards@gmail.com) complete story and any photos that you may have regarding the lifesaving event.

Want to highlight an athletic trainer, organization, business for all they are doing in the community. Email [@ncatahonorsandawards@gmail.com](mailto:@ncatahonorsandawards@gmail.com) Let's continue to highlight all the great things that our healthcare professionals are doing.



# NCATA Scholarships

## *IT'S THAT TIME OF YEAR AGAIN TO SUBMIT APPLICATIONS FOR SCHOLARSHIPS.*

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

### **To be eligible for consideration of an NCATA scholarship, the applicant must:**

1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
4. Three letters of recommendation from the following sources:
  - ☐ ATEP Director
  - ☐ LAT, ATC clinical supervisor (must be different from program director)
  - ☐ one additional letter from: MD, instructor or Athletic Trainer
5. An official sealed transcript
6. An unofficial transcript with ATEP classes highlighted
7. An essay that must be typed, 10-point minimum, addressing future and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by February 1<sup>st</sup>, 2023**. Please provide this email address, [ncatascholarships@gmail.com](mailto:ncatascholarships@gmail.com), to those submitting a Letter of Recommendation. The Subject Line should contain your Full Name.

## *ARE YOU INTERESTED IN BEING A PART OF THE HONORS & AWARDS COMMITTEE?*

Honors and Awards are looking for individuals to help support in the following areas

### **Honors and Awards Committee**

Your responsibility will include helping review applications and being a part of the selection of the Honors and Awards recipient. We meet quarterly and our heaviest months are November-March.

#### *Criteria: Honors and Awards Committee*

- ☐ Must be BOC ATC in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training Profession

### **Scholarships Committee**

Your responsibility will include collection, helping review applications, essays and being a part of the selection of the Scholarships recipient. We meet quarterly and our heaviest months are November-March.

#### *Criteria: Scholarships Committee*

- ☐ Must be a BOC ATC and in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training profession
- ☐ Must be a non-faculty member

### **NCATA Hall of Fame Committee**

Your responsibility will include gathering all important information of our Hall of Famer. We meet quarterly and our heaviest months are November-March.

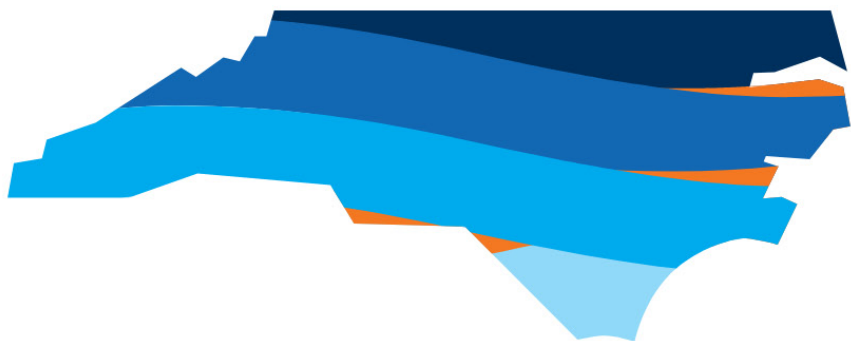
- ☐ Must be BOC ATC in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training Profession



# EmergeOrtho

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EmergeOrtho is led by a team of skillful surgeons and physicians. We provide patient-centered orthopedic care, offering advanced expertise in conditions of the bones, muscles, and joints. We strive to help our patients emerge stronger, healthier, and better able to lead an active life.



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## Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2023 corporate sponsors.

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The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

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### 4 Issues

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Half Page 8.5" x 5.25"	\$280
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