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2022 ISSUE 4



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Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



President's Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,

Hope you are taking a moment enjoying the beauty that is around us this time of year, as well as a deep breath for those who are wrapping up their fall seasons. Best of luck to all those in the championships. Your hard work is the reason all of the teams out there are successful.

We are excited as we get ready for our December in-person leadership meeting. I always love being in a room with individuals that care so much about our profession and association and look forward to hearing what our committees have in store for 2023. November is our State Leader Recognition Month and I just wanted to take a minute to recognize all the amazing Board Members, Committee Chairs and Student Leaders that have volunteered their time for the betterment of the profession. Thank you!!

I still want to really urge you all to attend our amazing DEI events. I typically use the philosophy that if I think I don't need to learn something, it means I do. I have learned so much from our amazing speakers and loved hearing from our guests last week on the indigenous experience. Alyssa Fredricks of the Hopi Nation and Aimee Brunelle AT for the Haudenosaunee Men's Lacrosse National Team, gave us a ton to think about. Please visit our [Youtube page](#) for this talk and other talks you may have missed. You will be glad you did.

I have been talking to a lot of students and program leaders about the incredible programs we have left in our state. I know it can be frustrating to see the numbers decrease but the ones that are left are outstanding. Please encourage your students and athletes alike to look into them for graduate studies. The best way to keep talented students in our state and keep these program thriving is by being a great advocate for helping students find them. Regardless about beliefs of what education should look like, we have the best in our state and need to start promoting that fact. Thanks to the students and of course our amazing educators for working to create the best experience for our NC patients. Keep up the great work, break is coming!!!

Keep Swimming!
You are the Best,

Nina

Congratulations to Meredith Petschauer and Jarrett Friday for continuing as the NCATA Vice President and Treasurer.





Vice President Message

Meredith Petschauer, PhD, LAT, ATC

Happy November everyone! I have been working on helping the program development committee with our spring symposium in March in Winston Salem. Please make plans to attend. I know they are developing a great program. The committee is still taking abstract submissions so please do that if you are interested in speaking.

We have a place on our website for those of you interested in an immersion student. We can post your information so students can contact you if they are interested in your setting. We can also help you connect with program directors in the state. [VIEW HERE](#)

Finally, we are in need of committee members for most of our committees. [VIEW HERE](#) the list of committees and their chairs. As an association, we are better with more involvement with diverse experiences. Consider reaching out to a chair of a committee of interest to get involved.

Please do not hesitate to contact me with any questions! Meredith Petschauer (mbusby@email.unc.edu)

NOV 14 - NOV 30

BLACK FRIDAY SALE

PROMO CODE NCATA13

13 MONTHS OF CEUS FOR THE PRICE OF 12

MEDBRIDGE

NCATA
Est 1974
NORTH CAROLINA ATHLETIC TRAINERS' ASSOCIATION

Register all AEDs on Pulse Point

Download the PulsePoint AED app and report every AED you see. Building an electronic registry of AEDs can save lives! More than 350,000 Americans each year have an out-of-hospital cardiac arrest (OHCA) and only 12 percent survive, according to the American Heart Association. The chance of survival decreases by ten percent with every passing minute without CPR. For more information and links to the app, [GO HERE](#).

PulsePoint

Annual Conference for Board Member Development

The North Carolina School Board Association held its Annual Conference for Board Member Development in Greensboro on November 14-16, 2023. NCATA had a conference exhibitor booth where volunteers spoke with school board members about the role that athletic trainers play at the secondary school level. They also encouraged school districts to apply to be an NATA safe sport school. Thank you to Taryn Strickland, Nancy Groh, Nina Walker, Chris Ina (Atrium Health) Bob Casmus (Novant Health), Scott Barringer (Atrium Health), Jarrett Friday (CaroMont Health), Emily Gaddy, and Erica Thornton.

Dr. Katie Hanes-Romano and Emily Gaddy presented to the NC School Board Association. Their presentation titled "Identify, Act, Imapct: A roadmap for getting student athlete safety from where you are to where you want to be." This is the duos second time presenting to this group of secondary school stakeholders and providing them with vital information about assessing their districts vulnerability, steps that can be taken to ensure proper safety, and the importance and impact athletic trainers have on Athlete health and safety.



Spring Symposium Abstract Submissions

The link for submitting abstracts to be considered for the 46th Annual NCATA Spring Symposium to be held in Winston-Salem, NC is now OPEN. The meeting will take place March 3-5, 2023. We will be accepting abstract submissions until December 15. We are looking forward to providing an informative and engaging program and we need your help to do so! All abstracts are welcome and abstracts focused on the upper extremity and emergency care are strongly encouraged. Please submit abstracts to [NCATA Abstract Submission](#). Any questions regarding abstract submission or participating in the conference can be directed to ncatasymposium@gmail.com



safe sports school
NATIONAL ATHLETIC TRAINERS' ASSOCIATION

Safe Sport School Grant

The Safe Sports School Award recognizes secondary schools around the country that take the crucial steps to keep their athletes free from injuries. NCATA provides \$75 to members who are applying for or renewing Safe Sports School status. The [safe sport school grant](#) is available to qualifying members as long as funds are available on a first come first serve basis.

Dry Needling Course Series 2023



Courses

Elon
University
Feb 18-19
Course I of 2

Apr 1-2
Course 2 of 2
Elon, NC

Winston
Salem, NC
July 8-9
Course I of 2

Aug 12-13
Course 2 of 2
Winston
Salem, NC

Elon
University
Oct 7-8
Course I of 2

Nov 11-12
Course 2 of 2
Elon, NC

BOC Approved
54 hours over 2 courses

 [evidenceandexpertise](#)

See our website for details
about our courses :
doubleeeducation.com

NCBATE

If you have any questions or need any information regarding state licensure, practice act, statute, rules & regulations or the athletic trainer/physician protocol; please contact the state licensure board at www.ncbate.org. Contact **Paola Learoyd**, Executive Director at executivedirector@ncbate.org or [CONTACT US](#).

NCBATE BOARD MEMBERS

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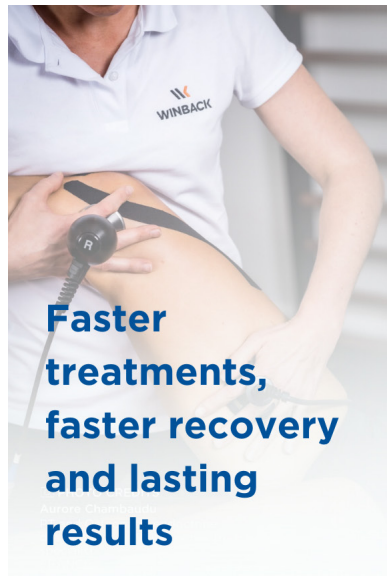


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NATA INTERCOLLEGIATE
COUNCIL *for* SPORTS MEDICINE

As your representative on the NATA-ICSM, greetings and I hope that your fall and transition season is going well. Below I have provided a reminder of basic information, in addition to changes and our work-group tasks that have been accomplished recently ([direct links are highlighted in blue](#)). Please don't hesitate to reach out if you would like further details or have questions in any of these areas.

Jennifer O'Donoghue, PhD, ATC, CSCS
ICSM Division I Chair, ACC Representative
NCATA College/University Settings Representative
District 3 MAATA Representative
North Carolina State University
Email: jaodonog@ncsu.edu

[Intercollegiate Council for Sports Medicine](#)

The NATA Intercollegiate Council for Sports Medicine (ICSM), formerly known as the College/University Athletic Trainers' Committee (CUATC), will address issues affecting the student athlete and athletic trainers at the collegiate level. The ICSM will identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources.

[Council Roster](#)

This athletic conference-based committee is comprised of members from the college/university setting, including ATs working in DI, DII, DIII, Junior College and NAIA institutions.

NATA-ICSM Work Group Completed Tasks, found by clicking the [link](#) for the [Resources to help advance college/university ATs](#)

Resources Related to Transgender Student Athletes

The ICSM has collected various transgender statements/policies from different organizations for collegiate athletic trainers to utilize in developing, reviewing and/or revising their current protocols.

[NCAA Transgender Student-Athlete Participation Policy](#)

[Phase One Implementation of 2022 Updates to the NCAA Transgender Student-Athlete Participation Policy](#)

[Frequently Asked Questions](#)

[NCAA Board of Governors Updates Transgender Participation Policy](#)

[NCAA Inclusion of Transgender Student-Athletes](#)

[NCAA Gender Identity and Student-Athlete Participation Summit Meeting Summary](#)

[2010 NCAA Policy on Transgender Student-Athlete Participation](#)

[IOC Framework on Fairness, Inclusion and Non-Discrimination on the Basis of Gender Identity and Sex Variations](#)

[Comprehensive Resource Links](#)

Continued...

Professional Management and Advancement Best Practices for the Collegiate Athletic Trainer

The NATA Intercollegiate Council for Sports Medicine, NATA Career Advancement Committee and NATA Early Professionals Committee have created a guide for collegiate athletic training staffs to promote staff growth and value regardless of experience, responsibility or career aspirations.

[Professional Management and Advancement Best Practices for the Collegiate Athletic Trainer](#)

Best Practices for Development of a Bias Action Plan

The ICSM has created a document that outlines best practices for the development of a bias action plan. This document highlights potential steps and campus resources for the athletic department to evaluate and implement necessary protocols supporting student athletes.

[Best Practices for Development of a Bias Action Plan](#)

Monkeypox Factsheet

The ICSM developed a quick educational monkeypox infographic for collegiate athletic trainers to assist in educating their student athletes, coaches and administration per NCAA Sport Science Institute recommendations. In addition, the CDC provides guidance for young adults and health care workers, including vaccination, testing and treatment recommendations, as well as ways to avoid inadvertently stigmatizing impacted populations.

[Monkeypox Factsheet](#)

Additionally, The [NATA-Cast](#) is the official podcast of the National Athletic Trainers' Association, providing in-depth conversations about health care topics that interest you – the athletic trainer. The CompensATion Task Force is putting forth different podcasts. The NATA-ICSM has a working group that has been collaborating with the Collegiate Task Force in the development of upcoming podcasts relevant to the collegiate AT. Therefore, please be on the lookout of these as they get announced over the next weeks and months.

University of North Carolina Charlotte MSAT Program

The University of North Carolina Charlotte earned accreditation for our MSAT Program in Spring 2021. We will graduate our third cohort this coming May. Our students come from undergraduate programs across the state of North Carolina, Virginia, and Tennessee.

We have numerous and varied clinical experiences available to our students within the Charlotte Metro Area including several surrounding area public and private colleges and universities ranging from NAIA to HBCU to Division I, county public schools, private secondary schools, sports medicine and family medicine clinics, and rehabilitation/sports performance centers. We also have a wide variety of immersion experiences outside of the Charlotte Metro Area which include: Syracuse University, Penn State University, Old Dominion University, Duke University, University of North Carolina at Chapel Hill, Wake Forest University, Virginia Military Institute, Ashe County High School, and Cardinal Gibbons High School. Within the Charlotte Metro Area our professional team clinical sites include: Charlotte FC, Charlotte Hornets, and the Charlotte Checkers. We aim to prepare our students for the job they want when they graduate and try to match them with the best clinical experiences in order to achieve this goal. We are proud of the growth of the program, the success of our students, and thankful to our preceptors for their continual support.



Our mission is to develop exceptional athletic training clinicians who provide patient-centered, holistic care



Dynamic Experience



Student Centered



Patient Focused



Why Western Carolina University?

- Clinical experiences in a variety of settings across the country
- Focused coursework in primary care, behavioral health, manual therapy, emergency care, orthopedic evaluation and treatment
- Embedded focus areas emphasizing inclusive patient care and serving diverse populations
- Overall BOC first time pass rate >95%



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NCATA Honors and Awards

Calling ALL Hall of Fame NOMINATORS It's Nomination Time...

Know of someone who is deserving of being an inductee of the Hall of Fame. Nominate today. Nominations are due by December 1st 2022.

Hall of Fame Criteria

1. Nominees must be current or retired BOC Certified Members of the NCATA.
2. Nominee must hold a current NCBATE License (unless retired)
3. Nominees must have been certified for a minimum of 20 years and a member of the NCATA for a minimum of 15 years (does not have to be consecutive years).
4. Nominees must have provided service to the NCATA.
5. Sponsoring members must be a regular member of the NCATA.
6. The sponsoring member should complete the nomination form.
7. The application packet should be returned in one mailing to the Honors and Awards Committee.
8. The Board of Directors has the right to identify and nominate worthy individuals for consideration who may not meet the above criteria.

[Nominate Today Here](#)

Calling ALL Honors and Awards NOMINATORS It's Nomination Time...

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...Don't Delay...Nominate Today. Nominations are due on January 1st, 2023.

Nomination Categories

Presidential Award:

This award recognizes any business, medical practices, organizations or individual that have supported healthcare services above and beyond the expected in support of athletic trainers and the athletic training community.

AT Service Award

This award recognizes NCATA members for their service and contributions to the athletic training profession. ATSA recipients are involved in the local and state associations, community organizations and other services that represent the AT profession.

Bill Griffin Most Distinguished Athletic Trainer Award

This award recognizes NCATA members who have demonstrated outstanding commitment to leadership, service, advocacy and professional activities as an athletic trainer. The DAT recognizes NCATA members who are involved in service and leadership activities at the state, district and national level.

To nominate someone today, [Click Here](#).

Stay up to date on Twitter as we highlight each nomination category throughout the month of November and December.

NCATA Scholarships

It's that time of year again to submit applications for Scholarships.

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

To be eligible for consideration of an NCATA scholarship, the applicant must:

1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
4. Three letters of recommendation from the following sources:
ATEP Director
LAT, ATC clinical supervisor (must be different from program director)
one additional letter from: MD, instructor or Athletic Trainer
5. An official sealed transcript
6. An unofficial transcript with ATEP classes highlighted
7. An essay that must be typed, 10-point minimum, addressing future and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by February 1st, 2023**. Please provide this email address, ncatascholarships@gmail.com, to those submitting a Letter of Recommendation. **The Subject Line should contain your Full Name.**

ATs in Action!

Below, Josh Sierra, athletic trainer for North Brunswick High School in Leland and UNCW MSAT students Cambrie Cooke and Jonathan Sanchez.

Right is Sadie Thomas, athletic trainer for Eugene Ashley High School in Wilmington.



Are you interesting in BEING a part of the HONORS & AWARDS Committee?

Honors and Awards are looking for individuals to help support in the following areas

Honors and Awards Committee

Your responsibility will include helping review applications and being a part of the selection of the Honors and Awards recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Honors and Awards Committee

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession

Scholarships Committee

Your responsibility will include collection, helping review applications, essays and being a part of the selection of the Scholarships recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Scholarships Committee

- Must be a BOC ATC and in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training profession
- Must be a non-faculty member

NCATA Hall of Fame Committee

Your responsibility will include gathering all important information of our Hall of Famer. We meet quarterly and our heaviest months are November-March.

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession



Diversity, Equity, and Inclusion

The DEI committee hosted their recent installment in the Can We Talk series, centering on the experiences in healthcare and athletics of Native and Indigenous communities. The Can We Talk series is an ongoing project of the DEI committee aiming to have guided discussions about various topics in the DEI space, connecting our members with experienced professionals in each topic area. This talk, moderated by Nina Walker, NCATA President, featured Alyssa Fredericks, MS ATC who is a practicing ATC in Colorado and member of the Hopi Nation, and [Aimee Brunelle](#) MS, ATC, who served as the

team athletic trainer for the U-21 Haudenosaunee Nation team for the Men's World Lacrosse Games. Topics discussed included the intersection of cultural practices and preparing for competition, cultural norms that impact perception and inclusion of students, professionals, and athletes, appropriate and inappropriate language referencing indigenous populations, methods to interrupt ignorance regarding indigenous populations, considerations for culturally responsive care of indigenous patients, and more! A video of the informational portion will be available on the NCATA website! Keep an eye out for upcoming DEI events and reach out to the DEI Committee at dei@ncata.net with questions, guidance, and topic requests!

NCATA Leadership Institute

The NCATA Leadership Institute is a national model for leadership development in athletic training. Participants develop a strong network of colleagues and a strong foundation of networking within the NCATA. Many go on to serve as members and chairpersons of NCATA committees or officers of the organization. Through lecture, group discussion, and social opportunities, participants get the chance to reflect on their communication style, professional influences, future of the athletic training profession, and how to be a positive influence on those around them.

Now is YOUR chance! The NCATA Leadership Institute is currently accepting applications. The deadline is January 2, 2023 and the application process is now online. For more information please go to our [website](#).

The 2023 class will enjoy Spring and Summer, face-to-face meetings, as well as intermittent online programming with special guests and discussions. You are eligible to apply if you meet the following criteria:

- Must be certified by the BOC to practice Athletic Training
- Must be licensed to practice athletic training in the state of North Carolina
- Must articulate desire to become engaged in the profession
- Must outline goals for service and involvement, including specific, unique skills that could be utilized by the organization.

Members of all levels of professional, leadership, and life experience are encouraged to apply. Consider becoming part of the bright future of the NCATA!



High Point University Alumni Update

On October 30th, High Point University alumni, Connor Whicker '18 and Dano Norceide '21 (pictured top) shared the big stage in the NFL as the Arizona Cardinals faced off against the Minnesota Vikings. Whicker is a full-time athletic trainer with the Vikings and Norceide is the Director of Rehabilitation with the Cardinals. To learn more about the success of the 2022 graduating class, [Click Here](#).



UNCW MSAT Students and Faculty Volunteer for the Ironman 70.3

On October 15th, the UNCW Master of Science in Athletic Training students (pictured middle and bottom) volunteered with Wilmington Health for the Ironman 70.3 race. The students were stationed in one of the event's medical tents and provided care to participants alongside various health care professionals. Dr. Lindsey Schroeder, clinical education coordinator, said about the experience "Students in the MSAT program and I volunteered for the Wilmington Ironman 70.3 alongside Wilmington Health providers. It gave the students the opportunity to engage with different patient populations and various healthcare providers all while educating the community about our program and the profession of athletic training. Students were stationed in different areas such as the triage medical tents, the finish line, and we even had one on a paddle board monitoring the swimmers." MSAT student, Amber Strickland, added "The ironman was a very unique experience. We were introduced to a very fast paced environment in which we had to think quickly and provide care to athletes of various ages. This experience was very different than that we are exposed to in our clinical settings simply because of the variety of athletes participating. The event was fun and we were able to see things we might not see at our clinical sites!"



UNCG MSAT

THE FIRST

UNCG is North Carolina's oldest continuing professional Master's in Athletic Training program! Since 2004 UNCG has been a leader in Athletic Training education for NC and beyond!

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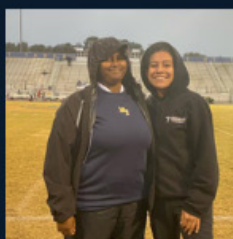


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EXCEEDING THE NATIONAL AVERAGE

UNCG is a minority-serving institution with the most diverse student population in the NC system. The MSAT program embraces its role as a leader in diversity for the athletic training profession.



WHERE ARE WE?

UNCG's clinical footprint is vast. We serve all over North Carolina with clinical contracts at high schools, colleges, professional sports, hospitals, performing arts, and many other various locations!



ALUMNI TRACKER

UNCG MSAT Alums work everywhere from DI colleges, high schools, military, performing arts, clinics, hospitals, graduate schools, and more!

ADVANCED ORTHOPEDIC CARE ALWAYS WITHIN REACH



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